



Vocationally Related Qualification  
Advanced Level Examination

2008

**ADVANCED DIPLOMA IN COUNSELLING      V22W**  
**Unit 2                      Therapeutic Practice**

**STUDY OF SUPERVISED COUNSELLING PRACTICE**

**Briefing paper for Candidates**

### **Information for Candidates**

- Read the instructions overleaf carefully
- The completed study must be handed in to your centre on or before **31 January 2008** for the winter series or **30 June 2008** for the summer series. Work cannot be accepted after these dates.
- Ensure that an AQA Front Sheet (Externally Marked Assignment) is signed and dated by your tutor and is attached to the front of your study.
- The maximum mark for this Study is 100.

### **Information for Tutors**

- Do **not** mark the candidates' work; **which will be externally assessed**.
- Sign and date the AQA Front Sheet when the work is handed in.

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## STUDY OF SUPERVISED COUNSELLING

The aim of this study is to assess the candidates' knowledge and understanding of the process of one-to-one supervised counselling practice.

The candidate must **state at the outset** which of the following core models he or she is working to:

- Humanistic
- Psychodynamic
- Cognitive-Behavioural

The Study must be written within a single core model (integrative studies are not permitted). The examiners recognise that this may not reflect the whole of the candidates practice but the aim is that stated above.

### 1 Instructions for Candidates

Complete an academic study, in essay form, of 8, one to one, clinically supervised counselling sessions. With particular reference to:

- a) your own experiences of supervised counselling
- and**
- b) your chosen theoretical approach to counselling

### 2 State clearly, at the outset, which of the following theoretical approaches to counselling you have worked from:

2.1 Humanistic

2.2 Psychodynamic

2.3 Cognitive-Behavioural

### 3 Confidentiality

3.1 Ensure that your clients are protected and are neither identified nor identifiable within the text of your study

3.2 Use fictitious names "the client, whom I shall call ..." or codes such as "Client A" to ensure that the code of confidentiality is not breached

**4 Write within the stated word limit**

4.1 The maximum word limit allowed is 2500 words, excluding direct quotations and the bibliography. The examiners only mark the first counting 2500 words

4.2 Clearly identify the source of all your direct quotations used in the work

**5 Presentation**

5.1 Use A4 size paper only

5.2 Word-processed or typed with double spacing using one side only

5.3 Number each page on the bottom right hand corner

5.4 Leave margins of at least 12mm (½ inch) on both sides of each page

5.5 Secure the pages together in order with a single staple in the top left hand corner. The AQA Front Sheet should form the first page. Please do not submit your work in files, plastic pockets or other binding. (Work which is not suitably held together will be returned to the centre unmarked)

5.6 A bibliography or reading list to be included, as an appendix

5.7 State the number of words used, excluding quotations and bibliography

***Please turn to next page***

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## 6 Assessment

6.1 Your work will be awarded a single grade of either pass **(P)** or refer **(R)**

6.2 In establishing a grade the examiners will mark the work in strict accordance with the following scheme:

		Assessment weighting %
(a)	identify and evaluate key concepts of the chosen core model;	20
(b)	reflect on challenges to and limitations of the chosen core model;	15
(c)	show developing self-awareness in relation to the chosen core model;	15
(d)	understand the skills of contracting with clients and forming a therapeutic relationship;	10
(e)	understand the building and sustaining of a therapeutic relationship;	10
(f)	work ethically over the contracted period with clients;	10
(g)	analysis and evaluation of own practice;	15
(h)	presentation.	5