## Appendix A

## **Proof of Poincaré-Bendixson theorem**

We here finalize the proof of the (in my view, more complete) Poincaré-Bendixson theorem, building on the (less complete) Poincaré-Bendixson theorem that is presented in §10.5 of HSD:

**Theorem A.0.6** (Poincaré-Bendixson). Suppose that  $\Omega$  is a nonempty, closed and bounded limit set of a planar flow, then one of the following holds

- $\Omega$  is an equilibrium point
- $\Omega$  is a periodic solution
- $\Omega$  consists of a set of equilibria and connecting orbits between these equilibria.

*Proof.* We consider  $\Omega = \omega(\mathbf{x})$  for some  $\mathbf{x} \in \mathbb{R}^2$ . The argument in the case of an  $\alpha$ -limit set is similar.

Let  $\mathbf{y} \in \omega(\mathbf{x})$  and  $\mathbf{z} \in \omega(\mathbf{y})$ . In the proof of the Theorem in §10.5 of HSD, it was shown that if  $\mathbf{z}$  is not an equilibrium point, then  $\omega(\mathbf{y})$  must be a periodic solution and that if  $\omega(\mathbf{y})$  is a periodic solution then  $\omega(\mathbf{x}) = \omega(\mathbf{y})$  and thus  $\omega(\mathbf{x})$  is also a periodic solution.

Now assume that  $\mathbf{z} \in \omega(\mathbf{y})$  is an equilibrium point. Then  $\omega(y)$  must consist entirely of equilibria since if there is a point  $\mathbf{z} \in \omega(\mathbf{y})$  that is not an equilibrium, then we know that  $\omega(\mathbf{y})$  is a periodic solution (and in particular contains no equilibrium). Note that since  $\mathbf{y} \in \omega(\mathbf{x})$  it follows that  $\{\Phi^t(\mathbf{y})\}_{t\in\mathbb{R}} \subset \omega(\mathbf{x})$ , where  $\Phi^t$  denotes the time-*t* flow. Hence  $\alpha(\mathbf{y}) \in \omega(\mathbf{x})$  and for the same reasons as before  $\alpha(\mathbf{y})$  must be an equilibrium, since otherwise  $\omega(\mathbf{y})$  (and  $\omega(\mathbf{x})$ ) must be a periodic solution. Hence we find that either  $\mathbf{y}$  is an equilibrium point, or that  $\mathbf{y}$  lies in the intersection between the stable and unstable manifolds of the equilibria  $\omega(\mathbf{y})$  and  $\alpha(\mathbf{y})$  (i.e. on a connecting orbit between equilibria).