

## Coimisiún na Scrúduithe Stáit State Examinations Commission

## Leaving Certificate Applied 2007

# Vocational Specialism – Hair and Beauty

(240 marks)

Tuesday 12 June Morning 11.30 to 1.00

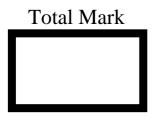
#### Directions to Candidates

1. Write your EXAMINATION NUMBER in this space:

WRITE ALL ANSWERS INTO THIS ANSWER BOOK.

- 3. Candidates must attempt **FOUR** questions. One question from **each** of the four sections.
- 4. Each question carries 60 marks.

For the Superintendent only	For the Examiner only
Centre Stamp	1. Total of end of page totals
	Aggregate total of all disallowed questions
	3. Total mark awarded (1 minus 2)
	4. Bonus mark for answering through Irish (if applicable)
	5. Total mark awarded if Irish Bonus (3 plus 4)
	Note: The mark in row 3 (or row 5 if an Irish bonus is awarded) must correspond with the mark in the <b>Total Mark</b> box on the flap grid <b>and</b> on the front of the answer book



Credit

MARKING SCHEME &
SAMPLE ANSWERS

## Section 1 – Salon and Customer Care

(Attempt Question 1 or Question 2 from this section, each question carries 60 marks)

<b>1.</b> (a)	What are the benefits of using an appointment system in a hairdressing salon? (8 marks)  2 points @ 4 marks each				
	*It makes the best use of a stylist's time				
	*It keeps order in a salon and helps it to run efficiently				
	*Clients can plan ahead				
(b)	Explain the differences between <u>each</u> of the following types of appointment systems: (16 marks)				
	2 points @ 4 marks				
	Manual appointment system  *Appointments are hand written into an appointment book				
	*Appointments are written in pencil so that they can be altered or removed easily				
	*The name of the client and the service they require is inserted in the stylists column				
	at the requested time and date.				
	2 points @ 4 marks				
	Computerised appointment system				
	*Appointments are entered into a special software package on the computer.				
	*Other information such as client record cards can also be stored				
	*Information can be inputted and retrieved quickly				
(c)	State <u>two</u> advantages of giving an <i>appointment card</i> to a client when they make an appointment. 2 advantages @ 4 marks each (8 marks)				
	st It reminds the client of the time and date of their next appointment $1.$				
	*The client has the salon details in case he/she needs to change or cancel the				
	appointment 2.				
	* A client can pass on the tel no of the salon to a prospective client e.g. a colleague				

Describe the procedure that a receptionist should follow when taking a booking for a hair appointment over the telephone. (12 marks 4 points @ 3 marks each
*State the name of the salon
*Greet the client
*Identify yourself
*Ask client if they have a preference for a particular stylist
*Find out the date and the preferred time
*Find out the type of service required
*Record the clients name, service requirements and tel no in the stylists column
*Thank client by name for making the appointment
Describe the steps that a receptionist should take when dealing with <b>each</b> of the following situations:
A client on the telephone who wishes to cancel their hair appointment. (8 marks)
2 points @ 4 marks
*Thank client for notifying the salon
*Remove appointment from the appointment book or system
*Ask if the client would like to make an alternative appointment
*If yes record the new appointment
*Thank client again
A client who requests an appointment with their hairdresser for a particular date and time. However, the hairdresser is already booked to do another client's hair. (8 marks)  4 points @ 2 marks
*Apologise and explain that the stylist is already book at the time requested
*Offer three possible alternatives to the client -
*Offer (if available) an appointment at another time in the day with the stylist
*Offer (if available) an appointment with a different stylist at the time requested
*Offer to call the client if there is a cancellation

*Dealing with small incidents qu	nietly and calmly	
*Making a patient comfortable (	until the arrival of the medical service	
List the items that should be in a f 6 items @ 2 marks each	first-aid box in the workplace. (12 ch (Only items below acceptable-HSA guideline	marks)
*Adhesive plasters	*Sterile eye wash	
*Triangular bandage		
*Safety pins		
*Sterile wound dressing		
*Antiseptic wipes		
*Latex gloves		
*Scissors		
Why should the contents of a first 2 reasons @ 4	<u> </u>	marks)
*Used items need to be replace	ed	
*So that the items required for needed	r basic first-aid procedures are always to hand w	hen
*Items may have been used with first-aid box	hout the knowledge of the person responsible for	the
	<u> </u>	marks)
Suitable place to store first-aid bo	• ,	
Reason *Clearly visible to everyone	1 x reason @ 4 marks	
*Easy access when needed		

(4 marks)

**2.** (a)

What is *first-aid*?

List <u>four</u> factors	that may contribute to a hair 4 factors @ 3 mar	rdresser feeling faint in the works each	orkplace. (12 marks)
*Lack of air ir	the salon	*Heat	(,
*Hunger		*Tiredness	
*Standing in o	ne position too long	*Fright	
*Pregnancy			
Describe the first	t-aid treatment for <u>each</u> of the	ne following:	
A hairdresser wh		marks each	(8 marks)
*Position pers	on with their head between t	heir knees	
*Loosen tight	clothing		
*Bring person	out into the fresh air		
A hairdresser wh	o has received a <i>minor cut</i> f	rom a hairdressing scissors	(8 marks)
	2 @ 4 mark	<del>-</del>	
* Wash hands			
*Wash cut			
*Apply pressu	re to stop bleeding		
*Apply antibac	cterial cream / ointment		
* Cover with a	nlaster		

### Section 2 – Haircare

### (Attempt Question 3 or Question 4 from this section, each question carries 60 marks)

		<b>@ 3 marks each</b> (12 marks ds which type of colour is to be applied e.g. grow out, wash
	out etc.	as which type of colour is to be applied e.g. g. on car, wash
	1	*A skin test is carried out
	1. *Texture of hair	*Clients requirements
	2. *Porosity of hair	*Clients base colour
	3. *Skin tone 4.	*Amount of grey/white present
	*Amount of time client has *Client is aware of the char	
(b)	Outline <b>two</b> advantages and <b>t</b>	wo disadvantages of using hair colour. (16 marks)
	Advantages 2 @	4 marks each
	*Many types of colour avail	able - permanent, semi permanent etc.
	*Colour can cover grey hair	
	*Fashionable and fun 2.	
	*Can be changed easily	
	Disadvantages 2 @	4 marks each
	*Can be costly if done in a s	salon
		colour - maintenance - roots need redoing
	*Colours can go wrong	
	*Can affect the condition o	f the hair
(c)	Describe how to protect a clie	ent's skin and clothes before carrying out a colour service. (8 marks)
	Skin	1 @ 2 marks
	*Protective barrier cream sho	uld be applied around the hairline
	Clothes	1 @ 6 marks

<sup>\*</sup>Towel, plastic cape or tissues should be tucked in around neck

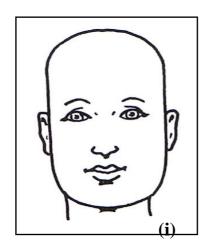
(d)	<i>Temporary hair colour</i> washes out of hair the first time it is shampooed. Identify <b>two</b> different types of temporary hair colour and explain how <b>each</b> is applied.
	2 types @ 6 marks each e.g. Mousse, setting lotion, shampoo, hairspray
	1. Type of temporary hair colour 1 @ 2 markse.g. Coloured Mousse
	How it is applied 2 @ 2 marks each
	*Shake container. *Squeeze nozzle.
	*Apply with gloved hand to towel dried hair. *Spread over hair with fingertips.
	<ol> <li>Type of temporary hair colour 1 @ 2 markse.g. Coloured Setting Lotion</li> <li>How it is applied 2 @ 2 marks each</li> </ol>
	*Sprinkle from the bottle on towel dried hair.
	*Work in or apply with a brush and bowl
(e)	Why is it important to ensure that a client's record card is updated immediately after their colour service?  2 @ 6 marks each (12)
	*So that the stylist knows what colour to use the next time
	*To record an allergic reaction
	*To record clients response to colour - feedback from client *To record date when colour service was carried out

4	(a)	What is the purpose of carrying out a <i>client consultation</i> in a hairdressing salon? (4 marks)
		2 points @ 2 marks each
		*To discuss the needs/wishes of the client
		*To identify the condition of the clients hair
		*To agree the hairstyle/service to be carried out
	(b)	List <u>two</u> tools / aids that a hairdresser might use during a client consultation. (4 marks)  2 @ 2 marks each
		*Comb *Brush 1.
		*Style book *Mirror
	(c)	Suggest how a hairdresser might ensure the <i>comfort</i> and <i>privacy</i> of a client during a consultation. (12 marks)
		4 @ 3 marks each
		*Offer a tea or coffee *Don't leave client card lying around for others to read
		*Word questions and answers diplomatically * Speak quietly
		*Sit with the client at their level *Move to a quiet area if necessary
		* Listen attentively
		*Make eye contact
	(d)	Identify <b>four</b> relevant questions that a hairdresser should ask a client during a consultation.
		4 relevant questions @ 4 marks each (16 marks)
		*Do you have a particular hairstyle in mind?  1
		*Have you seen anything in the style book that you like?
		*Is the hairstyle for a special occasion?
		2*How do you find the condition of your hair?
		*Do you want to keep the length?
		3. *Do you need to be able to tie back your hair? for job? for sport?
		*How well can you manage your hair yourself?
		4

(e)	Name <u>each</u> of the following face shapes <u>and</u> describe a suitable hairstyle for <u>each</u> .
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(24 marks)

marks

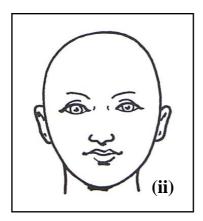


- 1 @ 2 marks \*Oblong
  (i) Name of face shape \_\_\_\_\_
- (1) I turne of face snap

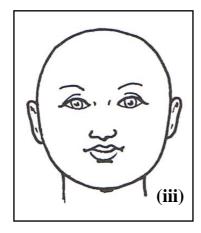
Suitable hairstyle

1@4

- \*Short wider hairstyle.
- \*Dressed around the sides of the face
- \*Low side parting will also help to make the face wider



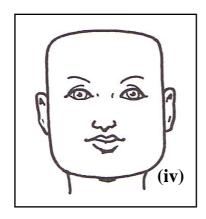
- 1 @ 2 marks \*Oval
  (ii) Name of face shape
- Suitable hairstyle 1 @ 4 marks
- \*Suits any hairstyle



- 1 @ 2 marks \*Round
- (iii) Name of face shape \_\_\_\_\_

Suitable hairstyle 1 @ 4 marks

\*A style with height to reduce the width of the face
\*A centre parting will also help to reduce the width
of the face



- 1 @ 2 marks \*Square (iv) Name of face shape
- Suitable hairstyle 1 @ 4 marks

\*A style with a round shape

\*wisps of hair on the face

\_\_\_\_\_

## Section 3 – Beautycare

### (Attempt Question 5 or Question 6 from this section, each question carries 60 marks)

(a)	Explain the main differences between an <i>eyebrow trim</i> and an <i>eyebrow reshape</i> . (12 marks)
	1 point @ 6 marks
	Eyebrow trim *Involves removing a few stray hairs
	*to maintain existing shape
	1 point @ 6 marks
	Eyebrow reshape *More eyebrow hairs are removed
	*to create a new eyebrow shape
(b)	Name <u>and</u> describe <u>two</u> different methods that are used to remove hair from the eyebrows. (12 marks)
	1. Name of method 1 @ 2 marks e.g. Plucking
	Description 2 @ 2 marks each *A tweezers is used
	*to remove eyebrow hairs one by one from the root.
	2. Name of method 1 @ 2 marks e.g. Waxing
	Description 2@2 marks each *A thin layer of wax is applied to the area where hairs need to be removed from
	*When the wax is pulled away quickly the hairs are removed with the wax
(c)	Outline <u>three</u> factors that should be considered <i>before</i> reshaping the eyebrows.  (9 marks)
	3 factors @ 3 marks each
	*The desired finished shape
	*The shape that would best suit the face
	*The position of the eyes
	*The method to be used

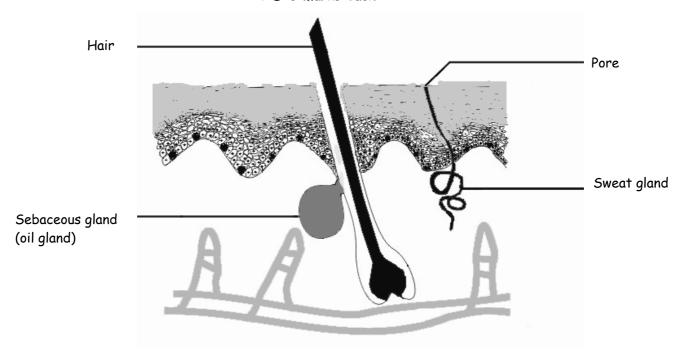
5 @ 2 marks each	TRUE	FALSE
Eyebrow hairs should be removed in the direction of the hair growth.	<b>√</b>	
Most of the eyebrow hairs are removed from above the eyebrow line.		<b>✓</b>
A scissors is a suitable tool to use when reshaping the eyebrow.		✓
Eyebrow shaping cannot take place in a salon if a client has an eye infection.	✓	
It is common to react by sneezing when having your eyebrows trimmed.	✓	

What factors	would you consider when purchasing a pair of tweezers?  3 @ 3 marks each	(9 marks)
*Type e.g. aut	tomatic or manual	
*Shape of en	nds e.g. straight or slanted	
* Ends that m	neet well so that they will grasp the hairs	
* Cost		
What <i>afterca</i>	are advice would you give to a client following an eyebrow re	eshape? (8 marks)
	• •	-
*Refrain f	2 @ 4 marks each	-

**6.** (a) Label the diagram of the *skin* below to indicate the position of <u>each</u> of the following:

pore; sweat gland; hair; sebaceous gland (oil gland). (12 marks)

#### 4@3 marks each



(b) List  $\underline{\mathbf{four}}$  functions of the skin. 4 @ 3 marks each (12 marks)

\*Protection from harmful substances and conditions

- 1. \*Heat regulation \*Excretion of waste products
  2. \*Warning e.g. redness, irritation \*Moisture control
  3. \*\*Control \*\*Control
- \*Sensitivity e.g. feelings touch, pressure, pain, heat, cold
  4. \_\_\_\_\_
- \*Nutrition e.g. fat storage, production of Vitamin D
- (c) Tick  $(\checkmark)$  whether <u>each</u> of the following statements is true <u>or</u> false. (8 marks)

4 @ 2 marks each	TRUE	FALSE
The skin reflects a person's general health, diet and lifestyle.	✓	
The skin is thickest on the eyelids.		<b>✓</b>
A complete surface layer of skin is shed approximately every 5 days.	✓	
The skin is the smallest organ of the body.		<b>√</b>

(d) Using the information in the table below, match <u>each</u> skin type with the correct description. Record the answers in the spaces provided. (12 marks)

#### 4@3 marks each

SKIN TYPE		DESCRIPTION
NORMAL	(a)	The skin is partly oily and partly dry. The oily parts are usually found on the chin, nose and forehead.
DRY	(b)	The skin is balanced. It is neither too dry or too oily. It is free from blemishes and spots, and looks healthy.
GREASY	(c)	The skin lacks sebum or moisture. It may be rough in texture and inclined to flake.
COMBINATION	(d)	The skin is shiny due to excess sebum. It is prone to spots. The pores are enlarged and moisture content is high.

NORMAL	GREASY	
DRY	COMBINATION	

(e)	Discuss the possible effects of puberty on facial skin.	(8 marks)
	2 points @ 4 marks each	
	- <del></del>	

\*Hormones are very active

(f) Describe how the face should be cared for during puberty. (8 marks)

2 points @ 4 marks each

\*Wash twice a day with warm water and cleaner /soap specially for acne or oily sin

\*Don't pop spots as this leads to more swelling, redness and scarring

\*Avoid touching face as this can spread infection

\*Keep hair clean and out of face to prevent adding additional oil to the face and clogging Pores

<sup>\*</sup>Causing skin to become more oily

<sup>\*</sup>Blemishes often appear e.g. blackheads and spots

<sup>\*</sup>Can lead to acne

## Section 4 - Bodycare

### (Attempt Question 7 or Question 8 from this section, each question carries 60 marks)

• (a)	Why is a high standard of <i>personal hy</i> <b>3 points ©</b>	egiene important?  4 marks each	(12 marks)
	*To avoid unpleasant odours		
	*Unpleasant for others working in close	e proximity if you don't smell fi	resh
	*To avoid transfer of germs and infect	tion to others	
	*To give you confidence /feel good fac	tor	
(b)	Explain the differences between batha	ing <u>and</u> showering. 2 <b>@ 3 marks</b>	(12 marks)
	Bathing*Relaxing	*Good for soothing aches a	nd naine
			· 
	*Uses a lot of water - more expensive	to heat the water for a bath tl	han a shower
	*Usually takes more time to have a bat	h	
	*Can be more drying on the skin		
	Showering	2 @ 3 marks	
	*Uses less water than bath		
	*Quick		
	*Easier to get in and out of a shower t	han a bath	
	*Refreshing		
(c)	Give examples of personal hygiene ite	·	nd to a teenager. (8 marks)
	e.g. *Toothbrush	8 @ 1 mark each *Shampoo	
	e.g. *Toothbrush 1		
	*Toothpaste 2.	*Shaving foo	am/gel
	*Deodorant	6*Razor	
	3. *Shower gel	7*Hair brush	
	4. *Sanitary towels/tampons	8etc.	

(d) Identify **four** factors that could contribute to underarm odour.

4	@	3	marks	each
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1.			
	*Not bathing/showering regularly		
2.	3 3 3 ,		
	*Not using a deodorant	*Wearing fabrics that don't breath	
3.			
	*Not changing clothes regularly	*Not laundering clothes regularly	

(e) Name <u>and</u> state the purpose of <u>each</u> of the following bathroom items, tools / equipment.
(16 marks)



Name Name @ 2 marks
\*Adjustable Mirror

Purpose 1 @ 2 marks

\* Mirror that can be used for close-up work e.g. shaving & eyebrow trimming

(12 marks)

\*Mirror can be pulled closer or tilted for easier viewing



Name Name @ 2 marks
\*Nail brush

Purpose 1 @ 2 marks
\*Used to clean underneath the nails



Name Name @ 2 marks \*loofah

Purpose 1 @ 2 marks
\*Used to exfoliate the body / massage away dead skin



Name Name @ 2 marks \*Foot pumice

Purpose 1 @ 2 marks
\*Used to remove dead skin from feet

<b>8.</b> (a)	What is <i>posture</i> ?	1 @ 4 marks	(4 marks)
	*It is how you hol	d yourself when you stand, sit, or walk	
(b)	List <b>three</b> reasons why	good posture is important. 3 @ 4 marks each	(12 marks)
	1. *Prevents muscle fa	tigue and stiff joints	
	*It improves appear		
	*Enables you to wor	rk longer without becoming tired	
	3		
(c)	Identify <u>three</u> factors t  *Improper shoes -hi 1.		(12 marks)
		at incorrect height/position	
	*Obesity 2 *Osteoporosis		
	*Sitting in the same	position for too long e.g. at a computer	
(d)	Describe the correct state for long periods.	anding position for an employee whose work involv	es standing (12 marks)
	*Stand straight - avoid		
	*Shoulders slightly bac	·	
	*Feet slightly apart	*Toes pointing forwards	
	*Bottom in	*Avoid standing on one foot	

(e) Describe the correct *sitting* position for a person whose work involves sitting at a computer desk all day. (12 marks)

#### 2 @ 6 marks each

*Lower back pressed against chair back	*Weight distributed evenly along thighs
*Chest up	*Shoulders back
*Feet together flat on floor	
*Do not sit on edge of seat	
*Do not slouch	

(f) Tick  $(\checkmark)$  whether <u>each</u> of the following statements is true <u>or</u> false. (8 marks)

4 @ 2 marks each	TRUE	FALSE
A person's risk of developing osteoporosis decreases with age.		<b>✓</b>
Broken bones are the most common problem for people with osteoporosis.	✓	
There is a higher risk of developing osteoporosis if there is a history of it in your family.	<b>√</b>	
Too much calcium in the diet can lead to osteoporosis.		<b>✓</b>

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	Question	Mark
	1	
	2	
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	7	
	8	
	Total Mark	