

ITEC Level 2

Unit 912 - Apply Skin Tanning Techniques

Recommended Minimum Guided Learning Hours – 30

Unit Number: H/601/3563

<p>Learning Outcome <i>Learners will:</i></p> <p>1. Be able to prepare for self-tanning techniques</p>	
<p>Assessment Criteria <i>Learners can:</i></p>	<p>Taught Content</p>
<p>1.1 Prepare themselves, the client and work area for a self-tanning treatment</p>	<p>1.1.1 To include: • Preparation of working area • Equipment • Products • Work wear • Personal appearance and behaviour • Hygiene e.g. sterilizing/sanitising tools and equipment • Client for treatment • Client care and modesty</p>
<p>1.2 Use suitable consultation techniques to identify treatment objectives</p>	<p>1.2.1 To include: An example of a consultation form can be downloaded from www.itecworld.co.uk • Suitable area • Positive body language • Positioning of the client • Communication skills • Professionalism • Contraindications and contra-actions • Treatment plan • Products used • Consent • Confidentiality • Client's signature</p>
<p>1.3 Advise the client on how to prepare for the treatment</p>	<p>1.3.1 To include: • Robe • Client modesty • Remove all jewellery • Disposable briefs</p>
<p>1.4 Identify influencing factors</p>	<p>1.4.1 To include: • Skin types/conditions • Areas to be treated – Face, neck, shoulders to the clavicle and scapula, lower arms and hands, lower legs and feet • Patch test • Medication • Client</p>

<p>1.5 Provide clear recommendations to the client based on factors</p>	<p>expectations and preparation • Natural shade of skin effects of ultra violet on the skin</p> <p>1.5.1 To include: <ul style="list-style-type: none"> • Conclusion of skin types/conditions • Areas to be treated • Patch test • Client expectations and preparation </p>
<p>1.6 Describe salon's requirement for client preparation, preparing themselves and the work area</p>	<p>1.6.1 To include: <ul style="list-style-type: none"> • Any particular rights, restrictions and Acts applicable to self tanning treatment • Code of practice/ethics • Insurance and professional association membership • Record keeping • Professional appearance </p>
<p>1.7 Identify different consultation techniques used to identify treatment objectives</p>	<p>1.7.1 To include: <ul style="list-style-type: none"> • The importance of positive body language • Positioning of themselves and client (no barriers) • Good communication skills (asking open and/or closed questions and where appropriate) • Verbal and non-verbal communication </p>
<p>1.8 Describe the factors that need to be considered when selecting techniques, products and equipment</p>	<p>1.8.1 To include: <ul style="list-style-type: none"> • Skin types/conditions • Areas to be treated – Face, neck, shoulders to the clavicle and scapula, lower arms and hands, lower legs and feet • Patch test • Medication • Client expectations and preparation • Natural shade of skin • Effects of ultra violet on the skin </p>
<p>1.9 Describe the environmental conditions suitable for self-tanning treatment</p>	<p>1.9.1 To include: <ul style="list-style-type: none"> • Lighting • Heating • Ventilation • Noise levels • Available space • Music • General hygiene • Waste disposal • Décor • Equipment e.g. workstation/trolley • Privacy • Reception areas • General use/treatment areas • Pleasant aroma </p>
<p>1.10 Describe the safety considerations that must be taken into account when providing self-tanning treatment</p>	<p>1.10.1 To include: <ul style="list-style-type: none"> • Health and safety requirements • Equipment testing • Ventilation • Personal Protection Equipment (PPE) • Legislation </p>
<p>1.11 Identify the range of equipment used for self-tanning treatments</p>	<p>1.11.1 To include: <ul style="list-style-type: none"> • Gun (Spray Tan) • Compressor </p>

<p>1.12 Identify products used and their key ingredients</p> <p>1.13 Compare the benefits and effects of self tanning treatments with UV tanning treatments</p> <p>1.14 Explain the importance of regular disinfecting and sterilising of equipment between self-tanning sessions</p> <p>1.15 Explain the effect self-tanning products have on the skin and the reasons the effect has limited duration</p> <p>1.16 Describe contraindications that prevent or restrict self-tanning treatment</p>	<p>1.12.1 To include:</p> <ul style="list-style-type: none"> • Skin cleansing products • Exfoliation products • Tanning products • Spray tan • Moisturisers • Sterilising solutions • Sanitising solutions • DHA – dihydroxy acetone • Erythrulose <p>1.13.1 To include:</p> <ul style="list-style-type: none"> • Skin conditions • Tanning <p>1.14.1 To include:</p> <ul style="list-style-type: none"> • Health and hygiene • Cross infection <p>1.15.1 To include:</p> <ul style="list-style-type: none"> • Skin dye • Natural exfoliation <p>1.16.1 To include:</p> <p>Prevent treatment: • Fungal infection • Bacterial infection • Viral infection • Infestations • Severe eczema • Severe psoriasis • Severe skin conditions • Eye infections • During chemotherapy • During radiotherapy.</p> <p>Restrict treatment: • Broken bones • Recent scar tissue • Hyper-keratosis • Skin allergies • Cuts and abrasions • Skin disorders • Recent fractures and sprains • Undiagnosed lumps and swellings • Product allergies • Respiratory conditions • Pregnancy</p>
<p>Learning Outcome <i>Learners will:</i></p> <p>2. Be able to provide self-tanning techniques</p> <p>Assessment Criteria <i>Learners can:</i></p> <p>2.1 Communicate and behave in a professional manner</p>	<p>Taught Content</p> <p>2.1.1 To include:</p> <ul style="list-style-type: none"> • Explanation of treatment • Benefits, limitations and co-operation required • Client care, modesty and support • Communication • Correct posture, hygiene and a professional approach to the client throughout treatment

2.2	Position themselves and the client correctly throughout the treatment	2.2.1 To include: • Ensuring the client is comfortable and correctly supported • Tanning therapist maintaining correct working posture throughout treatment • Tanning therapist self-care
2.3	Select and use products and equipment taking into account identified factors	2.3.1 To include: • Couch • Trolley • Stool • Towels • Additional support if appropriate • Headband • Bedroll • Robe • Disposable slippers • Disinfecting fluid • Gun • Compressor • Skin cleansing products • Exfoliation products • Tanning products • Spray tan • Moisturisers • Sterilising solutions • Sanitising solutions • DHA – dihydroxy acetone
2.4	Follow safe and hygienic working practices	2.4.1 To include: • Methods of sterilisation • Disposal of contaminated waste • Legislation • Personal Protection Equipment (PPE) • Relevant Health and Safety • Positioning of client and therapist • Removal of accessories
2.5	Identify contra-actions and take appropriate action during treatment	2.5.1 To include: • Skin irritation • Skin allergies • Undesirable skin/hair discolouration
2.6	Provide suitable aftercare advice	2.6.1 To Include: • Loose dark clothing • Avoid touching the skin • Moisturising products • Showering/bathing advice • Exfoliation • Product recommendations • Possible staining to fabric
2.7	Complete the treatment to the satisfaction of the client	2.7.1 To include: • Conclusion of treatment in appropriate manner to meet client's requirements
2.8	Evaluate the results of the treatment with the client	2.8.1 To include: • Record client's feedback • Contra-actions • Homecare advice • Treatment outcome • Further recommendations
2.9	Describe how to communicate and behave in a professional manner	2.9.1 To include: • Consultation • Treatment explanation • Client care • Hygiene • Good communication skills • Following instruction using a range of related terminology linked to tanning techniques
2.10	State the importance of positioning themselves and the client correctly throughout the treatment	2.10.1 To include: • Ensuring the client is comfortable and correctly supported • Facial skin care therapist maintaining correct posture throughout treatment

<p>2.11 Describe safe and hygienic working practices</p>	<p>2.11.1 To include: <ul style="list-style-type: none"> • Methods of sterilisation • Disposal of contaminated waste • Legislation • Personal Protection Equipment (PPE) • Relevant Health and Safety • Positioning of client and therapist • Removal of accessories </p>
<p>2.12 Describe contra-actions which might occur during and following the treatment and how to respond</p>	<p>2.12.1 To include <ul style="list-style-type: none"> • Skin irritation • Skin allergies • Undesirable skin/hair discolouration • Referral procedures </p>
<p>2.13 Describe the aftercare advice that should be provided</p>	<p>2.13.1 To include: <ul style="list-style-type: none"> • Clients must not undertake any activity that may cause them to perspire, e.g. exercise, sauna, steam, sun bed • Clients should be advised not to wear restrictive clothing • No baths or shower and skin must not get wet during the development time • Leave products on skin for the time specified by the manufacturer • No exfoliation for a minimum of 5 days • Regularly moisturise </p>
<p>2.14 State the importance of completing the treatment to the satisfaction of the client</p>	<p>2.14.1 To include: <ul style="list-style-type: none"> • Conclusion of treatment in appropriate manner to meet client's requirements </p>
<p>2.15 State the methods of evaluating the effectiveness of the treatment</p>	<p>2.15.1 To include: <ul style="list-style-type: none"> • Visual • Verbal • Written feedback • Repeat treatments </p>
<p>2.16 Describe the structure and function of the skin</p>	<p>2.16.1 To include: <ul style="list-style-type: none"> • Epidermis • Dermis • Subcutaneous layer <p>2.16.2 To include: Functions: <ul style="list-style-type: none"> • Secretion • Heat regulation • Absorption • Protection/Acid Mantle (composition and formation) • Elimination/excretion • Sensation • Vitamin D formation (7-dehydro-cholesterol) </p> </p>

<p>Assignment Unit 912 – Apply Skin Tanning Techniques</p> <p>Assignment Unit 912 – Apply Skin Tanning Techniques Assignment Guidance Form AG912 may be downloaded from www.itecworld.co.uk</p>	<p>Assignment Unit 912 – Apply Skin Tanning Techniques Assignment must be evidenced using Assignment Assessment Form AA 912 see www.itecworld.co.uk</p>
--	--