

Vocationally Related Qualification
January 2007
Advanced Level



**ADVANCED CERTIFICATE IN COUNSELLING
and
ADVANCED DIPLOMA IN COUNSELLING
Unit 1 The Developing Practitioner**

V21W

Tuesday 23 January 2007 9.00 am to 11.00 am

For this paper you must have:

- a 12-page answer book.

Time allowed: 2 hours

Instructions

- Use blue or black ink or ball-point pen.
- Write the information required on the front of your answer book. The *Examining Body* for this paper is AQA. The *Paper Reference* is V21W.
- Answer **all** parts of both questions.
- Do all rough work in the answer book. Cross through any work you do not want to be marked.
- Use additional sheets of paper if necessary.
- Candidates are allowed clean published reference books and/or a copy of BACP's *Ethical Framework for Good Practice in Counselling and Psychotherapy* (2002), strictly for own use.

Information

- The maximum mark for this paper is 60.
- The marks for questions are shown in brackets.

Answer **all** parts of the Questions.

Read the extract below and then answer **all** parts of both questions which follow.

An Inner City Voluntary Agency offers counselling to clients who present with substance use/misuse issues. There are three experienced counsellors working at the agency. All counsellors are supported by external independent supervision. Each client is also allocated a key worker whose role is to offer support and advice on housing and social benefit issues.

You are a trainee counsellor in the final year of your Diploma, and have obtained a placement with the agency. The agency's policy is to offer a contract of 10 sessions only, on a once-a-week basis, with the possibility of extending the contract on an open-ended basis subject to the approval of the agency manager and the counselling supervisor. Clients are asked to make a financial contribution to the cost of counselling if they feel able to do so.

A 25 year old female client is referred to you. She reports having an extensive history of alcohol misuse, but by her own account is not currently drinking alcohol. She is not on prescribed medication. She and her four year old son are currently resident in a local women's refuge. She has obtained an injunction preventing the child's father from seeing her or the child. During the first two sessions, she tells you that her most pressing concern is that she might lose custody of her son, especially if she were to resume drinking alcohol. She also tells you that she is feeling increasingly dependent on the agency's male key worker who is supporting her in resolving her housing and social benefit issues.

1 Discuss how **one or more** of the following counselling approaches would be likely to view work with this client:

- Humanistic/Existential
- Psychodynamic
- Cognitive-behavioural

in relation to:

- (a) the therapeutic relationship likely to be formed with this client; (15 marks)
- (b) the counselling process with this client in terms of beginning, sustaining and concluding the work; (15 marks)
- (c) the possible effects on the counsellor of working with this client, including the experience of supervision. (10 marks)

2 Discuss:

- (a) the possible ethical issues arising from work with this client, with reference to the British Association for Counselling and Psychotherapy's *Ethical Framework for Good Practice in Counselling and Psychotherapy* (2002); (10 marks)
- (b) the potential health and safety risks to both client and counsellor which might arise. (10 marks)

END OF QUESTIONS