SECONDARY SCHOOLS ANNUAL EXAMINATIONS 2000

Educational Assessment Unit - Education Division

FORM 1	HOME ECONOMICS	TIME: 1h 30min
Name:		Class:
Answer all the Questions		
1. Complete the bubble char	t below:	
	We eat food	
	for strong bones and teeth.	
		(5 marks)
2. We should all try to eat les	ss fats.	
a) List two health proble (i)	ms which may be caused by eating (ii)	
eg; do not fry food. (i)	of reducing the amount of fat we eat	

(3 marks)

		i	nstead of		
		i	nstead of		
		i	nstead of		
		i	nstead of	DOUBLI	
		i	nstead of		
				·	(5 marks)
3.	a)	Write down the names of fo	our healthy snack	s/drinks.	
		(i)			
		(iii)	_ (iv)		(4 marks)
	b)	Suggest ways of increasing	NSP (Dietary Fib	ore) when :-	
		(i) preparing breakfast			
		(ii) preparing a sandwich			
		(iii) making small buns			
		(iv) making a soup			(4 marks)
	c)	Two diseases which we may (constipation; diabetes; hea	•	•	in our diet are
		Underline the two correct a	inswers.		(2 marks)
4.	Yo	u are preparing some buns f	or tea.		
	a)	Give the name of the method	od you would use	to prepare them.	
	,		•		(1 mark)

c) Choose healthier foods than the ones listed below:

Wh	nich equipment	t from the list belo	w would you u	se:		
	to weigh 200g	g flour?:				
	to measure 5	0ml milk?:				
	to sieve the fl	lour?:				
	to put the mix	cture in?:				
	to bake the b	uns in?:				
	to cool the ca	ikes on?:				
	to beat the eg	ggs with?:				
	to chop the n	uts on?:				(8 marks)
	•				kitchen so fork	cales;
c)	To check if th	ne buns are cooke	d, use a			(1 mark)
۹)	Write down b	ow you would do	the washing u	n after haking	ı the hune	
u)		•			ille bulls.	
						(5 marks)
,						(o marko)
a)	Which of the	following stateme	nts are true ar	nd which are	false?	
	(i) always li	ight the match firs	t then turn on	gas supply.		
	(ii) the flame	e must be larger t	han the pan.			
	(iii) do not h	ang curtains on to	p of the cooke	er.		
	(iv) if the flar	me goes out, turn	off the knob in	nmediately.		
	(v) place the	e cooker in front c	of an open wind	dow.		
	(vi) if you sn	nell gas, light a ma	atch			
	. , ,					(6 marks)
b)	Choose two below.	dishes from the li	st which you v	would cook o	n the cooke	parts listed
	_		•	-	-	
	brown a ric	e dish; bal	ke a pie;	toast bre	ad;	
	arill:					
						
	oven:					(6 marks)
	c) d)	to weigh 200g to measure 5 to sieve the flat to put the mix to bake the best to cool the cast to beat the ege to chop the normal sieve; bun tin; c) To check if the d) Write down has a line with the flam (ii)	to weigh 200g flour?: to measure 50ml milk?: to sieve the flour?: to put the mixture in?: to bake the buns in?: to cool the cakes on?: to beat the eggs with?: to chop the nuts on?: sieve; cooling tray; measuring justice. c) To check if the buns are cooked d) Write down how you would do (i) (ii) (iii) (iv) (v) (v) (v) (v) (v) (v) (v) (v) (v) (to weigh 200g flour?: to measure 50ml milk?: to sieve the flour?: to put the mixture in?: to bake the buns in?: to beat the eggs with?: to chop the nuts on?: sieve; cooling tray; chopp mixing c) To check if the buns are cooked, use a	to measure 50ml milk?: to sieve the flour?: to put the mixture in?: to bake the buns in?: to cool the cakes on?: to beat the eggs with?: to chop the nuts on?: sieve; cooling tray; chopping board; mixing bowl; c) To check if the buns are cooked, use a	to weigh 200g flour?: to measure 50ml milk?: to sieve the flour?: to put the mixture in?: to bake the buns in?: to cool the cakes on?: to beat the eggs with?: to chop the nuts on?: Sieve; cooling tray; chopping board; kitchen so fork C) To check if the buns are cooked, use a d) Write down how you would do the washing-up after baking the buns. (i)

c)	You	u have messed up the hob of your gas cooker while preparing some tomathow would you clean it up? (i) eg; clean it up as soon as possible (ii)	ato sauce. (4 marks)
6.	a)	The picture shows the living room of the Borg family who have two your Mark with an ⊠ ten possible accidents.	g children.
	b)	Choose two of the possible accidents marked above and say how prevent them from happening. Accident: Prevention:	(10 marks) you could (4 marks)
		Accident: Prevention:	(4 marks)

7.	a)		r mother cuts her fir at first-aid treatment				
							(4 marks)
	b)	(ii)					` ,
		(i)	(ii	i)	(iii)	(iv)	
		(v)	(\)	/i)	(vii)	(viii)	
							(4 marks)
	c)	Cho	u would use the	m.			
		Nan	ne of Item:				
		Use	:				
		Nan	ne of Item:				
			:				· · · · · · · · · · · · · · · · · · ·
							(2, 2 marks)
	d)	In th	e case of an emerg	gency, which num	ber would you	phone to call:	
		an ambulance?:					
		a fi	re-engine?:				
		the	police?:				(3 marks)
8.	a)	Match the family types with the definitions shown below:					
			clear family: ter family;	adoptive far step-family;	•	extended famil single-parent f	•
		i)	can include grand uncles; etc;	parents; parents;	children; aunt	s;	
		ii) it is made up of the parents and their children. iii) children are brought up by one parent only.					
		iv) only one parent is the natural parent.					
		v) takes care of a child for just a few months/years.					
		vi) the parents are not the natural parents but child takes their surname.					
							(6 marks)

b)	Name one of your basic needs and discuss how your family satisfies this need.			
	Need:	(1 mark)		
	My family satisfies it by:			
	•			
	•	(4 marks)		