

## O Level Food and Nutrition (6065)

### What is the course book?

There is no basic textbook, but books from the following resource list are useful.

Delia Clarke & Elizabeth Herbert– Food Facts – Nelson – ISBN 017 438542 0

Anita Tull – Food and Nutrition – Oxford – ISBN 019832766 8

ISBN 019832768 4

ISBN 019832793 5

MAFF – Manual of Nutrition – HMSO – 0 11 242991 2

Graham P.M. & Sherrington K.B. – The Science of Food: An Introduction to Food Science, Nutrition and Microbiology – Pergamon – ISBN 0 08 036156 0

Bender D.A. & Bender A.E. – Food Tables and Labelling – Oxford- ISBN 019 832724 2

ISBN 019 832785 4

McGrath H – All about Food – Oxford – ISBN 019 832716 1

Jenny Ridgewell – Finding out about Food – Oxford – ISBN 019 832716 1

### I am having problems getting hold of the recommended books. Can you help?

Most of the texts can be obtained over the Internet. The following web-sites may be of interest:

- [www.amazon.co.uk](http://www.amazon.co.uk)
- [www.heffers.co.uk](http://www.heffers.co.uk)

### What support materials are available?

- Syllabus

All the above are available from CIE Publications and online (<http://www.cie.org.uk/>)

### How will the students be assessed?

This syllabus is available for examination in June and November.

There are two parts to the scheme of assessment for O Level Food and Nutrition.

### Has the assessment scheme changed for 2004?

No. There are still two papers which candidates will need to complete the examination.

**Paper 1** is a 2-hour written question paper. It will test the candidate's knowledge of theory and practice. The date of the examination can be found in the examination timetable.

Section A: consisting of compulsory short-answer type questions of varying difficulty.

Section B: consisting of 6 questions from which candidates must answer 4.

**Paper 2** is a **Practical Examination** – This is 2½ long, with a planning session of 1½ hours. The instructions for this are issued each year. Candidates are allocated one of a range of alternative

tests one week before the examination. The candidates will then be expected to conduct a planning session lasting 1½ hours stating how they intend to carry out the test. They will need to hand in a shopping list at the end of the session.

The plans of work should be re-issued at the beginning of the practical examination, and the candidates allowed 2 ½ hours to carry out their tasks.

**Where can I find copies of the paperwork used to record student planning and work for the Practical Examination?**

Carbonised sheets are provided, but there are also copies of the relevant sheets in the syllabus. These can be photocopied and handed to the candidates.

**The candidates** will need to complete the following sheets:

Page 1 – Plan of Work

Page 2 – Time Plan

Page 3 – Shopping List

**The examiner** will need to complete the following sheets:

Practical Examination Working Marksheet

Practical Examination Summary Marksheet

**How is the practical assessed?**

Centres offering this course should be able to provide adequate premises and equipment. A qualified and independent practical examiner, who is recognised by CIE, assesses the practical. Education authorities and groups of schools in an area may organise their own system of teacher moderation, but all arrangements must be acceptable to CIE.