

**FORM 4**

**English Listening Comprehension**

**TIME: 15 minutes**

**Teacher's Paper**

**Instructions for the conduct of the Listening Comprehension Examination**

The teacher should instruct the candidates to answer the questions on the paper provided. The following procedure for reading the Listening Comprehension passage is to be explained to the candidates immediately before proceeding with the examination.

*You have been given a sheet containing the Listening Comprehension questions. I shall first read through the questions and then read the passage at normal reading speed. You may take notes on the blank sheet provided during the reading. After this reading there will be a pause of another three minutes to allow you to answer some of the questions. The passage will be read a second time and you may take further notes and answer the rest of the questions. After this second reading you will be given a further three minutes for a final revision of answers.*

- a. 3 minutes - Teacher reads out the questions
- b. 3 minutes - First reading aloud of passage while students take notes
- c. 3 minutes - Students may answer questions
- d. 3 minutes - Second reading of passage and possibility of answering questions
- e. 3 minutes - Final revision

**FORM 4**

**English Listening Comprehension**

**TIME: 15 minutes**

**Teacher's Paper**

*You are going to listen to a radio programme on unusual hotels.*

Welcome to today's programme. Are you the kind of person who likes staying in unusual places? If the answer is "yes", then try the ICEHOTEL - the world's coldest hotel in Jukkasjarvi, a tiny little town 200 km north of the Arctic Circle in the north of Sweden.

Made entirely of ice and snow, Sweden's ICEHOTEL is built from scratch every year. It is constructed anew during every November and December to have the hotel ready to open in mid December. Every year artists from around the globe are selected to design and construct the ICEHOTEL rooms from 10,000 tons of crystal clear ice from the frozen River Torne and 30,000 tons of pure snow. The hotel stays open as long as weather permits, usually late April to early May. By mid-May the hotel slowly melts away drop by drop! In fact ICEHOTEL Number 23 melted away last month. But that is the joy of the ICEHOTEL. You get a new hotel every year - no two hotels are the same.

Covering an area of 5,500 square meters, Sweden's ICEHOTEL is the world's largest hotel of ice and snow. Inside you will find almost everything imaginable in a normal hotel, but made out of ice – from shimmering ice sculptures and artwork, to glittering ice chandeliers, 40 bedrooms, an ice chapel, a cinema and last but not least, the world famous 'Absolut Ice Bar'. Everything is made of ice – everything. The chairs, the beds, the bar, even the glasses from which the guests drink are made of ice. This hotel sleeps over 100 guests and every bedroom is unique. Beds are covered with reindeer skins and guests are given thermal sleeping bags.

Inside ICEHOTEL, the temperature is never colder than -5 °C, regardless of how cold it may be outside. The interior actually feels quite pleasant, especially when outside temperatures can drop to around -37°C!

But what can you do while you're on holiday there? You can take guided Northern Lights tours to see the polar night's fascinating spectacle of dancing colours in the mid winter darkness. Or else try river rafting, boat excursions, ice sculpting classes, ice fishing, husky sleighing, moose watching or a snowmobile safari. Or you can even get married in the ICE HOTEL ice chapel!! And be sure to book your stay at the ICEHOTEL up to a year in advance. The ICEHOTEL is full year-in, year-out and it is not the type of place to turn up outside the door looking for a room.

**FORM 4** **English Listening Comprehension** **TIME: 15 minutes**

Name: \_\_\_\_\_

Class: \_\_\_\_\_

**1. State whether the following statements are True (T) or False (F). (3 marks)**

- (a) Every year a totally new ICEHOTEL is constructed. \_\_\_\_\_
- (b) Only Swedish artists are chosen to design and build the ICEHOTEL. \_\_\_\_\_
- (c) All the bedrooms in the ICEHOTEL look the same. \_\_\_\_\_
- (d) Reindeer skins are used to cover the beds. \_\_\_\_\_
- (e) Guests need to bring their sleeping bags with them. \_\_\_\_\_
- (f) There is no need to book the ICEHOTEL early. \_\_\_\_\_

**2. Fill in with information from the passage. (5 marks)**

- (a) The ICEHOTEL is in the north of \_\_\_\_\_.
- (b) The ICEHOTEL stays open until early \_\_\_\_\_.
- (c) The next ICEHOTEL to be built in November will be hotel Number \_\_\_\_\_.
- (d) The temperature inside the hotel is never colder than \_\_\_\_\_ °C.
- (e) One activity you can do while on holiday there is \_\_\_\_\_.

**3. Match the following facts about the ICEHOTEL with the right figures. (2 marks)**

a	number of bedrooms		30,000
b	tons of crystal clear ice used		5,500m <sup>2</sup>
c	area of the ICEHOTEL		40
d	tons of pure snow used		10,000

TEXT 1

## HOW TO BE HAPPIER

Feeling down? Then get science on your side with one of these clever tricks for boosting your mood.



5 A “Belting out a tune at the top of your voice leaves you grinning and positive” says Caroline Redman Lusher, founder of Rock Choir, the world’s largest pop and gospel singing group, which has more than 130 choirs nationwide. Like exercise, singing releases endorphins – the “natural happy drug”, as Caroline puts it. **It’s** also an aerobic activity that gets more oxygen into the blood, which tends to boost mood, while the controlled breathing helps reduce anxiety. The social side of being in a choir can further boost your spirits.

10 B It may not make your heart particularly happy, but a good portion of fatty, greasy food such as fish and chips could give you a morale boost. A study published last August found that eating such heavy food causes the stomach to send reassuring hormones to the brain, telling **it** the body has eaten well. Though a burger or a deep-fried doughnut may do the trick, a fish and chips supper is a particularly effective way to feel good, as the carbohydrates in potatoes help to enhance your mood. A New Zealand Institute Research study found that fish-eaters report feeling happier than other people. Fish contains high levels of polyunsaturated fatty acids, which may also help regulate emotions.

20 C Smiling signals to others that you’re happy, and you may also be able to convince yourself that you’re feeling good, says psychologist Dr Michael Lewis from Cardiff University. **He** adds, however, that more research is needed to find out if the movement of facial muscles directly influences the brain, or whether it’s factors such as the positive reaction you get when looking cheery, that boost your mood.

25 D Another study found that as little as five minutes’ exercise in a green environment – rural or urban – was beneficial to mood, particularly if **it** was near a river, the sea or a lake. Gulping deep breaths of oxygen has a calming effect, says Dr Jo Barton, lecturer in sports and exercise science at the University of Essex. “So don’t eat lunch over your computer – go outside to the park and watch the world,” she adds.

30 E In tests on volunteers in 2009, researchers found that reading reduced stress levels by 67% - more than listening to music (61%) or having a cup of tea (54%). “The right book at the right time can take you to another world that reflects your own existence back to you and helps you understand it better,” says Debbie Hicks, director of research for The Reading Agency.

35 F Cathy Webb from Hale in Cheshire hit the headlines in January with **her** resolution to make a sponge or a cake every day for a year and give it to a friend, family member, neighbour or stranger – just to make **them** smile. She was inspired to start her project when one of her cakes cheered up a friend who had been diagnosed with cancer. Of course you don’t have to bake cakes to get a good boost – any kind of good turn will do. When you do any act of kindness, it is an uplifting experience and automatically you feel much happier.

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## TEXT 2

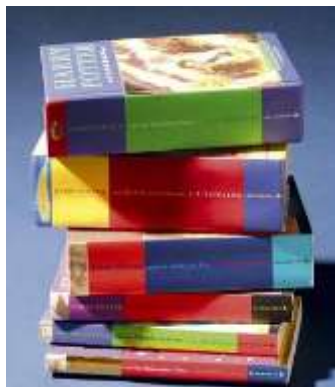


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Open 7 days a week.

Join us every Friday for Karaoke  
Come and have fun with your friends  
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Entrance free.



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Offer valid till stocks last!  
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### NOW SHOWING AT THE ODEON CINEMA

Daily shows: 14.00, 16.00, 20.00



**FORM 4**

**English**

**TIME: 2 hours**

Name: \_\_\_\_\_

Class: \_\_\_\_\_

Oral Assessment	Listening Comprehension	Written Paper	TOTAL

**A. Fill in the blanks with a word formed from the one in brackets. The first one has been done for you. 5 marks [ ]**

Does colour affect your (0) **behaviour** (BEHAVE)? You might think the (1) \_\_\_\_\_ (CONNECT) is purely imaginary, but many experts insist that colour can influence our moods and (2) \_\_\_\_\_ (FEEL). So, if you plan to redecorate, think (3) \_\_\_\_\_ (CARE) before making a (4) \_\_\_\_\_ (DECIDE) about what paint to buy. The effect each colour has on you should be taken into (5) \_\_\_\_\_ (CONSIDER) as the wrong one could make you depressed and (6) \_\_\_\_\_ (REST) instead of relaxed and comfortable. A cool (7) \_\_\_\_\_ (PEACE) blue is best for bedrooms as it is (8) \_\_\_\_\_ (CALM) and promotes sleep. Green representing nature and (9) \_\_\_\_\_ (SECURE) is ideal for living rooms, while red the colour of energy and (10) \_\_\_\_\_ (WARM) is best for dining rooms.

**B. Fill in each blank space with a suitable word. The first one has been worked out for you. 5 marks [ ]**

Twenty-first century musicians, film (0) **stars** and celebrities often (1) \_\_\_\_\_ sunglasses to hide behind them and (2) \_\_\_\_\_ cool. However, it wasn't until the twentieth century (3) \_\_\_\_\_ people wore them to (4) \_\_\_\_\_ their eyes from the sun. In the early 1900s, actors started wearing them (5) \_\_\_\_\_ the lights in the film studios were too bright. Then in 1929 a man (6) \_\_\_\_\_ Sam Forster started selling sunglasses (7) \_\_\_\_\_ the beaches of Atlantic City. Since then they have become (8) \_\_\_\_\_ essential fashion item. There are different (9) \_\_\_\_\_ of sunglasses for different sports and they are particularly useful (10) \_\_\_\_\_ skiing and flying when the eyes get more light than usual.

C. Fill in the blanks with a suitable preposition. The first one has been worked out.  
5 marks

Tropical rainforests are amazing places. You can find them (0) in Asia, Central and South America and parts of Africa. The temperatures there are (1) \_\_\_\_\_ 25 and 30°C all year round and it rains heavily almost every day. These hot, wet conditions are ideal (2) \_\_\_\_\_ plants, so the vegetation is dense and rich, and the wildlife is incredibly diverse. More than half (3) \_\_\_\_\_ the world's plant and animal species live (4) \_\_\_\_\_ these forests. Unfortunately, we have already destroyed more than half of the world's tropical forests, generally (5) \_\_\_\_\_ wood and farming. If we carry on like this, we might wipe them out completely (6) \_\_\_\_\_ less than forty years (7) \_\_\_\_\_ now. One solution is to use the forest (8) \_\_\_\_\_ a sustainable way, (9) \_\_\_\_\_ using their resources, such as fruit, nuts and medicinal plants, (10) \_\_\_\_\_ destroying the trees.

D. Fill in the blank spaces with the correct form of the verb within brackets. The first one has been done for you.  
5 marks [ ]

For most teenagers in the UK, it (0) is (be) difficult and expensive to get into pop festivals. The shows (1) \_\_\_\_\_ (finish) very late and the tickets sometimes cost more than £100. But things (2) \_\_\_\_\_ (start) to change and that's because of the Underage Festival. The festival (3) \_\_\_\_\_ (be) the idea of Sam Kilcyone. Sam first started the Underage Club when he was fourteen because teenagers (4) \_\_\_\_\_ (can) not get into normal clubs to see live music. His club in London was incredibly successful, so he (5) \_\_\_\_\_ (decide) to have an Underage Festival, too. This one-day festival for young people (6) \_\_\_\_\_ (begin) in 2007 and it (7) \_\_\_\_\_ (become) bigger every year since then. The event (8) \_\_\_\_\_ (take) place every year in August in Victoria Park in London. There is usually a long queue of really excited teenagers waiting for the gates (9) \_\_\_\_\_ (open) at eleven o'clock. Ticket prices (10) \_\_\_\_\_ (be) much cheaper than for normal festivals. Perhaps the most surprising thing about the festival is that adults can't go in at all. The event is only open to teenagers between the ages of fourteen and eighteen.

## COMPREHENSION

Read the passage “How to be Happier” which is on a separate sheet, and then answer the questions below.

### Questions on TEXT 1

1. Where would you find this text? Tick (✓) the correct answer. 1 mark [    ]

<input type="checkbox"/>	i) catalogue
<input type="checkbox"/>	ii) magazine
<input type="checkbox"/>	iii) encyclopaedia

2. Say whether the following statements are **TRUE (T)** or **FALSE (F)** and give reason from the passage. 4 marks [    ]

- i) Listening to music reduces stress more than reading a book. \_\_\_\_\_  
because \_\_\_\_\_
- ii) The carbohydrates in potatoes have a positive effect on our mood. \_\_\_\_\_  
because \_\_\_\_\_
- iii) We need to exercise for a long time in the open air to feel happier. \_\_\_\_\_  
because \_\_\_\_\_
- iv) Cathy Webb’s story was reported in the newspapers. \_\_\_\_\_  
because \_\_\_\_\_

3. Give TWO reasons why singing improves our mood. 2 marks [    ]

- i) \_\_\_\_\_
- ii) \_\_\_\_\_

4. Quote a part-sentence from the text which shows that fatty food is not healthy. 1 mark [    ]

\_\_\_\_\_

5. Write down TWO types of food mentioned in the text that help us feel happier. 2 marks [    ]

- i) \_\_\_\_\_
- ii) \_\_\_\_\_

6. What does Dr Jo Barton recommend?

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7. What did Cathy Webb decide to do and why?

2 marks [     ]

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8. What do these words refer to in the passage?

3 marks [     ]

i) It (line 5) - \_\_\_\_\_

ii) it (line 11) - \_\_\_\_\_

iii) He (line 19) - \_\_\_\_\_

iv) it (line 25) - \_\_\_\_\_

v) her (line 35) - \_\_\_\_\_

vi) them (line 37) - \_\_\_\_\_

9. Find **words** in the text which in context mean:

3 marks [     ]

i) smiling (paragraph A) - \_\_\_\_\_

ii) feelings (paragraph B) - \_\_\_\_\_

iii) happy (paragraph C) - \_\_\_\_\_

iv) in a town or city (paragraph D) - \_\_\_\_\_

v) decreased (paragraph E) - \_\_\_\_\_

vi) firm decision to do something (paragraph F) - \_\_\_\_\_

10. Match the following **subheadings** to the corresponding paragraphs.

3 marks [     ]

SUBHEADINGS	PARAGRAPH
Give me a smile.	
Fish and Chip boost.	
Get lost in those pages.	
Just sing that tune.	
Make others happy.	
Let's work out!	

11. Explain in your own words this line from paragraph F -

2 marks [     ]

*Of course you don't have to bake cakes to get a good boost – any kind of good turn will do.*

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## Questions on TEXT 2

Look at the four adverts and answer the following questions.

6 marks

1a. At what time does the fish and chips shop close down?	b. Is it open on Sundays?
a. _____	b. _____
2a. When can you go to Karaoke night?	b. Do you need to pay to go in?
a. _____	b. _____
3a. What is the offer on Harry Potter Books?	b. Is it a limited offer?
a. _____	b. _____
4a. Is <i>Johnny English Reborn</i> showing in the morning?	b. How many shows are there?
a. _____	b. _____
5. You are planning to spend some time with a friend who has lately been feeling down. Which two of the advertised activities will you suggest in order to improve her mood? Why?	
i) _____	
ii) _____	

## F. COMPOSITION

(30 marks)

Write between 180 and 200 words on ONE of the following:

- You are taking part in a writing competition. Write your **short story** entitled 'The Broken Promise'.
- Continue the **dialogue** between Jake and his mother in which he persuades her to give him permission to spend a weekend at his friend's house.

Jake: Mum, Robert has just phoned and he invited me to spend the weekend at his house. What do you think?

Mum: No, Jake. I don't think that's a good idea.



