

**SECONDARY SCHOOL ANNUAL EXAMINATIONS 2006**  
 EDUCATIONAL ASSESSMENT UNIT- EDUCATION DIVISION

**FORM 1**

**HOME ECONOMICS**

**Time: 1h 30min**

**NAME:** \_\_\_\_\_

**CLASS:** \_\_\_\_\_

Answer all the Questions

1a. Look carefully at the list of food below.

<b>butter</b>	<b>wholemeal bread</b>	<b>margarine</b>	<b>potatoes</b>	<b>milk</b>	<b>nuts</b>
<b>steak</b>	<b>cream</b>	<b>cheese</b>	<b>bacon</b>	<b>carrots</b>	<b>strawberries</b>
<b>honey</b>	<b>brown rice</b>	<b>pulses</b>	<b>eggs</b>	<b>muesli</b>	<b>chocolate</b>

Write down the foods under the correct column.

<b>Eat Most Group</b>	<b>Eat Moderately Group</b>	<b>Eat Least Group</b>
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____

(9 marks)

b. We are being advised (told) to eat less sugar, fat and salt. Suggest how you can do this when preparing family meals.

i) **Eat less Sugar:**

- Choose products which do not have added sugar.
- \_\_\_\_\_
- \_\_\_\_\_

ii) **Eat less Fat:**

- Do not fry food, grill it instead.
- \_\_\_\_\_
- \_\_\_\_\_

iii) **Eat less Salt:**

- Avoid using packet soups as they are very salty.
- \_\_\_\_\_
- \_\_\_\_\_

(2, 2, 2 marks)

c. If we eat too much sugar, fat and salt we become sick.

Write down what happens when we eat:

**Too Much Sugar**

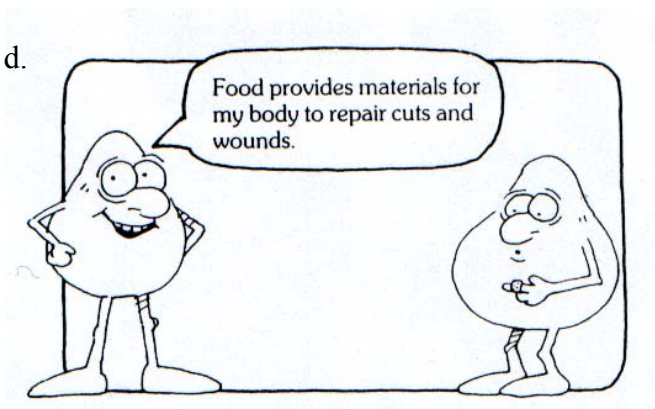
**Too Much Fat**

**Too Much Salt**

- |         |         |         |
|---------|---------|---------|
| • _____ | • _____ | • _____ |
| • _____ | • _____ | • _____ |

(2, 2, 2 marks)

d.



Suggest **three** other uses of food in the body.

- i) to repair cuts and wounds.
- ii) \_\_\_\_\_
- iii) \_\_\_\_\_
- iv) \_\_\_\_\_

(3 marks)

2a. Use the pictures below to write down the correct names of the equipment in the grid. (Number 2 has been done for you)

The crossword puzzle grid is as follows:

1 M	2 M	3 S						
	E							
	A							
	S							
	U							
5 S					R			
					I			
					N			
					G			
					S			
					P			
					O			
					O			
					N			
					S			

Numbered equipment images:

- 1: Masher
- 2: Measuring spoons
- 3: Sieve
- 4: Grater
- 5: Butter knife
- 6: Bowl
- 7: Muffin tray
- 8: Colander
- 9: Fork
- 10: Rolling pin
- 11: Plate

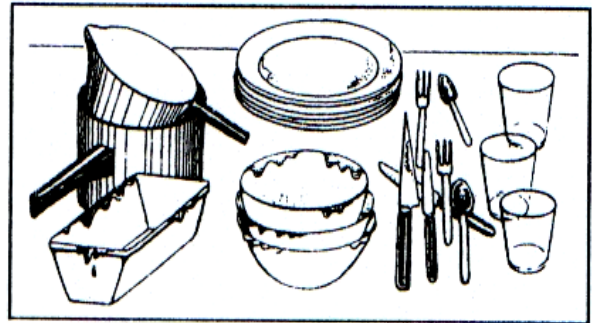
(10 marks)

b. Below are the names of four small pieces of equipment used for preparing food. Give **one** example to show the use of each piece of equipment. Also give the name of a different dish that could be made by using the equipment.

Utensil	Example of Use	Name of Dish
chopping board	• <i>to cut food on it</i>	• <i>Tomato salad</i>
grater	• _____	• _____
sieve	• _____	• _____
wooden spoon	• _____	• _____
milk pan	• _____	• _____

3. Most families wash up dirty dishes at least twice a day.
- a. List the correct order you would follow to wash the equipment shown in the diagram below.

- i) \_\_\_\_\_
- ii) \_\_\_\_\_
- iii) \_\_\_\_\_
- iv) \_\_\_\_\_
- v) \_\_\_\_\_



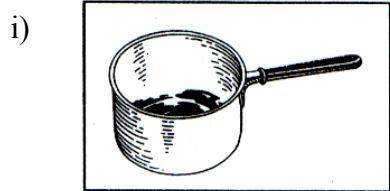
(5 marks)

- b. Write down **two** things you would do before you start to do the washing up.

- remove any left over food from the dishes.
- \_\_\_\_\_
- \_\_\_\_\_

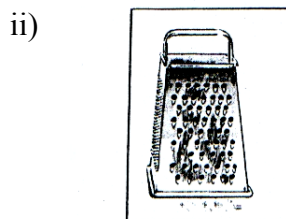
(2 marks)

- c. How would you clean the following?



a burnt saucepan

- \_\_\_\_\_
- \_\_\_\_\_



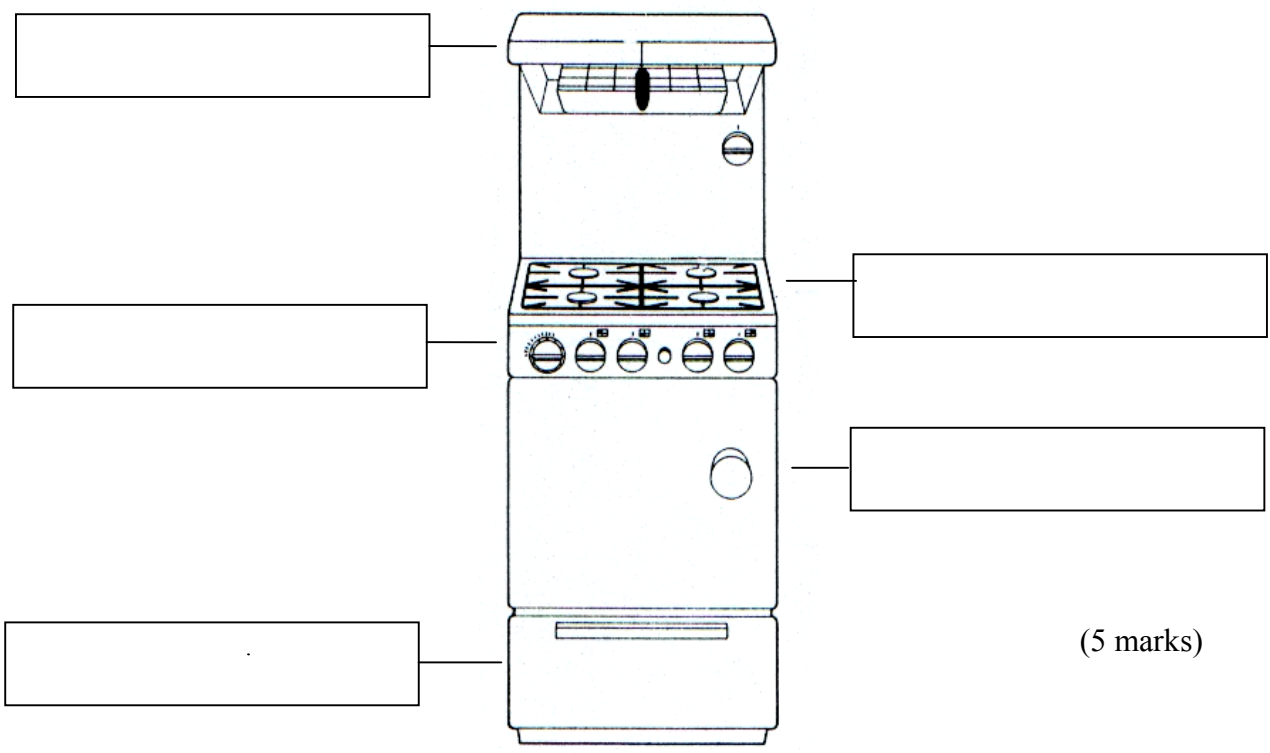
a dirty grater

- \_\_\_\_\_
- \_\_\_\_\_

(2, 2 marks)

4a. Name the marked parts of the gas cooker by choosing the correct word from the given list.

- |                      |             |                       |
|----------------------|-------------|-----------------------|
| <b>control panel</b> | <b>oven</b> | <b>warming drawer</b> |
| <b>hob</b>           |             | <b>grill</b>          |



(5 marks)

b. Suggest **two** dishes which could be cooked on the following parts of the cooker:

Part of Cooker	Dish (i)	Dish (ii)
<b>Hob</b>		
<b>Oven</b>		
<b>Grill</b>		

(2, 2, 2 marks)

- c. Write down **three** safety rules you would follow when using a gas cooker.  
*(The first one has been done for you).*
- i) do not leave tea towels / oven gloves on cooker.
  - ii) \_\_\_\_\_
  - iii) \_\_\_\_\_
  - iv) \_\_\_\_\_

(3 marks)

d. To remove hot food from the oven use:

i) a damp tea towel

ii) an oven glove

Tick

near the correct answer.

iii) a dish cloth

(1 mark)

5a. i. Look carefully at the picture below and mark with an (X) **eight** possible dangers for a four-year old child.



(4 marks)

ii. Choose **three** of the dangers you have marked and write down how you would stop them from happening.

**Danger:**

**Stop it from happening by:**

•	_____	•	_____
•	_____	•	_____
•	_____	•	_____

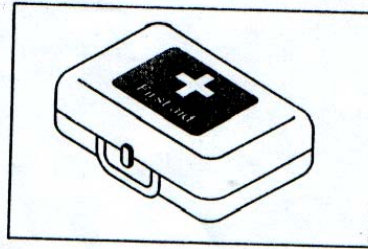
(3 marks)

b. From the picture, find **three** things which show that this family are not concerned (careful) about cleanliness.

- i. \_\_\_\_\_
- ii. \_\_\_\_\_
- iii. \_\_\_\_\_

(3 marks)

c. i. List **six** items that should be found in the first aid box in your kitchen, eg: disposable gloves.



- i. \_\_\_\_\_ ii. \_\_\_\_\_ iii. \_\_\_\_\_
- iv. \_\_\_\_\_ v. \_\_\_\_\_ vi. \_\_\_\_\_

(3 marks)

ii. Besides the home, name **three** other places when it is important to have a first aid box.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

(3 marks)

d. While preparing some custard, you burn your finger accidentally. What would you do to treat the burn?

- \_\_\_\_\_
- \_\_\_\_\_

(2 marks)

6a. People can live in different types of families. Fill-in the blanks in the situations below by choosing the correct family type from the given list.

**adoptive    nuclear    extended    foster    single-parent**

- i. Chloe lives with her brother, mother, father and grandparents; she lives in an \_\_\_\_\_ family.
- ii. Steve lives with his father; he lives in a \_\_\_\_\_ family.
- iii. Sam and Bridget live with both their parents; they live in \_\_\_\_\_ family.

a \_\_\_\_\_ family.

iv. Jasmine is living for some time with the Borg family; she lives in a \_\_\_\_\_ family.

iv. Tracy and Joshua were born in Romania but they are now the children of Mr and Mrs Azzopardi; they live in an \_\_\_\_\_ family.

(5 marks)

b. Families must provide for the basic needs of their family members.

i. Name **three** other basic needs of family members.



(3 marks)

ii. Suggest how these needs can be provided by the family.

*(The first one has been done for you)*

Need: Shelter

Family Provides: protection from the elements (cold / hot weather) from danger.

Need: \_\_\_\_\_

Family Provides: \_\_\_\_\_

Need: \_\_\_\_\_

Family Provides: \_\_\_\_\_

Need: \_\_\_\_\_

Family Provides: \_\_\_\_\_

(3 marks)

c. List **three** activities which the parents of two young children can organise to help build a strong relationship within their family.

i. go to the cinema together

ii. \_\_\_\_\_

iii. \_\_\_\_\_

iv. \_\_\_\_\_

(3 marks)