



2009 Home Economics

Standard Grade – General

Finalised Marking Instructions

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GENERAL LEVEL	E L E M E N T	C O	M A R K															
<p>Question 1</p> <p>(a) (i) Scissors B</p> <p>ONE MARK for correct choice</p> <p>(ii) Reasons for choice</p> <p>Example of previous marking layout</p> <ul style="list-style-type: none"> • Soft grip handles are good for Kate/children/drama group to cut out costumes/fabric/paper <ul style="list-style-type: none"> + more comfortable + prevents blisters/injury + will not slip causing injury. <table border="1" data-bbox="193 958 1214 1765"> <thead> <tr> <th colspan="2">ONE MARK</th> <th>ONE ADDITIONAL MARK</th> </tr> <tr> <th>Information</th> <th>Case Study</th> <th>Explanation</th> </tr> </thead> <tbody> <tr> <td>Soft grip handles</td> <td> <ul style="list-style-type: none"> • Are good because Kate/children/drama group will cut costumes/fabric/paper/children will be helping </td> <td> <ul style="list-style-type: none"> + they will be comfortable + they will not hurt her/their hands + prevents blisters/injury + will not slip causing injury </td> </tr> <tr> <td>Price £12.99/medium price/not the dearest</td> <td> <ul style="list-style-type: none"> • Is good because the drama group have a budget of £15.00 </td> <td> <ul style="list-style-type: none"> + extra money could be used to buy more fabric/materials + value for money as 3 pairs of scissors are included + extra money could go back into drama group funds + they can afford them </td> </tr> <tr> <td>Lightweight scissors</td> <td> <ul style="list-style-type: none"> • Is good because Kate/the children/drama group will cut costumes/fabric/paper • Is good because the children will be using them </td> <td> <ul style="list-style-type: none"> + less effort required + hands won't get sore + they will be comfortable to use + easier (than heavyweight for the children) to use + hands may not be strong </td> </tr> </tbody> </table>	ONE MARK		ONE ADDITIONAL MARK	Information	Case Study	Explanation	Soft grip handles	<ul style="list-style-type: none"> • Are good because Kate/children/drama group will cut costumes/fabric/paper/children will be helping 	<ul style="list-style-type: none"> + they will be comfortable + they will not hurt her/their hands + prevents blisters/injury + will not slip causing injury 	Price £12.99/medium price/not the dearest	<ul style="list-style-type: none"> • Is good because the drama group have a budget of £15.00 	<ul style="list-style-type: none"> + extra money could be used to buy more fabric/materials + value for money as 3 pairs of scissors are included + extra money could go back into drama group funds + they can afford them 	Lightweight scissors	<ul style="list-style-type: none"> • Is good because Kate/the children/drama group will cut costumes/fabric/paper • Is good because the children will be using them 	<ul style="list-style-type: none"> + less effort required + hands won't get sore + they will be comfortable to use + easier (than heavyweight for the children) to use + hands may not be strong 	HI	4	1
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GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 1 (a) (ii) (continued)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Three pairs of scissors/short/medium/long blades/variety of scissors	<ul style="list-style-type: none"> Will be good because Kate/the children/drama group will be cutting out fabric/paper/costumes/children will be helping 	<ul style="list-style-type: none"> + may have to cut small/large pattern pieces + save time/arguments/they may not have to wait for scissors + can choose size to suit task/piece being cut + more people can help 			
	<ul style="list-style-type: none"> Will be good because Kate/the children/drama group will be cutting out paper/children will be helping 	<ul style="list-style-type: none"> + one pair could be used for paper only + fabric scissors won't get blunt 			
Wooden storage block	<ul style="list-style-type: none"> Is good because the costumes will be made in the school hall/children will be helping 	<ul style="list-style-type: none"> + easy to check scissors are returned + quicker to check scissors are returned + less likely to get lost + for safe storage/prevents cuts + scissors/blades won't get damaged + keeps work area tidy 			
Short blades	<ul style="list-style-type: none"> Will be good because children will be helping 	<ul style="list-style-type: none"> + good for snipping threads/trimming + safer for some children to use smaller scissors + some children may be apprehensive about using large scissors + some children may not cut well using large scissors 			
Long blades	<ul style="list-style-type: none"> Will be good as Kate/the children/drama group will be cutting out fabric for costumes/children will be helping 	<ul style="list-style-type: none"> + quicker/easier to use + easier than using short blades + long cuts may be straighter 			
<p>ONE MARK for each of two points linking information to the case study. + ONE MARK for each of two explanations relating to the needs of the drama group.</p> <p><u>Consequential marking</u> If the candidate has chosen the wrong scissors (A or C), then markers should use their professional judgement and award marks as follows:</p> <p>ONE MARK for each of two points linking the relevant information to the case study. ONE MARK for each of two explanations relating to the needs of the drama group.</p> <p>TOTAL FOUR MARKS</p>					
			HI	4	4

	E L E M E N T	C O	M A R K
GENERAL LEVEL			
<p>Question 1 (continued)</p> <p>(b) Prevention of accidents</p> <p>Cuts/Stabs Prevented by:</p> <ul style="list-style-type: none"> • Move scissors/pins/sharp objects to a safe area. • Keep scissors/pins/sharp objects out of children’s reach/higher. • Keep scissors/pins/sharp objects in a locked drawer cupboard. • Never leave scissors/pins/sharp objects lying out on a work surface. <p>Electrocution/Electric shock Prevented by:</p> <ul style="list-style-type: none"> • Never overload power sockets. • Get more sockets fitted. • Frayed flexes must always be replaced/replace iron. • Do not use an appliance with a frayed flex. (Do not accept taped, mended or repaired.) • Ensure hands are dry when plugging in/unplugging electrical appliances. • Always hold plug not flex when unplugging. <p>Burns/scalds Prevented by:</p> <ul style="list-style-type: none"> • Never leave an iron unattended/put away after use. • Leave iron to cool in a safe place/away from the reach of children. • Switch off/unplug iron after use. • Always ensure ironing board is steady/on a level surface. • Move toys to a safer place. • Use equipment close to socket. • Do not have trailing flexes. <p>Falls/Trips Prevented by:</p> <ul style="list-style-type: none"> • Do not have trailing flexes. • Use equipment close to socket. • Do not leave toys/objects lying on the floor. • Tidy up toys. <p>ONE MARK for each of three different types of accident.</p> <p>ONE MARK for each of three explanations of how to prevent the accident.</p>			
TOTAL SIX MARKS	KU	2	6

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 2 (a) (i) Outfit C ONE MARK (ii) Reasons for choice			HI	4	1
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Leg and shoulder poppers	<ul style="list-style-type: none"> • Will be good because Mary still wears a nappy • Mary is 2 years old/attends nursery • Mary will need her nappy changed 	<ul style="list-style-type: none"> + easier to change (at nursery) + quicker to change (in nursery) + no need to undress Mary to change nappy 			
	<ul style="list-style-type: none"> • Will be good because Mary will be painting/baking/ playing in sandpit 	<ul style="list-style-type: none"> + may get dirty/need changed + save time when changing + easier to change nappy + nursery staff may be busy/have other children to look after 			
Care/machine wash/tumble dry	<ul style="list-style-type: none"> • Mary is 2 years old/attends nursery 	<ul style="list-style-type: none"> + clothing will be easy to clean/quick to dry + mum does not need to hand wash/saves time + if mum is busy she will need clothes that are easy to clean 			
	<ul style="list-style-type: none"> • Mary will be painting/ baking/playing in sandpit 	<ul style="list-style-type: none"> + clothes will get dirty + will need to be washed often + easy to remove stains/ clean 			
2 star warmth/ second best for warmth/medium warm	<ul style="list-style-type: none"> • Will be good because Mary will be painting/ baking/playing in sandpit 	<ul style="list-style-type: none"> + Mary will be comfortable/not too hot if nursery is warm + may be hot in the nursery 			
	<ul style="list-style-type: none"> • Will be good because Mary may be outside at nursery/travelling to and from nursery 	<ul style="list-style-type: none"> + may be windy/cool so will keep her warm + she'll enjoy playing 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 2 (a) (ii) (continued)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Sizes 1-2 years/ 2-3 years	<ul style="list-style-type: none"> Will be suitable as Mary is 2 years old 	<ul style="list-style-type: none"> + the clothes will fit her properly/comfortably + she may have some room to grow into the clothes + clothes will last longer + choice of sizes if she is a big/small 2 year old 			
Reversible dungarees	<ul style="list-style-type: none"> Mary will be painting/baking/playing outside 	<ul style="list-style-type: none"> + can turn inside out if dungarees get stained + two styles of outfit in one/gives variety 			
Dungarees	<ul style="list-style-type: none"> Mary will be playing outside in sandpit 	<ul style="list-style-type: none"> + Mary will be more comfortable (playing in trousers) + sand will not rub on her skin + keep her legs warm outside + can add warmer/colder tops depending on weather/activities 			
Appliqué pocket	<ul style="list-style-type: none"> Will be good because Mary is 2 years old 	<ul style="list-style-type: none"> + children like putting items in pockets + children like attractive designs 			
<p>ONE MARK for each of three points linking the information to the case study. + ONE MARK for each of three explanations relating to the needs of Mary/her mother/nursery.</p> <p><u>Consequential marking</u> If the candidate has chosen the wrong outfit (A or B), then markers should use their professional judgement and award marks as follows:</p> <p>ONE MARK for each of three points linking the relevant information to the case study. ONE MARK for each of three explanations relating to the needs of Mary/her mother/nursery.</p> <p>TOTAL SIX MARKS</p>			HI	4	6
<p>(iii) Most suitable outfit for Mary going to a wedding – Outfit B</p> <p>ONE MARK</p>			HI	3	1

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 2 (continued)					
(b) Importance of design features to the Grant family					
ONE MARK		ONE MARK			
Feature	How it is useful	Why it is important			
Removable seat cover	<ul style="list-style-type: none"> Mum can take cover off if baby food is spilt Alice is 6 months old/ a baby may be messy 	<ul style="list-style-type: none"> easier to clean/wash saves time when cleaning keeps seat in good condition more hygienic/reduce bacteria will need to be cleaned often. 			
	<ul style="list-style-type: none"> Cover will protect the seat as Alice will be playing in high chair 	<ul style="list-style-type: none"> family don't need to spend money renewing seat may need to use again for other children saves money (they won't need to replace/buy a new one) family may want to sell/pass on may get more money when selling it. 			
5 point harness	<ul style="list-style-type: none"> Mum is reassured of Alice's safety while she is working/Alice is sitting in the highchair 	<ul style="list-style-type: none"> less likely to slip/fall out/injure babies wriggle about/do not sit still saves mum time (does not have to check baby) 			
Folds flat	<ul style="list-style-type: none"> Will make it easier as the Grant family do not have a lot of storage space (in the house) 	<ul style="list-style-type: none"> this will enable them to have more room when Alice is in bed/when high chair is not in use easier to put away/carry takes up less room room will look less cluttered. 			
Large net basket	<ul style="list-style-type: none"> Some of Alice's toys can be put in net basket (when feeding) 	<ul style="list-style-type: none"> toys are not left in the way of food toys will not fall in the food toys can be stored away safely/less likely to cause falls toys can be stored away saving space toys can be tidied away easily. 			
	<ul style="list-style-type: none"> Important when mum is cooking, the toys for Alice will be in a convenient place/handy 	<ul style="list-style-type: none"> mum will not have to leave the room to get toys could store a variety of toys mum can choose different toys to entertain Alice Alice can play with her favourite toys Alice will be kept entertained while mum is working in the kitchen toys are easy/quick to find. 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 2 (b) (continued)					
	ONE MARK	ONE MARK			
Feature	How it is useful	Why it is important			
	<ul style="list-style-type: none"> Large net basket is good to keep toys together as the house does not have a lot of storage space 	<ul style="list-style-type: none"> toys are not left lying on the floor (to cause an accident) may not be room for a toy box toys can be stored away saving space. toys are easy to find 			
Adjustable reclining backrest	<ul style="list-style-type: none"> Mum can change the position if Alice falls asleep in the chair 	<ul style="list-style-type: none"> more comfortable/Alice may sleep for longer Alice does not need to be lifted/disturbed. 			
	<ul style="list-style-type: none"> Mum can move the backrest when taking Alice out of the chair 	<ul style="list-style-type: none"> easier to lift into/take out of chair easy to put/fit legs into chair. 			
	<ul style="list-style-type: none"> Mum can set it upright at meal times/when Alice is playing 	<ul style="list-style-type: none"> easier to feed Alice reduce risk of Alice choking Alice can reach tray/pick up toys/food. 			
<p>ONE MARK for each of three points explaining how the design feature is useful to the Grant family</p> <p>ONE MARK for each of three reasons why each point is important.</p> <p>TOTAL SIX MARKS</p>			KU	2	6

	E L E M E N T	C O	M A R K
GENERAL LEVEL			
Question 2 (continued)			
(c) (i) (Children’s) toys or examples of toys			
ONE MARK for correctly identifying label.			
TOTAL ONE MARK	KU	1	1
(ii) Meaning of the Lion Mark			
<ul style="list-style-type: none"> • Symbol denoting safety. • Symbol denoting quality. • Toys made by reputable manufacturer. • Manufacturers follow a strict code of practice set out by the British Toy and Hobby Association. • Consumers can be certain that a toy bearing the Lion Mark conforms with all relevant safety information. • Ensures the manufacturer’s toys are made to highest standards of safety (in force in UK and Europe). 			
ONE MARK for correct explanation of meaning of label.			
NB No mark awarded for only saying “the lion mark”.			
TOTAL ONE MARK	KU	1	1

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 3 (a) (i) Steamer A ONE MARK (ii) Reasons for choice			HI	4	1
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Large capacity	<ul style="list-style-type: none"> Is good as there are 5 in family/family and granny Is good as family like to eat together 	+ they will be able to cook enough for everyone + they only need one piece of equipment			
	<ul style="list-style-type: none"> Is good as there are two sons in the late teens 	+ may have large appetites			
Automatic keep warm	<ul style="list-style-type: none"> Is good as dad sometimes gets home late from work 	+ can keep dad's food warm/hot (for when he gets home) + dad will be able to have the same hot meal/saves reheating/waiting for meal + others may sometimes be late			
Price £13.50/cheapest/least expensive	<ul style="list-style-type: none"> Is good as their new kitchen being fitted 	+ good value for money + they should be able to afford it + whole meal can be cooked in one piece of equipment + new kitchen may be expensive			
3 bowls	<ul style="list-style-type: none"> Is good as there are 5 in family/family and granny 	+ can cook different/variety of foods (in each bowl) + can cook the whole meal for everyone + could have main course vegetable and pudding + will hold a lot of food			
Electric steamer	<ul style="list-style-type: none"> Is good as their new kitchen is being fitted 	+ can still have hot meals + can be used in any room + only one socket required + kitchen is out of use			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 3 (a) (ii) (continued)					
	ONE MARK	ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Baskets pack inside each other	<ul style="list-style-type: none"> Is good as their new kitchen is being fitted 	<ul style="list-style-type: none"> + family may not have a lot of room while kitchen is being renovated + saves storage space/less bulky 			
Boil dry safety cut out	<ul style="list-style-type: none"> Is good as Granny lives with family/there are two teenagers Is good as family may be busy fitting kitchen 	<ul style="list-style-type: none"> + to ensure safety (as granny/teenagers may forget to top it up) + family have peace of mind if they leave the steamer on while they are out/in another room + prevents accidents/house fire + saves spoiling food 			
<p>ONE MARK for each of three points linking the information to the case study. + ONE MARK for each of three explanations relating to the needs of the family.</p> <p><u>Consequential marking</u> If the candidate has chosen the wrong steamer (B or C), then markers should use their professional judgement and award marks as follows:</p> <p>ONE MARK for each of three points linking the relevant information to the case study. ONE MARK for each of three explanations relating to the needs of the family.</p> <p>TOTAL SIX MARKS</p>					
(iii) Most suitable steamer for Gary – Steamer B					
TOTAL ONE MARK			HI	4	6
			HI	3	1

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 3 (continued)					
(b) Scottish dietary targets and prevention of dietary diseases					
Target	Disease prevented	Prevented because			
Eat more/increase intake (by 25%) of total complex carbohydrates	• Obesity/heart disease	+ low in fat + helps fill you up + so less liable to snack on sugary/fatty food + rice is low in fat + low fat reduces risk			
	• Tooth decay/obesity	+ low in sugar + helps fill you up + may prevent snacking on sugary foods + rice is low in sugar + low sugar reduces risk			
	• High blood pressure/hypertension/strokes	+ rice is low in salt + low salt reduces risk			
	• Constipation/bowel disease/diverticulitis/haemorrhoids/piles/bowel cancer	+ high in fibre/NSP + NSP helps remove waste from body			
Eat less/reduce intake of fat/to no more than 35% of total energy intake/ reduce intake of saturated fat	• Obesity	+ low fat foods are lower in energy + eating too much fat causes obesity + semi-skimmed milk is low in fat			
	• Heart disease	+ low fat food is low in cholesterol + semi-skimmed milk supplies less cholesterol + semi-skimmed milk is lower in fat			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 3 (b) (continued)					
Target	Disease prevented	Prevented because			
Eat more/double/ increase intake of fruit and vegetables (to 400g per day) eat 5 portions a day	<ul style="list-style-type: none"> Obesity/heart disease 	+ they are low in fat + they help to fill you up + so less liable to snack on fatty/sugary food + apples are low in fat + low fat reduces risk			
	<ul style="list-style-type: none"> Tooth decay 	+ because they are low in sugar + helps prevent snacking on sugary foods + low sugar reduces risk + they help fill you up			
	<ul style="list-style-type: none"> High blood pressure/hypertension/strokes 	+ low in salt + apples are low in salt			
	<ul style="list-style-type: none"> Constipation/bowel disease/diverticulitis/haemorrhoids/piles/bowel cancer 	+ high in NSP/fibre + apples are high in NSP + high NSP reduces risk			
	<ul style="list-style-type: none"> Heart disease/Cancer 	+ source of A/C/E antioxidant vitamins			
	<ul style="list-style-type: none"> Anaemia 	+ may contain a source of iron/folic acid + supplies a source of vitamin C to assist in the absorption of iron			
<p>ONE MARK for each of two dietary targets identified.</p> <p>ONE MARK for each of two dietary diseases</p> <p>+ ONE MARK for each of two explanations as to why the target helps to prevent the disease.</p> <p>TOTAL SIX MARKS</p>			KU	2	6

	E L E M E N T	C O	M A R K
GENERAL LEVEL			
<p>Question 3 (continued)</p> <p>(c) Why milk is refrigerated.</p> <ul style="list-style-type: none"> • Keep the milk fresh/stops the milk going off/sour/curdling/milk keeps for longer • To prevent bacteria growing/multiplying (in milk) • Bacteria grow more slowly at temperatures between 1°C and 4°C/in refrigerator • Milk is a protein food and may support the multiplication of bacteria in warmth <p>ONE MARK for correct explanation TOTAL ONE MARK</p>	KU	1	1
<p>(d) Correct temperature setting for a refrigerator</p> <ul style="list-style-type: none"> • Between 1°C and 4°C <p>ONE MARK for correct temperature identified. TOTAL ONE MARK</p>	KU	1	1

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 4					
(a) Suitability of snack for Adam					
		ONE MARK	ONE ADDITIONAL MARK		
Information	Case Study		Explanation		
Pasta salad	<ul style="list-style-type: none"> Adam is 15 years old Adam has been playing tennis 		<ul style="list-style-type: none"> + will help reduce hunger + he may be hungry + helps restore energy levels + high in total complex carbohydrate 		
	<ul style="list-style-type: none"> Adam is going to eat on the bus/on the way home 		<ul style="list-style-type: none"> + no mixing required + easy/convenient to eat + mixed and ready to eat 		
Fork included	<ul style="list-style-type: none"> Is good as Adam will eat the snack on the bus/way home 		<ul style="list-style-type: none"> + Adam does not have to take cutlery with him/he can eat it straight away + Adam does not have to eat his snack with his fingers/needs cutlery to eat with + creates less mess when eating + more hygienic 		
Ready to eat	<ul style="list-style-type: none"> Is good as Adam will eat the snack on the way home/ on the bus/after playing tennis 		<ul style="list-style-type: none"> + won't have any cooking facilities available + easy/convenient for Adam to eat + saves time 		
Free bottle of water	<ul style="list-style-type: none"> Is good as Adam has been playing tennis 		<ul style="list-style-type: none"> + a good deal as he is a school pupil/saves money + may encourage Adam to buy the snack again + he may not have enough money to buy a drink + may be dehydrated/thirsty + important after exercising + encourages Adam to drink more water 		

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 4 (a) (continued)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
Re-sealable lid	<ul style="list-style-type: none"> • Is good as Adam is eating snack on bus/on the way home 	<ul style="list-style-type: none"> + he may not have time to finish his snack + won't spill snack when getting off the bus + he may not want to eat all of the snack (while on the bus) + can cover snack to keep some for later 			
High in energy	<ul style="list-style-type: none"> • Is good as Adam has been playing tennis 	<ul style="list-style-type: none"> + replenish his energy levels + Adam won't feel hungry after his game of tennis + important for Adam to refuel/prevent him being tired 			
	<ul style="list-style-type: none"> • Is good as Adam is 15 years old 	<ul style="list-style-type: none"> + Adam may have high energy needs + Teenage boys are usually active 			
<p>ONE MARK for each of three points linking information to the case study + ONE MARK for each of three explanations relating to the needs of Adam.</p> <p>TOTAL SIX MARKS</p>			HI	4	6

	E L E M E N T	C O	M A R K																																				
GENERAL LEVEL																																							
<p>Question 4 (continued)</p> <p>(b) Dietary needs of teenagers in relation to calcium and vitamin C</p> <p>Calcium</p> <ul style="list-style-type: none"> • For formation of/strong bones. • For formation of/strong teeth. • To prevent osteoporosis later on in life. • Rapid increase of bone mass means more calcium is required at this age. • Muscle and nerve development. • Normal clotting of blood. <p>Vitamin C</p> <ul style="list-style-type: none"> • For the absorption of iron/reduces risk of anaemia. • To prevent infections. • Helps formation/maintenance of connective tissues/healthy skin. • Prevents scurvy. • Essential in the formation of the walls of blood vessels. • An antioxidant which may help prevent cancers/heart disease/destroys free radicals <p>ONE MARK for each two reasons</p> <p>TOTAL FOUR MARKS</p>	KU	1	4																																				
<p>(c) Foods which are high in sodium</p> <table border="1" data-bbox="193 1238 1214 1895"> <tbody> <tr> <td>Baked beans</td> <td>Ham</td> <td>Sausages</td> </tr> <tr> <td>Bacon</td> <td>Olives</td> <td>Smoked meat and fish</td> </tr> <tr> <td>Bagels</td> <td>Pickles</td> <td>Soup</td> </tr> <tr> <td>Breakfast cereals</td> <td>Pizza</td> <td>Soy sauce</td> </tr> <tr> <td>Butter</td> <td>Prawns</td> <td>Stock cubes</td> </tr> <tr> <td>Ciabatta</td> <td>Ready meals/processed foods</td> <td>Tomato ketchup, mayonnaise and other sauces</td> </tr> <tr> <td>Cheese</td> <td>Salami</td> <td>Yeast extract</td> </tr> <tr> <td>Cooking/pasta sauces</td> <td>Salted and dry roasted nuts</td> <td></td> </tr> <tr> <td>Chips with salt added</td> <td>Salt fish</td> <td></td> </tr> <tr> <td>Crisps etc</td> <td>Sandwiches</td> <td></td> </tr> <tr> <td>Crumpets</td> <td></td> <td></td> </tr> <tr> <td>Gravy granules</td> <td></td> <td></td> </tr> </tbody> </table>	Baked beans	Ham	Sausages	Bacon	Olives	Smoked meat and fish	Bagels	Pickles	Soup	Breakfast cereals	Pizza	Soy sauce	Butter	Prawns	Stock cubes	Ciabatta	Ready meals/processed foods	Tomato ketchup, mayonnaise and other sauces	Cheese	Salami	Yeast extract	Cooking/pasta sauces	Salted and dry roasted nuts		Chips with salt added	Salt fish		Crisps etc	Sandwiches		Crumpets			Gravy granules			KU	1	2
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<p>ONE MARK for each of two food sources. Examples of other salty foods acceptable.</p> <p>TOTAL TWO MARKS</p>	KU	1	2																																				

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 5 (a) (i) Bank Account C ONE MARK (ii) Reasons for choice			HI	4	1
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
24 hour Internet banking	<ul style="list-style-type: none"> Is good as Zoe works shifts/Peter works away from home Is good as they use Internet 	<ul style="list-style-type: none"> + they can bank on-line when convenient/at any time/ from anywhere + easier to look at account details/check balance + they will be used to using the Internet so should cause them no problems + they don't have to rely on going to the local bank + saves going to bank + no need to worry about bank opening times + can do banking from home 			
Interest free overdraft limit of £500/£500 overdraft limit/highest/high	<ul style="list-style-type: none"> Is good as they are saving for a new flat/deposit 	<ul style="list-style-type: none"> + they will not be charged by bank if they become overdrawn + may have extra expenses with new flat + saves taking out a loan + may be cheaper than a loan + they don't need to pre-arrange the overdraft + may allow them to pay bills to prevent standing orders/direct debits causing bank charges 			
	<ul style="list-style-type: none"> Is good as Peter is self-employed 	<ul style="list-style-type: none"> + may not have a regular income + may need to buy materials for work + may be waiting for customers to pay bills 			
	<ul style="list-style-type: none"> Peter works away from home 	<ul style="list-style-type: none"> + may have extra expenses + travel and accommodation costs may make them overdrawn 			

GENERAL LEVEL			E L E M E N T	C O	M A R K
Question 5 (a) (ii) (continued)					
ONE MARK		ONE ADDITIONAL MARK			
Information	Case Study	Explanation			
£200 when new account opened	<ul style="list-style-type: none"> Is good as they want to save money/save for deposit on flat 	<ul style="list-style-type: none"> + Peter is self-employed and may not have a regular income/bonus may be useful + boosts joint account 			
Account holders must be over 18 to get bonus	<ul style="list-style-type: none"> Peter is 24 years old 	<ul style="list-style-type: none"> + helps to get deposit quicker + may be able to get flat earlier 			
Local branches	<ul style="list-style-type: none"> Is good as Zoe works shifts/Peter works away from home Peter is self employed 	<ul style="list-style-type: none"> + they have the choice of going to their local branch if they need to + allows face to face discussion/advice + easier to pay in cheques/deposits 			
6.5% interest/high/highest rate of interest	<ul style="list-style-type: none"> Is good as Peter and Zoe want to save money for deposit 	<ul style="list-style-type: none"> + they will gain more money on their balance + encourages them to save more money + encourages them to have money in their bank account + helps reach target/deposit sooner 			
<p>ONE MARK for each of three points linking information to the case study + ONE MARK for each of three explanations relating to the needs of Peter/Zoe.</p> <p><u>Consequential marking</u> If the candidate has chosen the wrong bank account (A or B), then markers should use their professional judgement and award marks as follows:</p> <p>ONE MARK for each of three points linking the relevant information to the case study ONE MARK for each of three explanations relating to the needs of Peter/Zoe.</p> <p>TOTAL SIX MARKS</p>			HI	4	6
<p>(iii) Most suitable bank account for Sally – Bank Account A</p> <p>ONE MARK for correct answer.</p>			HI	3	1

	E L E M E N T	C O	M A R K
GENERAL LEVEL			
<p>Question 5 (continued)</p> <p>(b) Identify two major sources of household income</p> <ul style="list-style-type: none"> • Wages/salary/pay/work/occupation • Pension • Benefits (accept example of benefits) • Interest • Dividends/stocks/shares 			
<p>ONE MARK for each of two sources of income identified.</p>			
<p>TOTAL TWO MARKS</p>	<p>KU</p>	<p>1</p>	<p>2</p>
<p>(c) Advice/support Citizens Advice Bureau may offer</p> <ul style="list-style-type: none"> • Offers consumer free/independent/confidential advice. • Help consumers with life problems/debt/consumer issues/benefits/housing/legal matters/employment/immigration. • Advisors can help to fill out forms/write letters/negotiate with creditors. • May represent clients at court or tribunal. 			
<p>ONE MARK for support/advice offered by Citizens Advice Bureau.</p>			
<p>TOTAL ONE MARK</p>	<p>KU</p>	<p>1</p>	<p>1</p>

GENERAL LEVEL	E L E M E N T	C O	M A R K																
<p>Question 5 (continued)</p> <p>(d) Dietary needs of pregnant women apart from calcium and vitamin C</p> <table border="1" data-bbox="193 539 1214 1861"> <thead> <tr> <th data-bbox="193 539 703 573">Dietary need</th> <th data-bbox="703 539 1214 573">Importance during pregnancy</th> </tr> </thead> <tbody> <tr> <td data-bbox="193 573 703 712"> <ul style="list-style-type: none"> Increase folic acid </td> <td data-bbox="703 573 1214 712"> <ul style="list-style-type: none"> Reduce risk of baby being born with neural tube defects/spina bifida Helps prevent anaemia </td> </tr> <tr> <td data-bbox="193 712 703 920"> <ul style="list-style-type: none"> Increase protein </td> <td data-bbox="703 712 1214 920"> <ul style="list-style-type: none"> Additional protein required for the development of the foetus's body cells For developing baby to grow/growth of developing baby </td> </tr> <tr> <td data-bbox="193 920 703 1160"> <ul style="list-style-type: none"> Increase carbohydrates </td> <td data-bbox="703 920 1214 1160"> <ul style="list-style-type: none"> Important during the last three months of pregnancy as this is a time of rapid growth and movement of the developing baby/foetus To give mother energy in the last three months </td> </tr> <tr> <td data-bbox="193 1160 703 1301"> <ul style="list-style-type: none"> Do not eat too much carbohydrate foods </td> <td data-bbox="703 1160 1214 1301"> <ul style="list-style-type: none"> To reduce risk of excessive weight gain To reduce complications at birth </td> </tr> <tr> <td data-bbox="193 1301 703 1581"> <ul style="list-style-type: none"> Ensure iron levels are maintained/increase if necessary </td> <td data-bbox="703 1301 1214 1581"> <ul style="list-style-type: none"> Iron is needed to supply new born baby with sufficient iron To help prevent anaemia So baby is born with enough iron for first few weeks For formation of red blood cells in developing foetus </td> </tr> <tr> <td data-bbox="193 1581 703 1682"> <ul style="list-style-type: none"> Eat a diet rich in NSP Drink plenty water </td> <td data-bbox="703 1581 1214 1682"> <ul style="list-style-type: none"> Will prevent constipation and piles/varicose veins </td> </tr> <tr> <td data-bbox="193 1682 703 1861"> <ul style="list-style-type: none"> Include foods rich in vitamin D/phosphorous </td> <td data-bbox="703 1682 1214 1861"> <ul style="list-style-type: none"> Allow developing baby to develop strong bones So mother's calcium supply is not depleted </td> </tr> </tbody> </table>	Dietary need	Importance during pregnancy	<ul style="list-style-type: none"> Increase folic acid 	<ul style="list-style-type: none"> Reduce risk of baby being born with neural tube defects/spina bifida Helps prevent anaemia 	<ul style="list-style-type: none"> Increase protein 	<ul style="list-style-type: none"> Additional protein required for the development of the foetus's body cells For developing baby to grow/growth of developing baby 	<ul style="list-style-type: none"> Increase carbohydrates 	<ul style="list-style-type: none"> Important during the last three months of pregnancy as this is a time of rapid growth and movement of the developing baby/foetus To give mother energy in the last three months 	<ul style="list-style-type: none"> Do not eat too much carbohydrate foods 	<ul style="list-style-type: none"> To reduce risk of excessive weight gain To reduce complications at birth 	<ul style="list-style-type: none"> Ensure iron levels are maintained/increase if necessary 	<ul style="list-style-type: none"> Iron is needed to supply new born baby with sufficient iron To help prevent anaemia So baby is born with enough iron for first few weeks For formation of red blood cells in developing foetus 	<ul style="list-style-type: none"> Eat a diet rich in NSP Drink plenty water 	<ul style="list-style-type: none"> Will prevent constipation and piles/varicose veins 	<ul style="list-style-type: none"> Include foods rich in vitamin D/phosphorous 	<ul style="list-style-type: none"> Allow developing baby to develop strong bones So mother's calcium supply is not depleted 			
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**Standard Grade Home Economics
Coverage of Course Objectives**

Year: 2009

Paper: General

Question		Knowledge and Understanding		Marks	Handling Information		Marks
		CO1	CO2		CO3	CO4	
1	a(i)			6		1	5
	a(ii)					4	
	b		6				
2	a(i)			8		1	8
	a(ii)					6	
	a(iii)				1		
	b		6				
	c(i)	1					
	c(ii)	1					
3	a(i)			8		1	8
	a(ii)					6	
	a(iii)				1		
	b		6				
	c	1					
	d	1					
4	a			6		6	6
	b	4					
	c	2					
5	a(i)			7		1	8
	a(ii)					6	
	a(iii)				1		
	b	2					
	c	1					
	d		4				
Totals		13	22	35	3	32	35

**Standard Grade Home Economics
Coverage of Essential Knowledge in Knowledge and Understanding Element**

Year: 2009

Paper: General

Question		Indicate Marks Available for each Sub-Question							
		a	b	c	d	e	f	g	h
1	b					6			
2	b						6		
	c(i)							1	
	c(ii)							1	
3	b		6						
	c				1				
	d				1				
4	b	4							
	c	2							
5	b								2
	c							1	
	d			4					
Totals		6	6	4	2	6	6	3	2

Reference sources for Essential Knowledge Questions

Bibliography

Question	Title	Author/publisher	Information
1(b)	Standard Grade Course Notes	A MacGregor/Leckie & Leckie	Accident prevention
2(b)	Standard Grade Course Notes www.which.co.uk	A MacGregor/Leckie & Leckie	Design features Highchair features
2(c)	www.bsi-global.com Standard Grade Course Notes	A MacGregor/Leckie & Leckie	The Lion Mark
3(b)	www.eatwell.gov Examining Food and Nutrition Standard Grade Course Notes	Ridgewell/Heinemann A MacGregor/Leckie & Leckie	Current Dietary Advice
3(c)	The Food Hygiene Handbook for Scotland	The Royal Environmental Health Institute of Scotland 1194	High-risk foods
3(d)	Standard Grade Course Notes	A MacGregor/Leckie & Leckie	Use of refrigerators
4(b)	www.nutrition.org.uk Standard Grade Course Notes	A MacGregor/Leckie & Leckie	Dietary needs of teenagers
4 (c)	www.salt.gov.uk		Sodium
5 (b)	Standard Grade Course Notes	A MacGregor/Leckie & Leckie	Sources of income
5 (c)	Standard Grade Course Notes	A MacGregor/Leckie & Leckie	Role of CAB
5(d)	www.nutrition.org.uk Standard Grade Course Notes Examining Food and Nutrition	A MacGregor/Leckie & Leckie Ridgewell/Heinemann	Dietary needs of pregnant women

[END OF MARKING INSTRUCTIONS]