## ITEC FLT Unit 307 Plaiting and Twisting Hair

## Recommended guided learning hours – 30

Recommended guided lea	rning hours – 30	Taught Content  1.1.1 To include:  • On scalp plaits • Off scalp plaits
Ofqual Qualification Accredit		775
Learning Outcome	Assessment Criteria	Taught Content  1.1.1 To include:
1. Be able to prepare for plaiting and twisting hair	1.1 Identify a range of finished looks that use basic plaiting and twisting techniques	On scalp plaits
planting and twoting han		Off scalp plaits
		Twists
		1.1.2 To include:
		Pleating / French roll
		French plait     Corn rowing
		<ul><li>Corn rowing</li><li>Hair threading</li></ul>
		Hair twists
		Hair wrapping
		Hair weaving
	1.2 Prepare for basic plaiting and twisting techniques	1.2.1 To include:
		Preparing self
		Preparing working area      Preparing //torilliping tools and aguinment
		<ul> <li>Preparing/sterilising tools and equipment</li> <li>Preparing environment</li> </ul>
	1.3 State the importance of the	1.3.1 To include:
	preparation procedures for basic plaiting and twisting techniques	Preparing work area     Proparing tools and equipment
		<ul> <li>Preparing tools and equipment</li> <li>Visually inspecting the scalp and hair</li> </ul>
		Assisting the client into a comfortable and relaxed position for the treatment
		Protecting the client's clothing appropriately for the treatment – gowns and towel
		Discussing the treatment procedure with the client
		Examining the condition of the hair and select correct product choice
		Preparing the hair ready for treatment  Fraction that the graph parties are starting as a start that the graph at the starting at the sta
		<ul> <li>Ensuring that the preparation meets with the senior therapist's satisfaction</li> <li>Consulting with client throughout</li> </ul>
	1.4 State the factors that influence the	1.4.1 To include:
	choice of basic plaiting and twisting	Head, face and body shape
	techniques	Lifestyle

	Adverse skin, scalp and hair conditions
	Hair growth patterns
	Hair growth cycle
	Hair length
	Hair loss
	Hair type
	Hair condition
	Hair texture
	Hair texture     Hair density
	Degree of curl
	Elasticity
	Fashion trends
	Cultural trends
	Gender
	Personality     Occasion
	Occasion
1.5. Colort products and tools for basis	1.5.1 To include:
1.5 Select products and tools for basic plaiting and twisting techniques	Products
plaining and twisting techniques	• Gel
	• Oil
	• Lotion
	• Spray
	Moisturisers
	Tools
	Added hair
	Pipe cleaners
	Fabric
	D. I.
	Threads     Comba
	Combs     Drughes
	Brushes     Sectioning aline
	Sectioning clips     Professional numbers made according hands
	Professional purpose-made securing bands     One series a prince
	Securing pins
	Decorations
	Added hair
	Pipe cleaners
	Electrical equipment
	Mirror

	1.6 State when and how to use products, tools and equipment	1.6.1 To include:  Products  Gel Oil Lotion Spray Moisturisers Tools Added hair Pipe cleaners Fabric Ribbons Threads Combs Brushes Sectioning clips Decorations Added hair Pipe cleaners Sectioning clips Combs Brushes Sectioning clips Decorations Added hair Pipe cleaners Sectioning clips Decorations Added hair Pipe cleaners Professional purpose-made securing bands Securing pins Electrical equipment Mirror
2. Be able to carry out hair plaiting and twisting techniques	2.1 Carry out basic plaiting and twisting techniques with and without decoration  2.2 Provide home care advice	<ul> <li>2.1.1 To include:</li> <li>Protecting and caring for client throughout treatment</li> <li>Combing or detangling hair</li> <li>Checking client comfort</li> <li>Plaiting or twisting hair using appropriate techniques and products</li> <li>Showing client finished results</li> <li>Checking that the finished result meets with client's satisfaction</li> <li>Checking that the finished result meets with senior stylist's satisfaction</li> <li>Advising the client on suitable basic homecare</li> <li>Ensuring that the treatment is cost effective and carried out in a commercially acceptable time</li> <li>Leaving the work place in a suitable condition for further treatments</li> <li>2.2.1 To include:</li> <li>Maintenance of plait/twist</li> </ul>
		<ul> <li>Removal of plait/twist</li> <li>Potential effects of excessive tension on the hair</li> </ul>

	2.3 Follow safe and hygienic working practices	2.3.1 To include: Sanitising / sterilising tools and equipment using the correct hygiene procedures Storing sterilised tools appropriately Salon rules and regulations Code of Ethics Disposing of waste Environmental conditions PPE COSHH Health and safety policy Demonstrating correct posture – prevention of fatigue and injury Current legislation
	2.4 Communicate and behave in a professional manner	<ul> <li>2.4.1 To include:</li> <li>Being polite at all times</li> <li>Being honest</li> <li>Showing a positive attitude when asked to help</li> <li>Offering help without having to be asked</li> <li>Showing enthusiasm for the job</li> <li>Demonstrating positive facial expressions</li> <li>Demonstrating positive body language</li> <li>Demonstrating good eye contact</li> <li>Listening</li> <li>Speaking clearly</li> <li>Knowing what to say and how to say it</li> <li>Knowing a range of related terminology linked to plaiting and twisting</li> <li>Demonstrating how to follow instructions</li> <li>Demonstrating how to work as a team</li> <li>Following salon requirements</li> </ul>
	2.5 State the purpose of home care advice	2.5.1 To include:  Purpose  • Maintaining plait/twist  • Removing plait/twist  • Potential effects of excessive tension on the hair
Assessment	Assessed task – Introduction to basic hair plaiting and twisting techniques	To be internally assessed and externally verified by ITEC