

Therefore

$$\begin{aligned} |F| &= \sqrt{F_x^2 + F_y^2} \\ &= \sqrt{125^2 + 2235^2} \text{ N} \\ &\approx 2.2 \times 10^3 \text{ N (to 2 sig figs).} \end{aligned}$$

This is a huge force compared to that required to raise the centres of mass of the upper body and object with the spine nearly vertical, which would be of order $60 \text{ kg} \times 10 \text{ m s}^{-2} = 600 \text{ N}$. Lifting with a bent back places great strain on the lower back. But the torque due to the weight of the upper body dominates, which explains why attempting to pick up even a light load this way can result in injury.

Marks for working:

10

Checking

The greater the mass of the object the greater F_x , and hence the greater F_y , and ultimately $|F|$. This is in accordance with experience — it's more of a strain to pick up a heavy object than a light one.

Marks for checking:

1

Total for Q17:

16

Question 18

Preparation

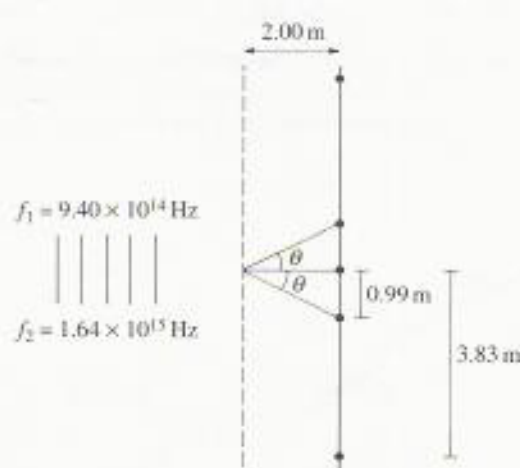


Figure 4

Relevant equations and principles:

$$c = f\lambda$$

$$d \sin \theta_n = n\lambda \text{ (grating equation)}$$

2

Marks for preparation:

3

Working

The first laser beam has wavelength

$$\lambda_1 = \frac{c}{f} = \frac{3.00 \times 10^8 \text{ m s}^{-1}}{9.40 \times 10^{14} \text{ Hz}} = 3.19 \times 10^{-7} \text{ m.}$$

1

The two spots closest to the central maximum correspond to first order diffraction ($n = 1$) at an angle θ_1 , such that

$$\tan \theta_1 = \frac{0.99 \text{ m}}{2.00 \text{ m}} \text{ so } \theta_1 = 26.3^\circ.$$

1

The grating equation then gives

$$d = \frac{\lambda_1}{\sin \theta_1} = \frac{3.19 \times 10^{-7} \text{ m}}{\sin 26.3^\circ} = 7.20 \times 10^{-7} \text{ m.}$$

1

The second laser beam has wavelength

$$\lambda_2 = \frac{c}{f} = \frac{3.00 \times 10^8 \text{ m s}^{-1}}{1.64 \times 10^{15} \text{ Hz}} = 1.83 \times 10^{-7} \text{ m.}$$

1