



education

Department:
Education
REPUBLIC OF SOUTH AFRICA

**NATIONAL
SENIOR CERTIFICATE**

GRADE 10

**DANCE STUDIES
EXEMPLAR PAPER**

MARKS: 150

TIME: 3 hours

This question paper consists of 9 pages.

141 0 E

INSTRUCTIONS AND INFORMATION

1. Read ALL the questions carefully.
2. Number the answers correctly according to the numbering system used in this question paper.
3. Write neatly and legibly.

SECTION A: DANCE HISTORY AND THEORY**QUESTION 1**

'All that man has accomplished has been executed by bodily movement.' (H'Doubler)

With this quote in mind, answer the following questions:

- 1.1 What is *dance*? Give your own definition. (2)
- 1.2 Why do people dance? Give FIVE reasons. (5)
- 1.3 List FIVE different forms of dance. (5)
- [12]**

QUESTION 2

Many dances are created as part of rituals that mark transformations in our lives, for example religious ceremonies, courting rituals, customs at births and death, themes around life cycles and social relationships.

Select a dance that falls into ONE of these categories. Describe the dance and explain how it relates to transformative rituals.

[10]

QUESTION 3

Explain how ONE dance form of your choice was influenced by political and social events and other art forms, in a specific time period.

[10]

QUESTION 6

Of the two dance performances you have seen this year (whether live or on video/ DVD/TV), supply the following information:

Work Number 1		
Title of the work/company/performance		(1)
Where you viewed it?		(1)
Describe the accompaniment		(1)
Short synopsis		(3)

Work Number 2		
Title of the work/company/performance		(1)
Where you viewed it		(1)
Describe the accompaniment		(1)
Short synopsis		(3)

[12]

Answer either QUESTION 7 or QUESTION 8.

QUESTION 7

Name ONE indigenous dance form and describe the costumes and the musical accompaniment.

[4]

OR

QUESTION 8

Name FOUR design elements that need to be considered when improvising and composing a dance.

[4]

TOTAL SECTION A: 70

SECTION B: MUSIC

QUESTION 9

9.1 Draw the following musical notes:

9.1.1 Semi-breve

9.1.2 Minim

9.1.3 Crotchet

9.1.4 Quaver

(4)

9.2 In your own style of graphic notation, draw TWO different four-beat bars.

(2)

9.3 Fill in the time signatures for the following bars:

9.3.1



(1)

9.3.2



(1)
[8]

QUESTION 10

10.1 Name FIVE different musical styles/genres. (5)

10.2 During this year, you have been exposed to a variety of dance music.

Write notes about ONE of the music genres that you have named in QUESTION 10.1. Write the name of your choice and include the following in your answer:

10.2.1 Social or cultural background (2)

10.2.2 Related dance(s) (1)

10.2.3 Describe the unique features in TWO sentences (4)

[12]

TOTAL SECTION B: 20

SECTION C: ANATOMY AND HEALTH CARE

QUESTION 11

Match the anatomical names of bones in COLUMN A with the appropriate common names of bones in COLUMN B. Copy the table in your ANSWER BOOK and complete it.

	COLUMN A	COLUMN B	Select an answer for COLUMN B from the list
	ANATOMICAL NAMES OF BONES	COMMON NAMES OF BONES	
11.1	Vertebral column		ankle-bone; heel-bone; thigh bone; sit bones; spine; breastbone; collar-bone; shin bone; kneecap; arm bone; shoulder blade; hip bones
11.2	Sternum		
11.3	Clavicle		
11.4	Scapula		
11.5	Humerus		
11.6	Femur		
11.7	Patella		
11.8	Tibia		
11.9	Tarsus		
11.10	Ischium		

[10]

QUESTION 12

- 12.1 Name the FOUR curves of the spinal cord and give FOUR of the functions of the spine. (8)
- 12.2 Give ONE example of each of the following types of bones:
- 12.2.1 Long bones
 - 12.2.2 Short bones
 - 12.2.3 Flat bones
 - 12.2.4 Irregular bones
 - 12.2.5 Sesamoid bones (5)
- [13]**

QUESTION 13

- 13.1 Give ONE example of a hinge joint. (1)
- 13.2 Give ONE example of a ball and socket joint. (1)
- 13.3 Describe how each joint moves and the difference between them. (3)
- [5]**

QUESTION 14

Bulimia is an eating disorder that sometimes occurs in dancers.

Explain the following in full sentences:

- 14.1 The symptoms of this eating disorder (5)
- 14.2 The ways this disorder can be prevented (2)
- 14.3 The care of a person suffering from this disorder (3)
- [10]**

QUESTION 15

- 15.1 Why is it important for a dancer to follow a balanced diet? (4)
 - 15.2 What should be included in a balanced diet daily? (6)
- [10]**

QUESTION 16

Explain the following concepts as they relate to dancers and also give examples:

- 16.1 A positive body image (4)
 - 16.2 Peer pressure (4)
 - 16.3 Stereotyping (4)
- [12]**

TOTAL SECTION C: 60

GRAND TOTAL: 150