

<b>ITEC Level 1 Certificate in Hair and Beauty Salon Services</b> <b>Unit 74 Hygiene and client care and its importance in hair and beauty treatments</b> <b>Recommended guided learning hours – 25</b>	
<b>Unit 74 Hygiene and client care and its importance in hair and beauty treatments</b>	<b>Underpinning knowledge</b>
<b>Learning outcome</b> Students will be able to:	<b>Underpinning knowledge</b>
1) Understand the reasons why personal hygiene is vital for the therapist/hairstylist	To include: • Freshly laundered work wear • Clean hair • Clean finger nails • Washing hands • No body odour • No bad breath
2) Understand the following hygienic terms:	• Hygiene • Germ • Sterilisation • Sanitisation • Septic • Antiseptic • Disinfectant • Sterile • Cross infection • Aseptic • Bactericide • Bacteriostat • Fungicide • Fungistat • Contaminated waste
3) Understand the methods of sterilisation/sanitisation available in a salon	To include: • Chemical sterilising cabinet • UV cabinet • Autoclave • Hot bead • Chemical liquid
4) Demonstrate an understanding of the appropriate use of sterilisation/sanitisation	To include: • Chemical sterilising cabinet • UV cabinet • Autoclave • Hot bead • Chemical liquid
5) Understand all aspects of waste disposal for the salon	To include: • Suitable container for contaminated waste • Sharps tin • Normal bin
6) Understand the importance of suitable environmental conditions for the client	To include: • Adequate/appropriate lighting, ventilation and heating/air conditioning • General comfort
7) Demonstrate understanding of how to prepare the treatment room/work area before and after treatment	To include: • Fresh laundered towels for each client • Fresh laundered gowns for each client • Prepare couch/work station • Couch paper • Sanitise surfaces • Set up trolley • Clean floor
8) Demonstrate understanding of how to prepare tools and equipment	To include: • Sanitise/sterilise tools and equipment using the correct hygiene procedures • Store sterilised tools appropriately
9) Understand the following terms	To include: • Client Modesty • Towel management • Client Care
10) Demonstrate appropriate client care	To include: Client Modesty • Towel management • Use of appropriate towels and gowns • Use of appropriate foot wear (beauty treatments)