

Vocationally Related Qualification
June 2006
Advanced Level



**ADVANCED CERTIFICATE IN COUNSELLING
and
ADVANCED DIPLOMA IN COUNSELLING
Unit 1 The Developing Practitioner**

V21W

Tuesday 13 June 2006 9.00 am to 11.00 am

For this paper you must have:

- a 12-page answer book

Time allowed: 2 hours

Instructions

- Use blue or black ink or ball-point pen.
- Write the information required on the front of your answer book. The *Examining Body* for this paper is AQA. The *Paper Reference* is V21W.
- Answer **all** parts of both questions.
- Do all rough work in the answer book. Cross through any work you do not want marked.
- Use additional sheets of paper if necessary.
- Candidates are allowed clean published reference books and/or a copy of BACP's Ethical Framework for Good Practice in Counselling and Psychotherapy 2002. Strictly for own use.

Information

- The maximum mark for this paper is 60.
- The marks for questions are shown in brackets.

Answer **all** parts of the Questions.

Read the extract below and then answer all parts of the questions which follow.

You are a final year student in a placement with a voluntary agency in an English seaside town. The agency specialises in providing support for local young people, particularly where drug use and sexual health are concerned. You are able to offer an open-ended contract to counselling clients, and independent supervision is available. There is, however, continuing doubt about how and for how long the agency will be funded.

A client aged 17 refers herself to the agency and is allocated to you for counselling. She is from the town's small Bangladeshi community and is the youngest of 4 children. She and her siblings were all born in Britain. She is about to take her A levels and intends to study law at university. Her parents expect that, like both her older sisters, she will marry a man found for her via the traditional means of an arranged marriage.

She tells you that she is involved in a sexual relationship with a young man from outside her community whom she met at school. She feels that she deeply loves this young man and wants a future with him. Her parents would be horrified if they knew. She seems to you to be mature and sophisticated for her age, whilst being bewildered by the strength of her conflicting feelings.

1 Discuss how **one or more** of the following Counselling Approaches would be likely to view work with this client:

- Humanistic/Existential
- Psychodynamic
- Cognitive Behavioural

In relation to:

- (a) The therapeutic relationship likely to be formed with this client. (15 marks)
- (b) The counselling process with this client in terms of beginning, sustaining and concluding the work. (15 marks)
- (c) The possible effects on the counsellor of working with this client, including the experience of supervision. (10 marks)

2 Discuss:

- (a) Possible ethical issues arising from work with this client, with reference to the British Association for Counselling and Psychotherapy's *Ethical Framework for Good Practice in Counselling and Psychotherapy* 2002. (10 marks)
- (b) The potential health and safety risks to both client and counsellor which might arise. (10 marks)

END OF QUESTIONS