

EXAM NUMBER

Total Mark



**Coimisiún na Scrúduithe Stáit
State Examinations Commission**

JUNIOR CERTIFICATE EXAMINATION 2012

HOME ECONOMICS

ORDINARY LEVEL

FRIDAY 15 JUNE – AFTERNOON 2.00 – 4.00

Total Marks 240

INSTRUCTIONS TO CANDIDATES

- SECTION A - 80 marks.
Answer 16 (sixteen) questions from Section A.
All questions carry equal marks.
- SECTION B - 160 marks.
Answer 4 (four) questions from Section B.
All questions carry equal marks.
- Answer the questions in the space provided.*

CENTRE STAMP

For examiners use only

QUESTION	MARK
Section A (Total)	
Section B 1	
2	
3	
4	
5	
6	
TOTAL →	
GRADE →	

1. Total of end of page totals	
2. Aggregate total of disallowed Question(s)	
3. Total mark awarded (1 minus 2)	
4. Bonus mark for answering through Irish (if applicable)	
5. Total mark awarded if Irish Bonus (3+4)	
Note: The mark in row 3 (or row 5 if an Irish Bonus is awarded) must equal the mark in the Total Mark box above.	

SECTION A
80 marks

Answer 16 (sixteen) of the following questions. All questions carry equal marks.

1. List **four** healthy eating guidelines.

- (i) _____ (ii) _____
(iii) _____ (iv) _____

2. Name **two** sources of iron in the diet.

- (i) _____ (ii) _____

3. Give **one** example of bread **or** cakes that can be made using **each** of the following methods of bread making.

METHOD	BREAD OR CAKES
(i) Rubbing-in	(i) _____
(ii) Whisking	(ii) _____

4. Name **three** types of milk available in shops.

- (i) _____
(ii) _____
(iii) _____

5. Explain the following terms used in relation to food preparation.

- (i) **batter** _____

(ii) **accompaniment** _____

6. List **three** pieces of information found on a receipt.

(i) _____

(ii) _____

(iii) _____

7. Tick [✓] the correct answer.

(i) Specialist shops usually sell only one type of product.

(ii) Customer loyalty cards gather information about likes and dislikes.

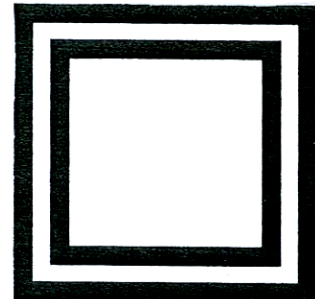
(iii) The national consumer agency provides on-line shopping.

8. Suggest **two** methods of advertising.

(i) _____

(ii) _____

9. What information does this symbol give to the consumer?



10. Select the correct term to complete the following sentences.

own brands unit pricing loss leaders

(i) _____ are goods sold off cheaply in order to attract customers into a shop.

(ii) _____ are used on products that are sold under the particular name of a supermarket.

11. Give the function of **each** of the following hygiene products.

(i) antiperspirant _____

(ii) dental floss _____

12. Tick [✓] whether **each** of the following statements is true **or** false.

	TRUE	FALSE
(i) The skin is an excretory organ.		
(ii) Avoiding high-sugar snacks and drinks can help prevent teeth and gum disease.		
(iii) Peer pressure means having a high self-esteem.		

13. Give **two** possible reasons for stress in a teenager's life.

(i) _____

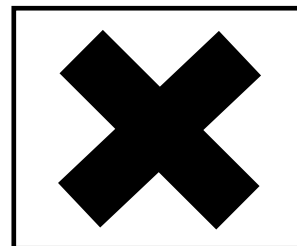
(ii) _____

14. Suggest **two** ways of saving energy in the home.

(i) _____

(ii) _____

15. What information does this symbol give to the consumer?



16. Explain what is meant by water pollution.

17. What factors influence people's choice of clothes?

18. Indicate with a tick [✓] whether **each** of the following statements is true **or** false.

	TRUE	FALSE
(i) Wool is a natural fibre.		
(ii) The selvedge is the edge of fabric that does not fray.		
(iii) An anti-static finish makes fabric flame resistant.		

19. Describe **two** ways in which an old denim jacket could be modernised.

(i) _____

(ii) _____

20. Suggest **one** way of preventing the colour of a garment fading when it is being washed.

SECTION B
160 marks

Answer 4 (four) questions from this section. All questions carry equal marks.

1. Fruit is a nutritious and delicious food.

(a) Suggest **three** reasons why fruit is important in the diet.

(i) _____

(ii) _____

(iii) _____

(b) Suggest a different use for **each** of the fruits listed below:

FRUIT	USES
Oranges	_____
Lemons	_____
Apples	_____
Strawberries	_____
Raisins	_____
Bananas	_____

(c) Give **three** guidelines to be followed when buying fruit.

(i) _____

(ii) _____

(iii) _____

(d) What effect does cooking have on fruit?

2. (a) List **three** reasons why some foods require cooking.

(i) _____

(ii) _____

(iii) _____

(b) Name **two** different foods that can be cooked using **each** of the following cooking methods.

COOKING METHOD	FOOD
(i) Roasting	(i) _____ (ii) _____
(ii) Stewing	(i) _____ (ii) _____
(iii) Boiling	(i) _____ (ii) _____
(iv) Grilling	(i) _____ (ii) _____

(c) Give **two** disadvantages of frying as a method of cooking.

(i) _____

(ii) _____

(d) Why is steaming considered to be a healthy method of cooking vegetables?

(e) Give **three** guidelines to be followed when using a microwave oven.

(i) _____

(ii) _____

(iii) _____

3. A consumer is anyone who buys or uses goods and services.

(a) List **four** points that should be considered when shopping for goods and services.

(i) _____

(ii) _____

(iii) _____

(iv) _____

(b) List **each** of the following under the correct headings:

Rent
Electricity

Cinema
Magazines

Food
Health insurance

Jewellery
Designer fashion

NEEDS	WANTS

(c) Give **two** reasons why packaging is used on goods.

(i) _____

(ii) _____

(d) List the disadvantages of over packaging.

(e) Explain the term *recycle*.

4. (a) List the organs of the female reproductive system.

1. _____ 2. _____
3. _____ 4. _____

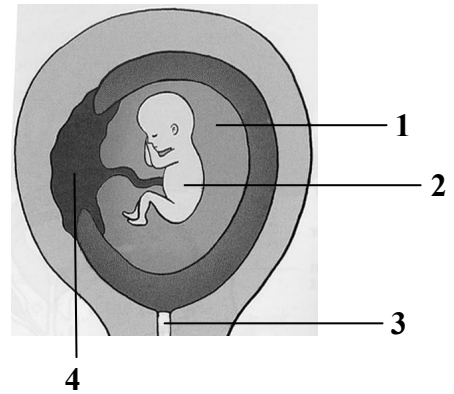
(b) Explain **each** of the following terms:

(i) **ovulation** _____

(ii) **menstruation** _____

(c) Name the parts labelled 1, 2, 3 and 4 in the diagram.

1. _____
2. _____
3. _____
4. _____



(d) List some of the guidelines that should be followed to promote good health during pregnancy.

(e) Why is responsible sexual behaviour important?

5. (a) List **four** of the main causes of accidents in the home.

- (i) _____
- (ii) _____
- (iii) _____
- (iv) _____

(b) List the safety guidelines that family members should follow in order to prevent **each** of the accidents you have named.

ACCIDENT	SAFETY GUIDELINES

(c) Name **three** items of safety equipment suitable for use in the home.

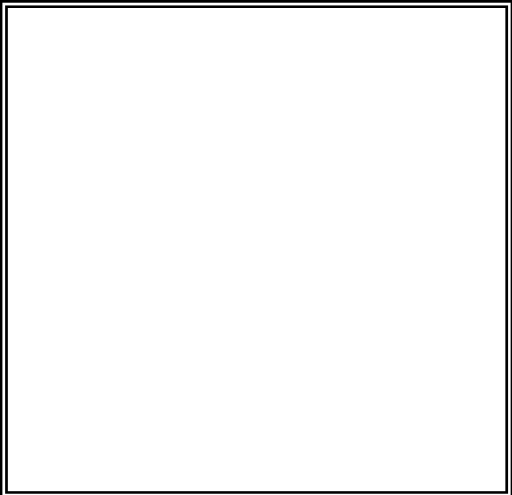
- (i) _____
- (ii) _____
- (iii) _____

(d) List **four** items that should be included in a first aid kit.

- (i) _____ (ii) _____
- (iii) _____ (iv) _____

(e) Why is it important to carry out a regular fire drill?

6. (a) Bearing the cost in mind, design / sketch and describe an outfit you would suggest for a friend's birthday party.

Design / Sketch	Description
	_____

- (b) Give **two** reasons why the colour scheme is important when designing the outfit.

(i) _____

(ii) _____

- (c) Name a suitable fabric/s for the outfit and give reasons for your choice.

Name of fabric/s _____

Reasons _____

- (d) Suggest suitable accessories to make the outfit you have designed more attractive.

- (e) Suggest ways of keeping the cost of the complete outfit to a minimum.

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