## ITEC Unit 302 Skin Care

## Recommended unit guided learning hours – 30

## QCA Qualification Accreditation Number: Y/502/3464

ITEC Unit 302 Skin Ca Recommended unit c	are juided learning hours – 30	Taught Content       1.1.1 To include:
-	reditation Number: Y/502/3464	
Learning outcome	Assessment Criteria	Taught Content
1. Be able to prepare for skin care treatment	1.1 Prepare for a skin care treatment	<ul> <li>1.1.1 To include:</li> <li>Preparation of self</li> <li>Preparation of couch, trolley and working area</li> <li>Preparation of environment</li> </ul>
	1.2 State the procedure for client preparation	<ul> <li>1.2.1 To include:</li> <li>Showing the client where to change</li> <li>Removing appropriate clothing for the treatment</li> <li>Covering the client appropriately for the treatment</li> <li>Assisting the client onto the couch</li> <li>Protecting the client's hair</li> <li>Removing jewellery / accessories as appropriate</li> <li>Storing the client's valuables in a safe place</li> <li>Ensuring that the preparation meets with the senior therapist's satisfaction</li> </ul>
	1.3 Select products and materials for a basic skin care treatment	<ul> <li>1.3.1 To include:</li> <li>Cleansers</li> <li>Toners</li> <li>Moisturisers</li> <li>Masks</li> <li>Cotton wool, tissues, spatulas, brushes and bowls</li> </ul>
2. Be able to provide skin care treatment	2.1 State the main skin types	<ul> <li>2.1.1 To include:</li> <li>Dry</li> <li>Oily</li> <li>Combination</li> </ul>
	2.2 Carry out a basic skin care treatment	<ul> <li>2.2.1 To include:</li> <li>Cleansing the skin</li> <li>Using facial products appropriately and following manufacturers' instructions</li> <li>Deep cleansing the skin</li> <li>Checking the skin is clean and free of all traces of make-up</li> <li>Applying pre-prepared non-setting mask products neatly and evenly</li> <li>Applying damp cotton wool eye pads</li> </ul>

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	<ul> <li>2.3 Follow safe and hygienic working practices</li> <li>2.4 Communicate and behave in a professional manner</li> </ul>	<ul> <li>Leaving masks on the client for the recommended time</li> <li>Removing masks with warm water and sponges, without discomfort to the client</li> <li>Applying a suitable toner</li> <li>Applying a suitable moisturiser</li> <li>Showing client finished results</li> <li>Checking that the finished result meet with the client's satisfaction</li> <li>Checking that the finished result meets with the senior stylists satisfaction</li> <li>Advising the client on suitable basic home care</li> <li>Ensuring that the treatment is cost effective and carried out in a commercially acceptable time</li> <li>Leaving the work place in a suitable condition for further treatments</li> <li>2.3.1 To include:</li> <li>Sanitising / sterilising tools and equipment using the correct hygiene procedures</li> <li>Storing sterilised tools appropriately</li> <li>Salon rules and regulations</li> <li>Code of Ethics</li> <li>Disposal of waste</li> <li>Environmental conditions</li> <li>2.4.1 To include:</li> <li>Being polite at all times</li> <li>Being nonest</li> <li>Showing a positive attitude when asked to help</li> <li>Offering help without having to be asked</li> <li>Showing enthusiasm for the job</li> <li>Positive facial expressions</li> <li>Positive body language</li> <li>Looking people in the eye when speaking to them</li> <li>Listening</li> <li>Speaking clearly</li> </ul>
Assessment	Assessed practical task – Introduction to skin care	To be internally assessed, internally verified and externally verified by ITEC Treatments must be evidenced through the use of signed and dated consultation forms and client feedback