

# Coimisiún na Scrúduithe Stáit State Examinations Commission 

## Junior Certificate 2015

Marking Scheme

## Home Economics

Ordinary Level

## Note to teachers and students on the use of published marking schemes

Marking schemes published by the State Examinations Commission are not intended to be standalone documents. They are an essential resource for examiners who receive training in the correct interpretation and application of the scheme. This training involves, among other things, marking samples of student work and discussing the marks awarded, so as to clarify the correct application of the scheme. The work of examiners is subsequently monitored by Advising Examiners to ensure consistent and accurate application of the marking scheme. This process is overseen by the Chief Examiner, usually assisted by a Chief Advising Examiner. The Chief Examiner is the final authority regarding whether or not the marking scheme has been correctly applied to any piece of candidate work.
Marking schemes are working documents. While a draft marking scheme is prepared in advance of the examination, the scheme is not finalised until examiners have applied it to candidates' work and the feedback from all examiners has been collated and considered in light of the full range of responses of candidates, the overall level of difficulty of the examination and the need to maintain consistency in standards from year to year. This published document contains the finalised scheme, as it was applied to all candidates' work.
In the case of marking schemes that include model solutions or answers, it should be noted that these are not intended to be exhaustive. Variations and alternatives may also be acceptable. Examiners must consider all answers on their merits, and will have consulted with their Advising Examiners when in doubt.

## Future Marking Schemes

Assumptions about future marking schemes on the basis of past schemes should be avoided. While the underlying assessment principles remain the same, the details of the marking of a particular type of question may change in the context of the contribution of that question to the overall examination in a given year. The Chief Examiner in any given year has the responsibility to determine how best to ensure the fair and accurate assessment of candidates' work and to ensure consistency in the standard of the assessment from year to year. Accordingly, aspects of the structure, detail and application of the marking scheme for a particular examination are subject to change from one year to the next without notice.

## SECTION A <br> 80 marks

## Answer 16 (sixteen) of the following questions. All questions carry equal marks.

1. Give two good sources of dietary fibre.
(i) wholemeal bread, brown rice,
(ii) fruit, vegetables, breakfast cereals
2. Name the two classes of vitamins.
(i) water soluble
(ii) fat soluble
3. Suggest one garnish and one accompaniment for soup.

Garnish chopped parsley, herbs, croutons, cream, julienne strips
Accompaniment bread rolls, toast, melba toast, dinner buns
4. Give two rules to follow when storing milk.
(i) store in a refrigerator, check expiry dates,
(ii) store away from strong smelling foods, do not mix milks with different expiry dates,
5. Suggest two different uses for each of the following types of pastry.

| TYPE OF PASTRY | USE |
| :---: | :---: |
| (i) Shortcrust Pastry | (i) $\qquad$ tarts, mince pies <br> (ii) sweet flans, sausage rolls |
| (ii) Cheese Pastry | (i) pizza, quiche, pies <br> (ii) savoury biscuits, cheese straws |

6. Name a consumer need and a consumer want.
(i) Need food, clothing, water, shelter
(ii) Want holidays, designer clothes, jewellery, etc
7. Explain what is meant by the right to redress?

A consumer is entitled to complain if they buy an item that is faulty to get a replacement or a refund or a repair.
$\qquad$
8. What information is given on product labelling?
quality symbol, name and address of manufacturer,
provide advice on how to use product, description of the product,
brand name, etc
9. Name three different methods of advertising.
(i) television/radio
(ii) internet, billboards, carrier bags,
(iii) newspapers/magazines, bus, cinema, etc
10. What information does this symbol convey to the consumer?
flame-resistant mark/
fabric with this symbol will not burn easily

11. Indicate with a tick [ $\checkmark$ ] whether each of the following statements is true or false.

|  | True | False |  |
| :--- | :--- | :---: | :---: |
| (i) | Ovulation is the release of an egg from an ovary. | $\checkmark$ |  |
| (ii) | Fertilisation occurs when a sperm unites with an egg. | $\checkmark$ |  |
| (iii) A human pregnancy usually last for 28 weeks. |  | $\checkmark$ |  |

12. Name two dental health products that can be used to maintain healthy teeth.
(i) fluoride toothpaste, dental floss,
(ii) antiseptic mouthwash, disclosing tablets
13. List three advantages of using leisure time wisely.
(i) to reduce stress, learn new skills
(ii) make new friends,
(iii) alleviate boredom
14. Suggest two types of accommodation suitable for a family.
(i) house, apartment,
(ii) flat, mobile home, caravan
15. Name five items that are necessary in a first aid box.
(i) Plasters
(ii) burn spray/gloves
(iii) bandages
(iv) tweezers / safety pins
(v) scissors
16. Name one warm colour and one cool colour.
(i) warm colour red, orange, purple
(ii) cool colour blue, green
17. What do each of the following fabric care symbols mean?
(i)

(ii)

(i) do not bleach
(ii) tumble dry
18. Suggest a method of removing chewing gum from a cotton shirt.

Freeze and scrape it off
19. Name two types of stitches used when hand stitching.
(i) tacking, running, hemming, backstitching,
(ii) gathering, french knots, tailor tacking, embroidery stitches etc
20. Give two different uses of wool in textiles.
(i) jumpers, scarves, suits
(ii) blankets, carpets

# SECTION B <br> 160 marks 

## Answer 4 (four) questions from this section. All questions carry equal marks.

1. (a) Name three nutrients found in meat and give the function of each nutrient. (6x3)

| NUTRIENT | FUNCTION |
| :--- | :--- |
| (i) protein | (i) growth and repair of body cells |
| (ii) fat | (ii) protects delicate organs |
| (iii) iron $\mid$ | (iii) forms haemoglobin in red cells |

(b) Give two rules to follow when buying meat and two rules to follow when storing meat.

## Buying

(i) buy in a clean reliable shop
(ii) check date stamp, buy meat that suits cooking method

## Storing

(i) store in refrigerator
(ii) store raw and cooked meats separately
(c) List three effects of cooking on meat.
(i) fat melts, protein coagulates,
(ii) destroys bacteria, loss of vitamin $B$
(iii) flavour develops / colour changes
(d) Explain two ways of making meat more tender.
2. (a) Name four factors to consider when planning a family meal.
(i) time / cost
(iii) skill/nutrition
(ii) variety / time of year
(iv) special diets
(b) Plan a three-course dinner menu suitable for a family.

Expect starter, main course, dessert (3x2)
Balanced тепи (4)
(c) Choose the correct word from the following list to complete each of the sentences.
(4x3)

## vegetarians á la carte buffet table d'hôte

(i) A menu with a set price is called a $\qquad$ menu.
(ii) $\qquad$ do not eat meat or fish.
(iii) á la carte $\qquad$ is a menu that has each item priced separately.
(iv) A buffet has foods laid out for people to serve themselves.
(d) Suggest three healthy snacks that could be served between meals.
(i) fruit, smoothies,
(ii) vegetable sticks, healthy cereal bars
(iii) yogurt, nuts, dried fruit, etc
3. (a) Give four reasons why it is important for a family to budget.
(i) make maximum use of income
(ii) financial security, fewer financial worries
(iii) over spending is highlighted, allowance is made for major expenses,
(iv) allows for savings,
(b) Give four considerations that should be included when planning a family budget.
(i) total income
(4x2)
(ii) areas of spending - fixed / irregular
(iii) family situation, allow for savings,
(iv) family needs / wants
(c) List three places in which a family could make regular savings.
(3x2)
(i) Bank, Building Society
(ii) Post Office
(iii) Credit Union,
(d) Name two forms of credit available to a family.
(2x3)
(i) credit card, bank overdraft
(ii) loan, hire purchase,
(e) Give two advantages and two disadvantages of using credit to buy items. (4x3)

## Advantages

(i) can buy larger items, have the use of goods quicker,
(ii) carrying less cash when shopping

## Disadvantages

(i) high interest is charged,
(ii) overspending, debt
4. (a) Name two factors that influence the development of children.
(i) family/heredity
(ii) environment
(b) Give one example of each of the following types of child development. (4x3)

Physical growing body, increase in co-ordination
Intellectual development of memory, speech, reading, writing
Emotional learning to deal with feelings such as anger, fear, joy, love
Social developing relationships / friendships, how to behave in society etc
(c) What is meant by the term adolescence?

A stage of development when a young person changes from a child into an adult,
usually aged $11-18$ years, etc
$\qquad$
(d) Explain two ways conflict can be avoided (i) in the home and (ii) among teenagers.
(i) In the home good communication, not getting aggressive,
discuss problems calmly
(ii) Among teenagers not ignoring the problem, listen,
(e) Explain what is meant by gender stereotyping.

Having a fixed idea about a man or a woman's personality or life
expectations, roles etc
5. (a) Sketch the floor plan of a family room in the space provided below. Include furniture, fixtures and fittings.

## Floor Plan

| Plan $=6$ |
| :--- |
| $F, F$ and $F(3 \times 2)=6$ |
|  |
|  |
|  |
|  |
|  |
|  |

(b) Suggest a suitable heating system for the family room.
(c) Give four guidelines that should be followed in order to maintain a good standard of hygiene in the room.
(i) tidy away clutter,
(ii) sweep floors, wash areas, dust regularly,
(iii) polish, wipe up spills immediately,
(iv) have well lit areas, open windows, etc
(d) Name two suitable cleaning agents for use in this room.
(i) cream cleaner, polish
(ii) window cleaner, multipurpose cleaners,
(e) What information does this symbol give to the consumer?

Product is toxic/ poisonous,

6. (a) Give two functions of soft furnishings in the home.
(i) warmth, adds décor, style, comfort,
(ii) personalise, insulation, soundproofing,
(b) List the points you considered when deciding on the household item you made as part of Textile Studies.
(i) fabric/s to use
(ii) design features
(iii) type of stitches, time,
(iv) cost, equipment available
(c) Name, sketch and describe the household item you have made as part of your Textile Studies.

Name Accept appropriate household item

| Must be labelled | Sketch |
| :--- | :--- |
|  |  |
|  |  |
|  |  |
|  |  |

Description Expect reference to colour, design, decorative features,
stitches used.
(d) Name the fabric/s you used to make the household item.
(e) List four pieces of equipment you used when making the household item. (4x2)
(i) needles, pins,
(ii) scissors
(iii) sewing machine, iron
(iv) measuring tape

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