

JUNIOR LYCEUM ANNUAL EXAMINATIONS 2006

Educational Assessment Unit - Education Division

FORM 1

HOME ECONOMICS

TIME: 1h 30min

NAME: _____

CLASS: _____

Answer all questions.

1. a) Look carefully at the list of foods below.

butter	wholemeal bread	margarine	potatoes
steak	cream	cheese	bacon
honey	brown rice	pulses	eggs
muesli	nuts	strawberries	chocolate
milk	carrots		

Write down the foods under the correct column.

Eat Most Group	Eat Moderately Group	Eat Least Group
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____
• _____	• _____	• _____

(9 marks)

- b) We are being advised to eat less sugar, fat and salt. Suggest how you can do this when preparing family meals.

i) **Eat less Sugar**

- _____
- _____

ii) **Eat less Fat**

- _____
- _____

iii) **Eat less Salt**

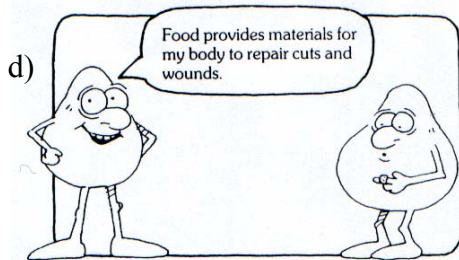
- _____
- _____

(2, 2, 2 marks)

- c) Eating too much sugar, fat, and salt can cause:

Too much Sugar	Too much Fat	Too much Salt
• _____	• _____	• _____
• _____	• _____	• _____

(2, 2, 2 marks)



d)

Suggest **three** other uses of food in the body.

i) _____

ii) _____

iii) _____

(3 marks)

2. a) Use the pictures below to write down the correct names of the equipment in the grid.
(Number 2 has been done for you.)

1

2

3

4

5

6

7

8

9

10

11

M
E
A
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G
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O
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S

(10 marks)

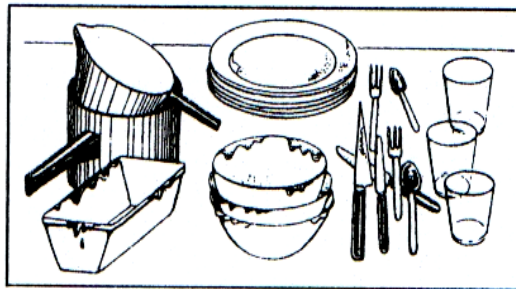
- b) Below are the names of four small pieces of equipment used for preparing food. Give **one** example to show the use of each piece of equipment. Also give the name of a different dish that could be made by using the equipment.

Utensil	Example of Use	Name of Dish
grater	• _____ _____	• _____ _____
sieve	• _____ _____	• _____ _____
wooden spoon	• _____ _____	• _____ _____
milk pan	• _____ _____	• _____ _____

(4, 4 marks)

3. Most families wash up dirty dishes at least twice a day.

- a) List the correct order you would follow to wash the equipment shown in the diagram below.



(i) _____

(ii) _____

(iii) _____

(iv) _____

(v) _____ (5 marks)

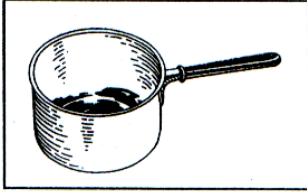
- b) Write down **three** things you would do before you start to do the washing up.

• _____

• _____

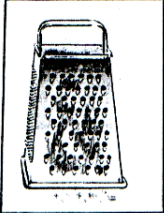
• _____ (3 marks)

c) How would you clean the following?



- _____
- _____

(i) a burnt saucepan

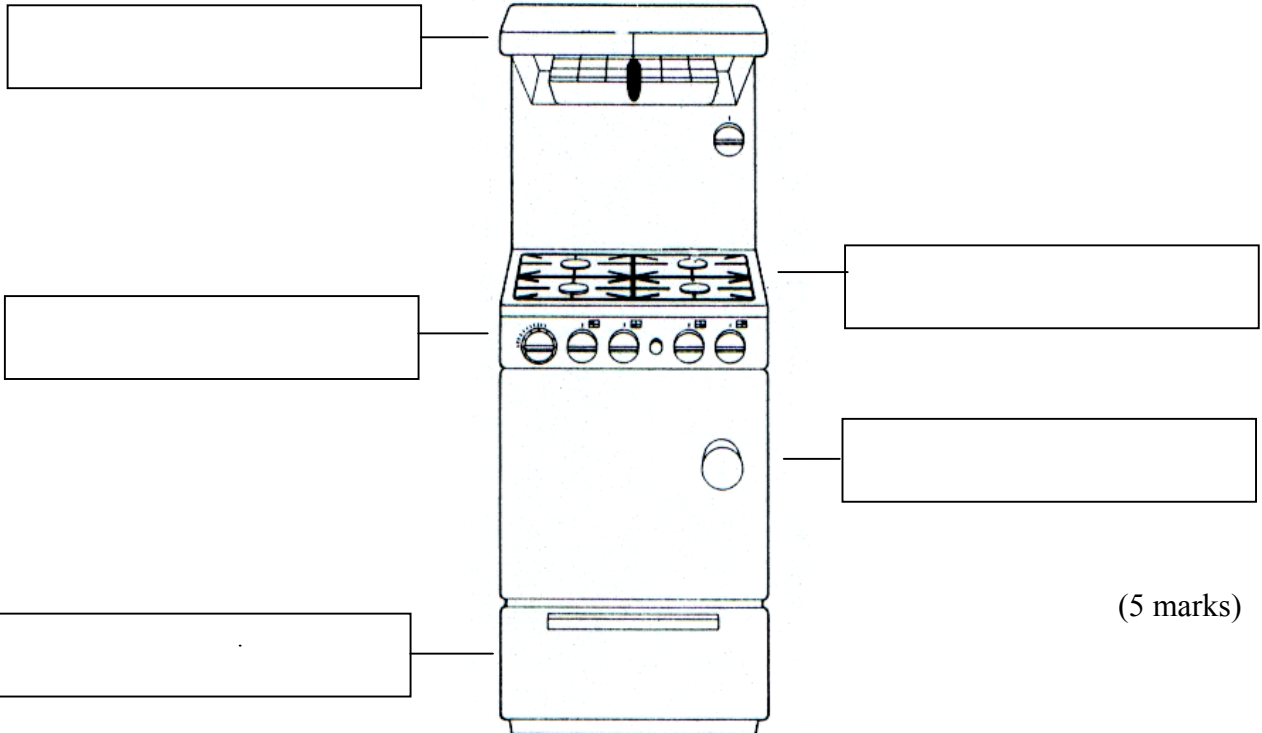


- _____
- _____

(ii) a dirty grater

(2, 2 marks)

4. a) Name the marked parts of the gas cooker shown below.



(5 marks)

b) Suggest **two** dishes which could be cooked on **two** different parts of the cooker.

Name of Cooker Part: _____ **Name of Cooker Part:** _____

Dish (i): _____ **Dish (i):** _____

Dish (ii): _____ **Dish (ii):** _____

(2, 2 marks)

c) Write down **three** safety rules you would follow when using a gas cooker.

(i) _____

(ii) _____

(iii) _____ (3 marks)

d) Why is it dangerous to use a damp tea-towel instead of oven gloves when removing hot food from the oven?

_____ (1 mark)

5. a) Look carefully at the picture below and identify (*find*) **six** possible dangers for a four-year-old child. Suggest how these accidents can be prevented.



Possible Danger	Prevention
• _____	• _____
• _____	• _____
• _____	• _____
• _____	• _____
• _____	• _____
• _____	• _____

(3, 6 marks)

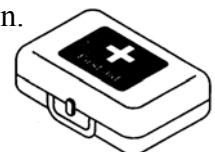
b) Also from the picture, identify **three** unhygienic (lack of cleanliness) practices.

- (i) _____
- (ii) _____
- (iii) _____

(3 marks)

c) (i) List **six** items that should be included in the first aid box in your kitchen.

- (i) _____ (iv) _____
- (ii) _____ (v) _____
- (iii) _____ (vi) _____



(3 marks)

(ii) Choose **three** of the items you have listed in (i) and explain their use.

Item	Use
-------------	------------

- _____
- _____
- _____
- _____
- _____
- _____

(3 marks)

d) While preparing some custard, you burn your finger accidentally. What would you do to treat the burn?

- _____
- _____

(2 marks)

6. a) People can live in different types of families. Fill in the blanks in the situations below by identifying the correct type of family for each situation.

(i) Chloe lives with her brother, mother, father and grandparents; she lives in an _____ family.

(ii) Steve lives with his father; he lives in a _____ family.

(iii) Sam and Bridget live with both their parents; they live in a _____ family.

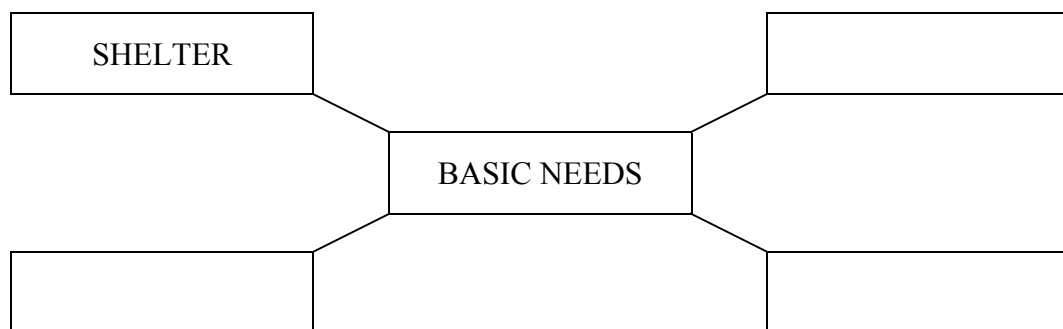
(iv) Jasmine is living for some time with the Borg family; she lives in a _____ family.

(v) Tracy and Joshua were born in Romania, but they are now the children of Mr and Mrs Azzopardi, they live in an _____ family.

(5 marks)

b) Families must provide for the basic needs of their family members.

(i) Name **three** basic needs of family members.



(3 marks)

(ii) Suggest how these **three** needs can be provided by the family.

- _____
- _____
- _____

(3 marks)

c) List activities which the parents of two young children can organise to help build a strong relationship within their family.

- _____
- _____ (2 marks)