

ITEC FLT Unit 307 Plaiting and Twisting Hair

Recommended guided learning hours – 30

Ofqual Qualification Accreditation Number: Y/502/3804

| Learning Outcome | Assessment Criteria | Taught Content |
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| <p>1. Be able to prepare for plaiting and twisting hair</p> | <p>1.1 Identify a range of finished looks that use basic plaiting and twisting techniques</p> <p>1.2 Prepare for basic plaiting and twisting techniques</p> <p>1.3 State the importance of the preparation procedures for basic plaiting and twisting techniques</p> <p>1.4 State the factors that influence the choice of basic plaiting and twisting techniques</p> | <p>1.1.1 To include:</p> <ul style="list-style-type: none"> • On scalp plaits • Off scalp plaits • Twists <p>1.1.2 To include:</p> <ul style="list-style-type: none"> • Pleating / French roll • French plait • Corn rowing • Hair threading • Hair twists • Hair wrapping • Hair weaving <p>1.2.1 To include:</p> <ul style="list-style-type: none"> • Preparing self • Preparing working area • Preparing/sterilising tools and equipment • Preparing environment <p>1.3.1 To include:</p> <ul style="list-style-type: none"> • Preparing work area • Preparing tools and equipment • Visually inspecting the scalp and hair • Assisting the client into a comfortable and relaxed position for the treatment • Protecting the client's clothing appropriately for the treatment – gowns and towel • Discussing the treatment procedure with the client • Examining the condition of the hair and select correct product choice • Preparing the hair ready for treatment • Ensuring that the preparation meets with the senior therapist's satisfaction • Consulting with client throughout <p>1.4.1 To include:</p> <ul style="list-style-type: none"> • Head, face and body shape • Lifestyle |

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| | <p>1.5 Select products and tools for basic plaiting and twisting techniques</p> | <ul style="list-style-type: none"> • Adverse skin, scalp and hair conditions • Hair growth patterns • Hair growth cycle • Hair length • Hair loss • Hair type • Hair condition • Hair texture • Hair density • Degree of curl • Elasticity • Fashion trends • Cultural trends • Gender • Personality • Occasion <p>1.5.1 To include:</p> <p>Products</p> <ul style="list-style-type: none"> • Gel • Oil • Lotion • Spray • Moisturisers <p>Tools</p> <ul style="list-style-type: none"> • Added hair • Pipe cleaners • Fabric • Ribbons • Threads • Combs • Brushes • Sectioning clips • Professional purpose-made securing bands • Securing pins • Decorations • Added hair • Pipe cleaners • Electrical equipment • Mirror |
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| | <p>1.6 State when and how to use products, tools and equipment</p> | <p>1.6.1 To include:</p> <p>Products</p> <ul style="list-style-type: none"> • Gel • Oil • Lotion • Spray • Moisturisers <p>Tools</p> <ul style="list-style-type: none"> • Added hair • Pipe cleaners • Fabric • Ribbons • Threads • Combs • Brushes • Sectioning clips • Decorations • Added hair • Pipe cleaners • Professional purpose-made securing bands • Securing pins • Electrical equipment • Mirror |
| <p>2. Be able to carry out hair plaiting and twisting techniques</p> | <p>2.1 Carry out basic plaiting and twisting techniques with and without decoration</p> <p>2.2 Provide home care advice</p> | <p>2.1.1 To include:</p> <ul style="list-style-type: none"> • Protecting and caring for client throughout treatment • Combing or detangling hair • Checking client comfort • Plaiting or twisting hair using appropriate techniques and products • Showing client finished results • Checking that the finished result meets with client's satisfaction • Checking that the finished result meets with senior stylist's satisfaction • Advising the client on suitable basic homecare • Ensuring that the treatment is cost effective and carried out in a commercially acceptable time • Leaving the work place in a suitable condition for further treatments <p>2.2.1 To include:</p> <ul style="list-style-type: none"> • Maintenance of plait/twist • Removal of plait/twist • Potential effects of excessive tension on the hair |

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| | <p>2.3 Follow safe and hygienic working practices</p> <p>2.4 Communicate and behave in a professional manner</p> <p>2.5 State the purpose of home care advice</p> | <p>2.3.1 To include:</p> <ul style="list-style-type: none"> • Sanitising / sterilising tools and equipment using the correct hygiene procedures • Storing sterilised tools appropriately • Salon rules and regulations • Code of Ethics • Disposing of waste • Environmental conditions • PPE • COSHH • Health and safety policy • Demonstrating correct posture – prevention of fatigue and injury • Current legislation <p>2.4.1 To include:</p> <ul style="list-style-type: none"> • Being polite at all times • Being honest • Showing a positive attitude when asked to help • Offering help without having to be asked • Showing enthusiasm for the job • Demonstrating positive facial expressions • Demonstrating positive body language • Demonstrating good eye contact • Listening • Speaking clearly • Knowing what to say and how to say it • Knowing a range of related terminology linked to plaiting and twisting • Demonstrating how to follow instructions • Demonstrating how to work as a team • Following salon requirements <p>2.5.1 To include:</p> <p>Purpose</p> <ul style="list-style-type: none"> • Maintaining plait/twist • Removing plait/twist • Potential effects of excessive tension on the hair |
| Assessment | Assessed task – Introduction to basic hair plaiting and twisting techniques | To be internally assessed and externally verified by ITEC |