

FOR OFFICIAL USE

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**F**

	KU	HI
Total Marks		

**1660/401**

NATIONAL  
QUALIFICATIONS  
2011

MONDAY, 16 MAY  
9.00 AM - 10.00 AM

HOME ECONOMICS  
STANDARD GRADE  
Foundation Level

**Fill in these boxes and read what is printed below.**

Full name of centre

Town

Forename(s)

Surname

Date of birth

Day    Month    Year

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Scottish candidate number

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Number of seat

- 1 Try to answer every question in this paper.
- 2 Read the questions carefully before you answer them.
- 3 Write your answers in the spaces provided.
- 4 If you need to do any rough work, use the spaces provided.
- 5 Before leaving the examination room you must give this book to the Invigilator. If you do not, you may lose all the marks for this paper.



1. Give the correct answer to the following questions by ticking (✓) the appropriate box(es). Marks

(a) Choose **two** sources of iron from the list below.

- Beef
- Milk
- Liver
- Yoghurt
- Apple

2

(b) Which **one** of the following foods contains Total Complex Carbohydrates?

- Steak
- Cheese
- Porridge
- Chocolate

1

(c) Eating wholemeal bread helps to reduce the risk of which **one** of these dietary diseases?

- Anaemia
- Rickets
- Constipation
- Scurvy

1

(d) Choose **two** foods suitable for a lacto-vegetarian.

- Beefburgers
- Milk
- Lamb chops
- Baked beans
- Bacon

2

KU	HI

Marks

KU	HI

1. (continued)

(e) Which of the following care labels shows that the clothes can be tumble dried?



1

(f) In which part of the fridge should you store raw chicken?

Top shelf

Middle shelf

Bottom shelf

Salad drawer

1

(g) Which **two** actions should you take before cleaning an electric hand whisk?

Soak in water

Remove beaters

Switch off power

Place in dishwasher

Scrub with a wet brush

2

[Turn over

1. (continued)

(h) Identify **two** steps to take to save energy in the home.

- Install loft insulation
- Leave your TV on standby
- Wash at 60 °C instead of 40 °C
- Charge mobile phone overnight
- Use draught excluders

Marks	DO NOT WRITE IN THIS MARGIN	
	KU	HI
2		
2		
1		
1		

(i) Which **two** of the following pieces of information must be on a food label by law?

- Name of the food
- Serving suggestion
- Name and address of the manufacturer
- Recycle symbol
- Picture of food

(j) Which **one** method of payment does **not** involve using credit?

- Hire Purchase
- Store Card
- Cash
- Charge Card

(k) Identify **one** area of non-essential household expenditure.

- Mortgage
- Council Tax
- Fuel
- Holidays

Marks

KU	HI

2. (a) Look at the recipe below and answer the questions that follow.

**Bolognese Sauce**

**Ingredients**

100 g lean minced beef  
 50 g chopped onion  
 50 g diced carrot  
 100 ml chopped tomatoes  
 1 × 15ml spoon tomato puree  
 Pinch oregano  
 150 ml stock  
 Seasoning

**Method**

1. Brown mince and onion, stirring to prevent sticking.
2. Add carrot. Sauté 1 minute.
3. Add chopped tomatoes, tomato puree, oregano and stock. Bring the sauce to the boil. Reduce heat. Simmer 10–15 minutes.
4. Season to taste.
5. Serve with pasta of your choice.

(i) 1 Which **one** ingredient should be diced?

\_\_\_\_\_

**1**

2 Name the herb used in this recipe.

\_\_\_\_\_

**1**

3 Which **two** ingredients should be browned?

\_\_\_\_\_

**1**

\_\_\_\_\_

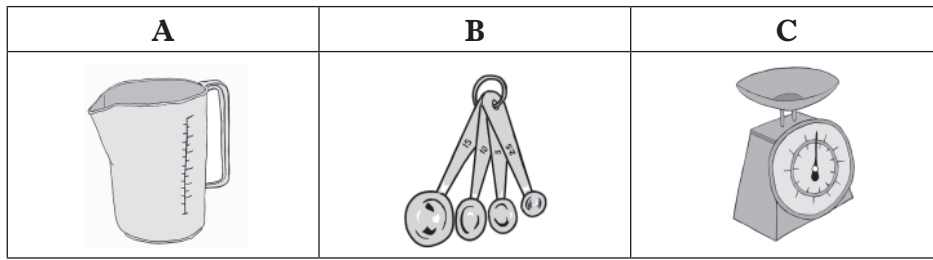
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**[Turn over**

Marks	Marks	
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1		
1		
1		
1		

2. (a) (continued)

(ii) Look at the equipment for measuring shown below.



Which piece of equipment should be used for measuring the following ingredients?

15 ml tomato puree \_\_\_\_\_

1

150 ml stock \_\_\_\_\_

1

(b) The following are design features.

- A Padded heel
- B Storm flap
- C Popper fastenings
- D Reverse stitch
- E Elasticated waist band

Choose the correct design feature for each item below by putting the correct letter in each box. The first one has been done for you.

- 1 Running shoe
- 2 Sewing machine
- 3 Swimming shorts
- 4 Outdoor jacket
- 5 Baby sleep suit

1

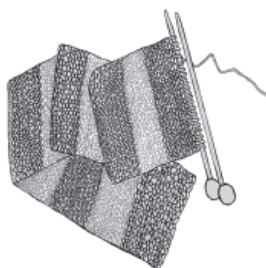
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1

1

Marks **KU** **HI**

3. (a) A group of students are being taught how to knit a striped scarf.



The step-by-step method for knitting the striped scarf is shown below, but it is in the wrong order.

The order of work has been filled in for some of the steps.

- (i) Complete the table using the numbers 1, 3 and 5 to show the correct order.

Method	Order
Knit 12 rows with the second colour	
Collect the equipment needed	
Change wool colour	4
Cast off (end) the stitches	6
Knit 12 rows with the first colour	
Cast on (make) 30 stitches	2

1

1

1

**[Turn over**

Marks

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1	
1	
1	

3. (a) (continued)

(ii) Each student is given the following equipment to make their scarf.  
Look at the list of equipment shown below.

- Two 50 g balls of chunky wool
  - One pair of size 17 mm knitting needles
  - Scissors
  - A storage bag
  - Measuring tape



1 What size of knitting needles do the students need? \_\_\_\_\_

\_\_\_\_\_

1

2 What type of wool do the students need? \_\_\_\_\_

\_\_\_\_\_

1

3 What do they need to carry their equipment? \_\_\_\_\_

\_\_\_\_\_

1



Marks

**3. (continued)**

(b) Thinking about accidents in the home, complete the table below by giving **two** ways of preventing each accident.

Cut	Prevention 1 _____		
	Prevention 2 _____	1	
Poisoning	Prevention 1 _____		
	Prevention 2 _____	1	

1

1

1

1

**[Turn over**

Marks



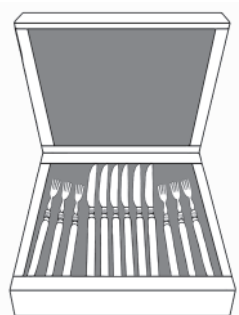
KU	HI

4. (a) A Scout group are going on a camping weekend and need their own set of cutlery.

The cutlery needs to:

- last a long time
- be easy to use
- be easy to carry.

Look at the information about cutlery below.

Information about cutlery			
	A	B	C
			
Number in set	4	1	6
Material	Plastic	Stainless steel	Silver plated
Carry case	No	Yes	Yes
Ease of use	*	***	***
Special features	Range of colours available	Free name engraving on handle	Optional gift wrap service

<b>Key:</b>	*	→	***
	Poor		Good

- (i) Choose the **most suitable** cutlery for the scouts.

Cutlery \_\_\_\_\_

**1**

Marks

4. (a) (continued)

- (ii) Linking the information from the question to the table, give **two** reasons for your choice and explain why **each** reason is important for the scouts.

Reason 1 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2

Reason 2 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2

- (iii) The scout leader is looking for a gift for a couple due to get married. Which cutlery would be **most suitable** for the scout leader to buy?

Cutlery \_\_\_\_\_

1

- (b) List **two** different conditions which bacteria need to multiply.

Condition 1 \_\_\_\_\_

1

Condition 2 \_\_\_\_\_

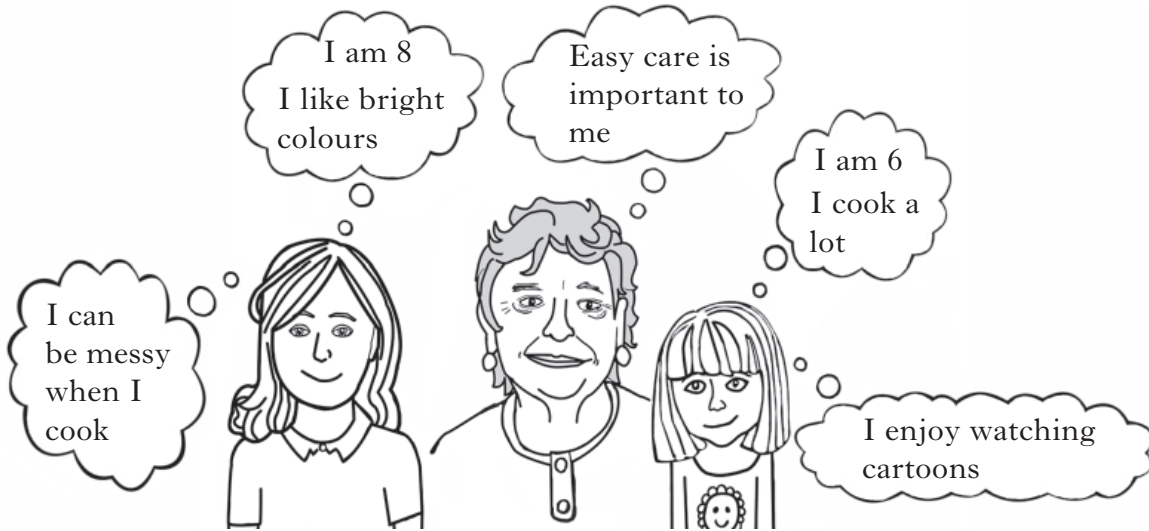
1

[Turn over




Marks

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5. (a) Joan regularly cooks with her grandchildren. The children need aprons.



Look at the information about aprons below.

Information about aprons		
<b>A</b>		<ul style="list-style-type: none"> <li>• Tie fastening</li> <li>• Available in black and red check</li> <li>• Machine washable</li> <li>• Size; S, M, L</li> <li>• Stain resistance *</li> </ul>
<b>B</b>		<ul style="list-style-type: none"> <li>• Button fastening</li> <li>• Available in white</li> <li>• Machine washable</li> <li>• Size; one size only</li> <li>• Stain resistance *</li> </ul>
<b>C</b>		<ul style="list-style-type: none"> <li>• VELCRO<sup>®</sup> fastening</li> <li>• Available in a range of cartoon designs</li> <li>• Wipe clean</li> <li>• Sizes; 3–6 years, 7–10 years, 11–15 years</li> <li>• Stain resistance ***</li> </ul>

<b>Key:</b>	* —————> ***
	Poor                      Good
	® – Registered trademark

Marks

KU	HI

5. (a) (continued)

- (i) Choose the **most suitable** apron for the grandchildren.

Apron \_\_\_\_\_

1

- (ii) Give **two** reasons for your choice and explain why **each** reason is important for the grandchildren.

Reason 1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2

Reason 2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2

- (iii) Joan wants to buy an apron for herself. She does not want a white apron.

Which apron would be **most suitable** for Joan?

Apron \_\_\_\_\_

1

- (b) The grandchildren need a diet high in calcium.

Look at the selection of foods below.



Apples



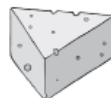
Yoghurt



Bacon



Potatoes



Cheese



Orange Juice

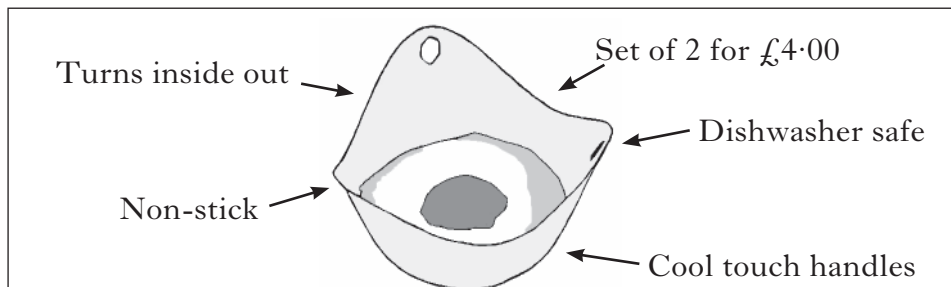
Tick (✓) **two** foods from the selection which the grandchildren should eat.

2

Marks

KU	HI
2	
2	

6. (a) Wendy runs a busy bed and breakfast.  
 She wants to purchase an egg poacher.  
 The egg poacher must be safe and easy to use.  
 Look at the information about the egg poacher below.



Give **three** reasons why the poacher is suitable for Wendy and explain why **each** reason is important to her.

Reason 1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2

Reason 2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2

Marks

6. (a) (continued)

Reason 3 \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2

(b) Name **two** nutrients found in eggs.

Nutrient \_\_\_\_\_

1

Nutrient \_\_\_\_\_

1

[END OF QUESTION PAPER]

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	KU		HI	
1		16		0
2		4		6
3		4		6
4		2		6
5		2		6
6		2		6
Total Marks		30		30



## ACKNOWLEDGEMENT

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