

## ITEC Level 1 Certificate in Hair and Beauty Salon Services

### Unit 75 Assisting with hair treatments

Recommended guided learning hours – 60

#### Unit 75 Assisting with hair treatments

##### Learning outcome

Students will be able to:

##### Underpinning knowledge

1) Understand the basic structure of the hair

To include:  
 • Root • Cuticle • Follicle

2) Understand and demonstrate effective and safe methods when shampooing and conditioning hair

To include:  
 • Protecting client's clothing • Correct positioning of client  
 • Correct posture whilst treating the client  
 • Maintaining a clean and tidy work area  
 • Correct disposal of all waste immediately after shampooing and conditioning  
 • Minimising wastage of products  
 • Minimising the risk of cross-infection and cross-infestation  
 • Completing the treatment in a commercially viable time  
 • Awareness of the types and causes of problems that might occur  
 • Deferring to the appropriate person if there are any problems

3) Understand your responsibilities in relation to the use of shampoos and conditioners

To include:  
 • The Control of Substances Hazardous to Health Regulations

4) Understand skin/scalp conditions

To include:  
 • Contact dermatitis • Dandruff

5) Understand the importance of using the correct water temperature

To include:  
 • The effects of water temperature on the scalp

6) Understand and demonstrate how to shampoo and condition the hair

To include:  
 • Using products and tools following the stylist's instructions  
 • Using massage techniques suitable for your client's hair and the next part of the service  
 • Adapting the water temperature, flow and direction to suit the need of the client's hair, scalp and comfort  
 • Avoid disturbing the direction of the cuticle when removing conditioner  
 • Ensuring the client's hair is free of excess moisture, tangles and without damage to the hair or scalp

7) Understand and demonstrate the benefits of massage techniques when shampooing and conditioning different lengths of hair

To include:  
 • Effleurage • Rotary • Petrissage • Frictions

8) Understand and demonstrate the importance of de-tangling the hair

To include:  
 • From point to root • The direction of the cuticle

9) Understand and demonstrate effective and safe methods when assisting with perming and colouring services

To include:  
 • Protecting client's clothing • Correct positioning of client  
 • Correct posture whilst treating the client  
 • Wearing personal protective equipment when neutralising chemicals and removing colouring products  
 • Maintaining a clean and tidy work area  
 • Correct disposal of all waste immediately after perming and colouring  
 • Minimising wastage of products  
 • Minimising the risk of cross-infection and cross-infestation  
 • Completing the treatment in a commercially acceptable time  
 • Awareness of the types and causes of problems that might occur  
 • Deferring to the appropriate person if there are any problems

<p>10) Understand and demonstrate how to neutralise hair as part of the perming process</p>	<p>To include:</p> <ul style="list-style-type: none"> <li>• Preparation of product following manufacturer's and stylist's instructions</li> <li>• Ensuring the hair is free from chemicals and excess moisture prior to the application of the neutralising product</li> <li>• Distributing the neutralising product evenly according to manufacturer's instructions</li> <li>• Removing the rods without disturbing the curl formation</li> <li>• Timing the process following the manufacturer's and stylist's instructions</li> <li>• Leaving the hair free from all traces of neutralising agent</li> <li>• Promptly deferring to the appropriate person if there are any problems</li> <li>• Selecting, applying and removing surface conditioner if appropriate, following manufacturer's and stylist's instructions</li> </ul>
<p>11) Understand and demonstrate how to remove colouring and lightening products</p>	<p>To include:</p> <ul style="list-style-type: none"> <li>• Removing products and materials following stylist's instructions and ensuring minimal risk of damage to the hair</li> <li>• Ensuring that the colour is applied in a way that minimises the risk of colour spreading to the client's skin, clothes and surrounding areas</li> <li>• Selecting, applying and removing surface conditioner if appropriate, following manufacturer's and stylist's instructions</li> <li>• Ensuring that the hair and scalp is left clean and free from products and excess moisture</li> <li>• Ensuring that the removal of products is to the satisfaction of the stylist and the client</li> <li>• Promptly deferring to the appropriate person if there are any problems</li> <li>• Leaving the hair tangle free without causing damage to the hair or scalp</li> </ul>
<p>12) Understand and demonstrate the role and importance of the following</p>	<ul style="list-style-type: none"> <li>• Neutralisers in the perming process</li> <li>• Accurate timing when neutralising perms</li> <li>• Thoroughly rinsing off products</li> <li>• Emulsifying permanent colouring products as part of the removal process</li> </ul>
<p>13) Understand and demonstrate use of the following products and equipment</p>	<p>To include:</p> <ul style="list-style-type: none"> <li>• A range of shampoos and conditioners following manufacturer's instructions</li> <li>• Awareness of when the shampooing process should be repeated</li> <li>• Awareness of what might occur if the manufacturer's instructions are not followed</li> <li>• The specific neutralising products in your salon</li> <li>• What might occur if the correct neutralising agent is not applied</li> <li>• Semi-permanent colours • Permanent colours</li> <li>• Lightening products</li> </ul>