ITEC Unit 305 Shampoo and Conditioning

Recommended unit guided learning hours – 30

ITEC Unit 305 Shampoo and	-	Taught Content
Recommended unit guided I	earning hours – 30	
QCA Qualification Accreditation	n Number: L/502/3753	
Learning outcome	Assessment Criteria	Taught Content
1. Be able to prepare for shampoo and conditioning	1.1 Prepare the client for shampoo and conditioning	 1.1.1 To include: Covering the client appropriately for the treatment – gowns and towels Assisting the client into the shampooing chair Making sure the client is comfortable throughout the treatment Removing earrings if necessary
	1.2 State the procedure for client preparation	 1.2.1 To include: Discussing the treatment procedure with the client Selecting suitable protective clothing – gowns and towel Examining the condition of the hair and selecting correct products Identifying abnormal infections or injury and report to a senior stylist or member of staff Consulting with client throughout
	1.3 Select products and tools for shampoo and conditioning	 1.3.1 To include: Types of shampoo – soap, soapless, synthetic detergents Types of conditioners – surface conditioners, penetrating conditioners Selection of tools – combs, brushes
2. Be able to shampoo, condition and towel dry hair	2.1 State the main hair types and basic structure of the hair	 2.1.1 Identify the main hair types To include: Curly Wavy Straight Caucasian Black (Afro-Caribbean) Mongoloid (Asian) 2.1.2 State the basic structure of a hair To include: Hair follicle Hair shaft - cuticle, cortex and medulla

2.2 State the effects of shampooing	2.2.1 State the effects of shampoos on hair
and conditioning on the hair	To include:
	Cleansing of the hair
	Cleansing of the scalp
	2.2.2 State the effects of conditioners on hair
	To include:
	Protection
	De tangling
	Balancing
	Treatment of particular problems
	2.3.1 Perform a basic shampoo treatment
2.3 Shampoo and condition hair	To include:
	 Protecting and caring for the client throughout treatment
	Combing or detangling hair
	Checking client comfort
	 Choosing correct working temperature for water
	 Checking flow and pressure of water
	 Thoroughly wet hair
	Applying shampoo
	Rinsing hair thoroughly
	Repeating process if necessary
	Rinsing hair again
	Showing client finished results
	Checking that the finished result meet with the client's satisfaction
	Checking that the finished result meets with the senior stylists satisfaction
	Advising the client on suitable basic home care
	Ensuring that the treatment is cost effective and carried out in a commercially
	acceptable time
	Leaving the work place in a suitable condition for further treatments
	2.3.2 Perform a basic conditioning treatment
	To include:
	Protecting and care for the client throughout treatment
	Applying conditioner to damp hair
	Massaging into hair
	Rinsing hair thoroughly
	Towelling dry hair

	2.4 Towel dry and detangle hair	 2.4.1 To include: Removing excess water from hair Towelling dry hair Combing / detangling hair
	2.5 Follow safe and hygienic working practices	 2.5.1 To include: Sanitising / sterilising tools and equipment using the correct hygiene procedures Storing sterilised tools appropriately Salon rules and regulations Code of Ethics Disposal of waste Environmental conditions
	2.6 Communicate and behave in a professional manner	 2.6.1 To include: Being polite at all times Being honest Showing a positive attitude when asked to help Offering help without having to be asked Showing enthusiasm for the job Positive facial expressions Positive body language Looking people in the eye when speaking to them Listening Speaking clearly
Assessment	Assessed task – Introduction to Shampoo and Conditioning	To be internally assessed, internally verified and externally verified by ITEC Treatments must be evidenced through the use of signed and dated consultation forms and client feedback.