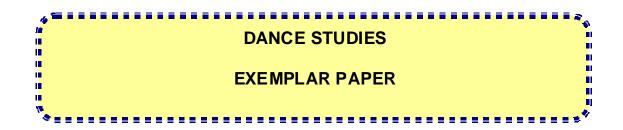


education

Department: Education REPUBLIC OF SOUTH AFRICA

NATIONAL SENIOR CERTIFICATE

GRADE 10



MARKS: 150

TIME: 3 hours

This question paper consists of 9 pages.

141 O E

INSTRUCTIONS AND INFORMATION

- 1. Read ALL the questions carefully.
- 2. Number the answers correctly according to the numbering system used in this question paper.
- 3. Write neatly and legibly.

SECTION A: DANCE HISTORY AND THEORY

QUESTION 1

'All that man has accomplished has been executed by bodily movement.' (H'Doubler)

With this quote in mind, answer the following questions:

1.1	What is <i>dance</i> ? Give your own definition.	(2)
1.2	Why do people dance? Give FIVE reasons.	(5)
1.3	List FIVE different forms of dance.	(5) [12]

QUESTION 2

Many dances are created as part of rituals that mark transformations in our lives, for example religious ceremonies, courting rituals, customs at births and death, themes around life cycles and social relationships.

Select a dance that falls into ONE of these categories. Describe the dance and explain how it relates to transformative rituals. [10]

QUESTION 3

Explain how ONE dance form of your choice was influenced by political and social events and other art forms, in a specific time period. [10]

From the list below, select THREE dance genres, or particular dances from these genres, for example Flamenco, Indlamu, Paso Doblé. (Do NOT select your chosen dance major.)

African dance	Ballet	Contemporary dance
Jazz	Folk	Greek
Indian	Ballroom	Latin American
Spanish	Тар	

Answer the following questions in table form as indicated below:

- 4.1 4.1.1 Indicate the THREE genres you have selected.
 - 4.1.2 How would you recognise the dance forms? (3 x 2) (6)
- 4.2 What kind of music or accompaniment is used? (3 x 2) (6)

Indicate the THREE genres you have selected.	How would you recognise the dance forms?	What kind of music or accompaniment is used?
4.1.1		
4.1.2		
4.2		

[12]

QUESTION 5

In your major dance form, list and explain FIVE principles or characteristics that underpin the dance technique.

[10]

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Of the two dance performances you have seen this year (whether live or on video/ DVD/TV), supply the following information:

	Work Number 1	
Title of the work/company/performance		(1)
Where you viewed it?		(1)
Describe the accompaniment		(1)
Short synopsis		(3)

Title of the work/company/performance	Work Number 2	(1)
Where you viewed it		(1)
Describe the accompaniment		(1)
Short synopsis		(3)
		[12]

Answer either QUESTION 7 or QUESTION 8.

QUESTION 7

Name ONE indigenous dance form and describe the costumes and the musical accompaniment.

OR

QUESTION 8

Name FOUR design elements that need to be considered when improvising and composing a dance.

[4]

[4]

TOTAL SECTION A: 70

(4)

SECTION B: MUSIC

QUESTION 9

- 9.1 Draw the following musical notes:
 - 9.1.1 Semi-breve
 - 9.1.2 Minim
 - 9.1.3 Crotchet
 - 9.1.4 Quaver
- 9.2 In your own style of graphic notation, draw TWO different four-beat bars. (2)
- 9.3 Fill in the time signatures for the following bars:
 - 9.3.1



9.3.2



10.1	Name Fl	VE different musical styles/genres.	(5)
10.2	During th	is year, you have been exposed to a variety of dance music.	
		otes about ONE of the music genres that you have named in ON 10.1. Write the name of your choice and include the following in wer:	
	10.2.1	Social or cultural background	(2)
	10.2.2	Related dance(s)	(1)
	10.2.3	Describe the unique features in TWO sentences	(4) [12]
		TOTAL SECTION B:	20

SECTION C: ANATOMY AND HEALTH CARE

QUESTION 11

Match the anatomical names of bones in COLUMN A with the appropriate common names of bones in COLUMN B. Copy the table in your ANSWER BOOK and complete it.

	COLUMN A	COLUMN B	Select an answer for COLUMN B
	ANATOMICAL NAMES OF BONES	COMMON NAMES OF BONES	from the list
11.1	Vertebral column		
11.2	Sternum		ankle-bone; heel-
11.3	Clavicle		bone; thigh bone;
11.4	Scapula		sit bones; spine;
11.5	Humerus		breastbone; collar-
11.6	Femur		bone; shin bone;
11.7	Patella		kneecap; arm bone;
11.8	Tibia		shoulder blade; hip
11.9	Tarsus		bones
11.10	lschium		

[10]

12.1	Name the FOUR curves of the spinal cord and give FOUR of the functions of the spine.		
12.2	Give ONE	example of each of the following types of bones:	
	12.2.1	Long bones	
	12.2.2	Short bones	
	12.2.3	Flat bones	
	12.2.4	Irregular bones	
	12.2.5	Sesamoid bones	(5) [13]
QUESTI	ON 13		
13.1	Give ONE	example of a hinge joint.	(1)
13.2	Give ONE	example of a ball and socket joint.	(1)
13.3	Describe ł	now each joint moves and the difference between them.	(3) [5]
QUESTI	ON 14		
Bulimia i	s an eating	disorder that sometimes occurs in dancers.	
Explain t	he followin	g in full sentences:	
14.1	The symp	toms of this eating disorder	(5)
14.2	The ways	this disorder can be prevented	(2)

8 NSC

14.3The care of a person suffering from this disorder(3)[10]

15.1	Why is it important for a dancer to follow a balanced diet?	(4)
15.2	What should be included in a balanced diet daily?	(6) [10]

QUESTION 16

Explain the following concepts as they relate to dancers and also give examples:

16.1	A positive body image	(4)
16.2	Peer pressure	(4)
16.3	Stereotyping	(4) [12]

- TOTAL SECTION C: 60
 - GRAND TOTAL: 150