




*The Guardian - 6th August 2005*

*'They're leaving home...'*


**Coimisiún na Scrúduithe Stáit**  
**State Examinations Commission**

**JUNIOR CERTIFICATE EXAMINATION, 2006**

**PAPER X of ENGLISH - ORDINARY LEVEL**  
 (To be used in answering Sections 2 and 7)

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# LET THEM EAT SWEETS



1 Amid all the panic about the nation's health, children are being robbed of one of their greatest pleasures. **Eating candy does all kinds of good!**



2 Sweets may not bring much in the way of vitamins, but their psychological benefit is huge. **A sweet can transform a miserable day for a child and make it into an ok day.**



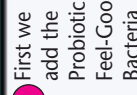
3 One of the accusations frequently made against sweets is that they contain only 'empty calories'. But any child knows that the calories derived from sweets are not empty. **They are full of joy.**

# You are what you eat. Or drink.

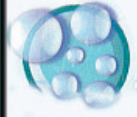
A step-by-step guide to being full of Vitality®



2 Then we add in the Probiotics to help the Probiotic Feel-Good Bacteria®



3 Add all the goodness together



4 Eat or drink the yogurt for a happier healthier you.



lead a **müller** life