

EXAMINATION QUESTION PAPER: Reassessment, 2014

Module code: PD2009N Summer
Module title: Applied Nutrition
Module leader: Elaine Mealey

Date: July/August
Duration: 3 hours

Exam type: Seen, Closed
Materials supplied: Question paper
Materials permitted: None
Warning: Candidates are warned that possession of unauthorised materials in an examination is a serious assessment offence.

Instructions to candidates: Before starting the paper candidates will be required to read all of the questions carefully

Answer all questions.

Make sure that you address all sections in the questions you answer

Answer each question in a separate booklet

DO NOT TURN PAGE OVER UNTIL INSTRUCTED

PD2009 Applied Nutrition

Answer all questions.

QUESTION ONE

You are working as a band 5 dietitian in the community. You provide a dietetic service to 3 nursing homes. It has been brought to your attention that there are an increasing number of patients receiving oral nutritional supplements that are not known to the dietitian. You have been asked to audit the use of oral nutritional supplements in these homes.

(a) Discuss the standards that you would be measuring your audit data against (30%)

(b) Describe the process you would take to carry out this audit (50%)

(c) Describe the steps you would take on completion of the audit and analysis of the results (20%)

QUESTION TWO

You are working as a band 5 dietitian in a district general hospital. Part of your case load is to provide the nutrition education component of the multi-disciplinary cardiac rehabilitation education programme. You realise that the information that has been delivered previously requires up-dating.

a) Describe how you would find sources of information that you would use to update the group education session listing any key documents, which you are familiar with. (25%)

b) Describe how you would plan the content of your education session using different teaching styles to deliver your message and engage the audience. Include a lesson plan in your answer. (60%).

c) How would you evaluate the session? (15%)

QUESTION THREE

You are a band 5 dietitian working in a community dietetics team. You have been asked to produce a leaflet for adults following a low glycaemic index diet for the community nurses to give out to patients as required.

- a) Describe the process you would go through to develop the leaflet, ensuring that it is appropriate for the target audience. (50%)**

- b) Produce a draft of the leaflet justifying your choice of layout, design and content. (50%)**