

## Unit 315 The Art of Dressing Hair

Recommended unit guided learning hours – 30

Ofqual Qualification Accreditation Number: Y/502/3979

Learning Outcome	Assessment Criteria	Taught Content
1. Be able to prepare for dressing hair	<p>1.1 Prepare the client and work area for dressing service</p> <p>1.2 State the procedure for client preparation</p> <p>1.3 Consult with clients to confirm their requirements</p> <p>1.4 Describe the effects of different styling techniques</p>	<p>1.1.1 To include:</p> <ul style="list-style-type: none"> <li>• Preparing self</li> <li>• Preparing working area</li> <li>• Sanitising / sterilising tools and equipment</li> <li>• Preparing environment</li> <li>• Assisting the client into a comfortable and relaxed position for the treatment</li> <li>• Protecting and caring for the client throughout treatment</li> </ul> <p>1.2.1 To include:</p> <ul style="list-style-type: none"> <li>• Examining the condition of the hair and select correct product choice</li> <li>• Combing or detangling hair</li> <li>• Checking client comfort</li> <li>• Discussing suitability of style with client</li> </ul> <p>1.3.1 To include:</p> <ul style="list-style-type: none"> <li>• Discussing client's needs and requirements</li> <li>• Selecting suitable protective clothing – gowns and towel</li> <li>• Examining the hair type, texture, length, colour, quality and quantity</li> <li>• Preparing the hair ready for treatment</li> <li>• Discussing limitations</li> <li>• Consulting with client throughout</li> <li>• Selecting style</li> </ul> <p>1.4.1 To include:</p> <ul style="list-style-type: none"> <li>• Brushing</li> <li>• Back brushing</li> <li>• Back combing</li> <li>• Teasing</li> <li>• Simple dressing</li> <li>• Long hair dressing</li> <li>• Pleating</li> <li>• Plaiting</li> <li>• Ornamentation</li> </ul>

	<p>1.5 Evaluate the potential of the hair to achieve the desired look by identifying the influencing factors</p> <p>1.6 Describe the factors that need to be considered when styling and dressing hair</p> <p>1.7 Describe the physical effects of styling on the hair structure</p> <p>1.8 Describe the effects of humidity on the hair structure and resulting style</p> <p>1.9 Explain how the incorrect use of heat can affect the hair and scalp</p>	<p>1.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Length of hair</li> <li>• Hair growth patterns</li> <li>• Hair loss</li> <li>• Hair type</li> <li>• Hair texture</li> <li>• Hair density</li> </ul> <p>1.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Head</li> <li>• Face and body shape</li> <li>• Lifestyle</li> <li>• Hair growth patterns</li> <li>• Length and type of hair</li> <li>• Texture, elasticity and density of hair</li> <li>• Fashion trends / occasion</li> </ul> <p>1.7.1 To include:</p> <ul style="list-style-type: none"> <li>• External factors – combing, brushing, back dressing, shampooing, heated rollers, crimping, tonging,</li> <li>• Chemical effects – perming, colouring, bleaching,</li> </ul> <p>1.8.1 To include:</p> <ul style="list-style-type: none"> <li>• Effects of weather – sun, wind, sand, sea, salt, extremes in climate, moisture effects on the hair's elasticity or flexibility</li> <li>• General health and lifestyle – good health, disease, drugs, genetic factors, effects of pregnancy and child birth on hair</li> </ul> <p>1.9.1 To include:</p> <ul style="list-style-type: none"> <li>• Hair breakage / split ends</li> <li>• Sore scalp</li> <li>• Burns</li> </ul>
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	<p>2.4 Position self and client appropriately throughout the service</p> <p>2.5 Use working methods that meet salon and legal requirements</p> <p>2.6 Use styling techniques and dressing effects that take into account the identified factors</p> <p>2.7 Control and secure hair effectively during dressing</p>	<p>2.4.1 To include:</p> <ul style="list-style-type: none"> <li>• Correct posture and standing position</li> <li>• Client comfort</li> </ul> <p>2.5.1 To include:</p> <ul style="list-style-type: none"> <li>• Measuring effectiveness</li> <li>• Self appraisal</li> <li>• Code of ethics</li> <li>• Code of practice</li> <li>• Salon rules and regulations</li> </ul> <p>2.6.1 To include:</p> <ul style="list-style-type: none"> <li>• Brushing</li> <li>• Back brushing</li> <li>• Back combing</li> <li>• Teasing</li> <li>• Simple dressing</li> <li>• Long hair dressing</li> <li>• Pleating</li> <li>• Plaiting</li> <li>• Ornamentation</li> </ul> <p>2.7.1 To include:</p> <ul style="list-style-type: none"> <li>• Pins</li> <li>• Clips</li> <li>• Grips</li> <li>• Rubber bands</li> <li>• Mousse</li> <li>• Gel</li> <li>• Lotion</li> <li>• Spray</li> <li>• Moisturisers</li> </ul>
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	<p>2.8 Describe how to secure and control the long hair looks</p> <p>2.9 State the purpose of back combing and back brushing when dressing hair</p> <p>2.10 Dress hair to the satisfaction of the client</p> <p>2.11 Apply finishing products to maintain the style</p> <p>2.12 Evaluate the results of the treatment with the client</p>	<p>2.8.1 To include:</p> <ul style="list-style-type: none"> <li>• Trying to centralise weight of the hair</li> <li>• Using pins, clips, grips, rubber bands</li> <li>• Combs</li> <li>• Feathers, ribbons, flowers</li> <li>• Not disturbing the base of the secured hair</li> <li>• Dressing symmetrically</li> <li>• Dressing Asymmetrically</li> </ul> <p>2.9.1 To include:</p> <ul style="list-style-type: none"> <li>• Giving more height and volume to the hair</li> <li>• Roughening the cuticle of the hair</li> <li>• Determining the fullness of the hair</li> </ul> <p>2.10.1 To include:</p> <ul style="list-style-type: none"> <li>• Showing client finished results in a mirror</li> <li>• Checking that the finished result meets with client's satisfaction</li> <li>• Checking that the finished result meets with stylists satisfaction</li> <li>• Advising the client on suitable home care after care</li> <li>• Ensuring that the treatment is cost effective and carried out in a commercially acceptable time</li> </ul> <p>2.11.1 To include:</p> <ul style="list-style-type: none"> <li>• Mousse</li> <li>• Gel</li> <li>• Lotion</li> <li>• Spray</li> <li>• Moisturisers</li> </ul> <p>2.12.1 To include:</p> <ul style="list-style-type: none"> <li>• Style suitability</li> <li>• End result</li> <li>• Effectiveness</li> <li>• Personal standards</li> <li>• Client standards</li> <li>• Professionalism</li> </ul>
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	<p>2.13 Describe the uses for the range of finishing products</p> <p>2.14 Provide suitable aftercare advice</p> <p>2.15 Describe the after care advice that should be provided</p> <p>2.16 Follow safe and hygienic working practices</p> <p>2.17 Outline safe and hygienic working practices when styling and dressing hair</p>	<p>2.13.1 To include:</p> <ul style="list-style-type: none"> <li>• Mousse</li> <li>• Gel</li> <li>• Lotion</li> <li>• Spray</li> <li>• Moisturisers</li> <li>• Hold of finished result</li> <li>• Movement of finished result</li> </ul> <p>2.14.1 To include:</p> <ul style="list-style-type: none"> <li>• Maintaining dressed hair</li> <li>• Removing dressed hair</li> </ul> <p>2.15.1 To include:</p> <ul style="list-style-type: none"> <li>• Maintaining dressed hair</li> <li>• Removing dressed hair</li> </ul> <p>2.16.1 To include:</p> <ul style="list-style-type: none"> <li>• Sanitising / sterilising tools and equipment using the correct hygiene procedures</li> <li>• Storing sterilised tools appropriately</li> <li>• Salon rules and regulations</li> <li>• Disposing of waste</li> <li>• Environmental conditions</li> </ul> <p>2.17.1 To include:</p> <ul style="list-style-type: none"> <li>• Wiping equipment over with appropriate sanitiser before and after use</li> <li>• Sanitising hands before, during and after treatment as appropriate</li> <li>• Replacing lids on products</li> <li>• Disposing of waste hygienically and appropriately</li> <li>• Demonstrating correct use of salon sterilising equipment / cabinets</li> <li>• Storing sanitised / sterilised equipment appropriately</li> <li>• Using fresh laundered towels for each client</li> <li>• Using freshly laundered gowns for each client</li> <li>• Ensuring that the floor / trolleys / surfaces are clean and sanitised where appropriate</li> </ul>
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