

X241/301

NATIONAL
QUALIFICATIONS
2011

TUESDAY, 7 JUNE
9.00 AM – 10.20 AM

CARE
HIGHER
Paper 1

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



Section 1 Psychology for Care

- (a) Describe **two** key features of the Cognitive Behavioural approach. 4 KU
- (b) Explain why it is helpful for care workers to have an understanding of the impact of both nature **and** nurture when supporting people. 6 2 KU
4 AE/App
- (c) Describe **one** of the following models of loss or transition and explain **two** ways in which this model could be used to understand the behaviour of an older adult moving into a care home because their partner has died:

Colin Murray Parkes

or

William Worden

or

Adams, Hayes and Hopson

8 4 KU
4 AE/App

Case Study 1 – Belle

Read the case study and answer the following questions.

Belle is a 12 year old girl who had been living at home with her mother until a month ago when she was received into a foster family. Belle's mother was admitted into hospital and it is not known when she will be able to return home. Belle is not settling in well and her behaviour is causing her foster carers some concern. She has started bed wetting and reacts very angrily when her carers, especially her foster mother Rhona, asks her if she is upset about anything. Belle says she is fine and that nothing is worrying her and that Rhona should "just mind her own business", as she is not her real mum.

- (d) Defence mechanisms are a key feature of the Psychodynamic approach. Describe what defence mechanisms are, and explain how Belle's behaviour might be understood, using **two** defence mechanisms. 7 3 KU
4 AE/App

25

[END OF SECTION 1]

Section 2

Sociology for Care

(a)	Describe one difference between sociological explanations and common sense explanations.	2	KU
(b)	Explain how sociology describes the relationship between private problems and public issues.	2	AE
(c)	How does functionalist theory explain deviance in society?	7	4 KU 3 AE/App
(d)	Explain why feminist theory suggests that it is important to demand equal rights for women.	6	3 KU 3 AE/App
(e)	Describe the concept of social inequality and explain the role of legislation in addressing social inequality.	8	4 KU 4 AE/App
		25	
		Total (50)	

[END OF SECTION 2]

[END OF QUESTION PAPER]

[BLANK PAGE]

X241/302

NATIONAL
QUALIFICATIONS
2011

TUESDAY, 7 JUNE
10.40 AM – 12.00 NOON

CARE
HIGHER
Paper 2

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



Section 3

Values and Principles in Care

- | | | | |
|-----|--|----|------------------|
| (a) | Describe two types of non verbal communication that a care worker could use when working with a service user. | 4 | KU |
| (b) | <p>“Safety” and “realising potential” are two of the principles which underpin the National Care Standards.</p> <p>Describe these two principles and explain the way in which they could be demonstrated in a day centre for adults with learning disabilities.</p> | 4 | 2 KU
2 AE/App |
| (c) | <p>There are three stages in Egan’s Skilled Helper model.</p> <p>Choose one of these stages to explain how a care worker would work with a person who has to lose weight for medical reasons.</p> | 5 | 2 KU
3 AE/App |
| (d) | Describe two features of the Regulation of Care (Scotland) Act 2001 and explain how they promote the rights of service users. | 6 | 2 KU
4 AE/App |
| (e) | Describe the role of a multi disciplinary team and explain one advantage and one disadvantage of this way of supporting service users. | 6 | 2 KU
4 AE/App |
| | | 25 | |

[END OF SECTION 3]

Section 4 Integration: Psychology for Care and Sociology for Care

(a) Using information from the “Psychology for Care” and “Sociology for Care” courses:

- (i) Evaluate the effectiveness of the Humanistic approach and Symbolic Interactionist theory when working with people experiencing mental health problems.

In your answer you should:

- describe key features of the Humanistic approach
- describe key features of Symbolic Interactionist theory
- discuss the **strengths** of each of these ways of working with people with mental health problems
- discuss the **weaknesses** of each of these ways of working with people with mental health problems.

18 10 KU
8 AE/App

- (ii) In your opinion, when working in **any** care setting, is it more important for a worker to have knowledge and understanding of psychology **or** sociology? Explain your answer.

7 2 KU
5 AE/App

25

Total (50)

[END OF SECTION 4]

[END OF QUESTION PAPER]

[BLANK PAGE]