

Examiners' Report June 2022

International GCSE Human Biology 4HB1 01



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Introduction

This paper elicited a wide range of responses providing opportunities for candidates to demonstrate their knowledge and understanding of Human Biology.

The paper consists of a mixture of different question styles, including multiple-choice questions, short-answer questions, calculations and extended open-response questions. Candidates may use a calculator in the exam for the mathematical calculation questions.

It was noted by examiners that, as in previous series, candidates find the mathematical calculation questions challenging.

Question 1 (a)(iii)

In this question, candidates were given a diagram that showed part of a molecule of DNA and they were asked to describe how the two backbones of the DNA molecule are joined together. Some of the weaker response failed to mention complementary base pairing or omitted the term 'base'.

Question 1 (b)(i)

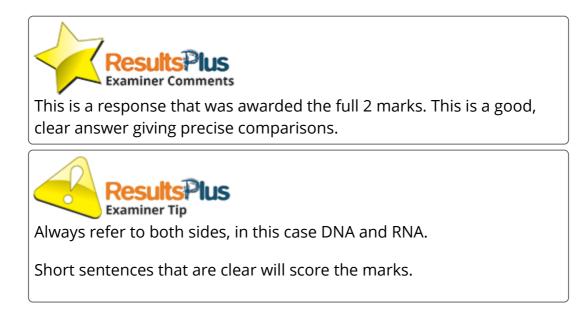
This is a comparison question and candidates were required to give two differences between the structures of DNA and RNA. The majority of candidates coped well with this question. However, some weaker responses gave just one side of the answer, eg, DNA has thymine. Some candidate responses lacked clarity in expression.

(b) DNA is a nucleic acid.

RNA is another type of nucleic acid.

(i) Give two differences between the structures of DNA and RNA.

1 DNA is double stranded whereas RNA is sin	gle
stranded	~
2 DNA contains deoxyribose whereas RNA contains jus	ł
ribose	



(2)

(b) DNA is a nucleic acid.

RNA is another type of nucleic acid.

(i) Give two differences between the structures of DNA and RNA.

					()
1 ON A	15	double heli	x but	RNA 13	single
strand	*****		*****		
		de-oxyribose	and an in		
IS RID	onuclei	c acid.			

(2)



This is a response that was awarded 1 mark. The candidate should have referred to two strands rather than helix but double helix was allowed. Single helix was not allowed. The second response repeats what is in the question.



Always make sure that both structures are mentioned in a response.

Question 2 (a)(i)

In this question, candidates were given a graph which showed how a person's heart rate changes with exercise. Candidates were asked to determine the difference between the maximum heart rate and the resting heart rate.

This question required candidates to carry out a straightforward calculation. However, many candidates did not set out the full workings or they read the figures incorrectly.

Question 3 (a)(i)

In this question, candidates were required to describe how the equipment shown in the diagrams could be used to investigate the energy content of different foods.

The majority of candidates answered this question well. Common omissions were to not take the initial and final temperatures. Very few candidates mentioned a clamp and stand to hold the test tube.

Describe how the equipment can be used to investigate the energy content of different foods. (5). Take different somple of food of the some mass by whing digital scale . Measure 30 cm 3 of water using measuring cylinder. Pour the water in the left tube . Measure int the innal and final temperatures of water of each different bod content using thermoment . Place sample on mounted needle, born sample using burgen burner. . Burn the samples from I at the some distance how test type · Record vesults in to ble . The higher the difference of temperature, the higher the energy content.



This is a good, clear, concise answer which was awarded the full 5 marks. The candidate has referred to the mass of the food being determined prior to it being burnt. The answer also refers to a suitable volume of water to be poured into the test tube. Many answers used volumes that were far too great, though the candidate was not penalised for doing so on this occasion.



Always read through your answer at the end to ensure that what has been stated is feasible. Describe how the equipment can be used to investigate the energy content of different foods.

(5)

Take a dry ford sample (dried beans), insert it into the mountal needle. Pat a fac volume of water into' the measuring Cylinder. Calculate the temperature of the water and record. Light up the Bod and immediately put under the test huse But before long that, transfer the water from no measuring agunsor to the test take. Allow the Bod to Surn worker he test lube healing (transforming amongy to the water test tube). Continue burning the ford sample with it can no longer burn or light or Catch fro. The to check the temperature of the water ggan .



This is a response that was awarded 4 of the 5 marks available. The candidate refers to 'calculating the temperature' rather than measuring with the thermometer. There is a lack of clarity of where the water goes and a clear statement on putting it into the test tube is required at the beginning.



Clear sentences are always required with this type of 'describe' question.

 Describe how the equipment can be used to investigate the energy content of different foods.

(5)Measuring cylinder helps to measure how much water need in the prinvestigation. You need to make sure water in each food that you using the same amount teshi

Thermometer is used to check the temperature of the water. The same temperature for each food. Also, how much higher the temperture gets off burning/so heating up the food lest tube is used to put the food in whiles you are cooking burning up the jood. It safer then holding it Mounted needle is to pick up the food. It's instead using your hands and adding anything to the food. Also the lest tube is not then you don't want to touch Som thing hot.



This is an example of a response that was awarded zero marks. The candidate has written an account of the apparatus but has not given a description as to how to conduct the investigation.



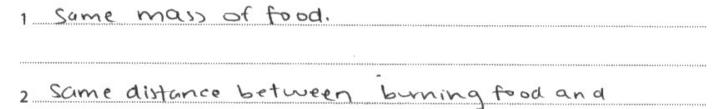
Candidates need to have experience of performing these experiments. Each step in the process should be given in a logical order.

Question 3 (a)(ii)

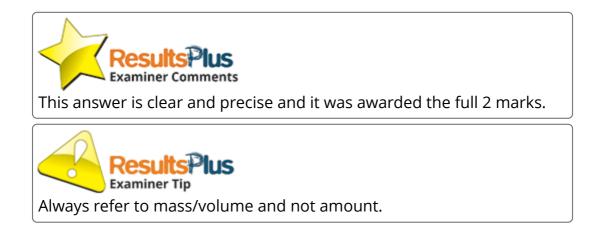
In this question, candidates had to name two variables that needed to be controlled in the investigation. A common error in this question was the use of the word 'amount' which is far too vague and does not give the necessary precision.

(ii) Name two variables that need to be controlled in the investigation.

(2)



test tube.

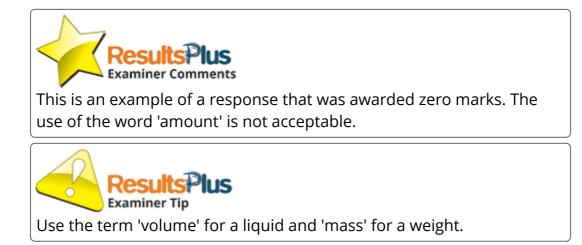


(ii) Name two variables that need to be controlled in the investigation.

(2)

1 The amount of water in the test tube

2 The amount of the food sample.

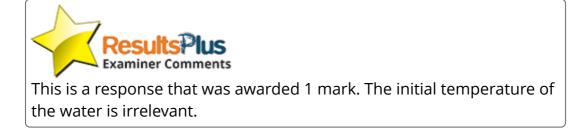


(ii) Name two variables that need to be controlled in the investigation.

(2)

1 Udume of water win test tube.

2 Initial temperature of water.



Question 3 (b)(iii)

(iii) Calculate the percentage difference in the energy requirement of males compared with females in the age range of 35–44 years.

percentage difference = 23 %

(3)



This candidate has not shown any working and so there is no indication of how this answer is derived. As it is incorrect no marks can be awarded.



Always include the working to a calculation.

(iii) Calculate the percentage difference in the energy requirement of males compared with females in the age range of 35–44 years.

$$2629 - 2103 = 526$$

 $526 = 5.26$

percentage difference = 5.26 %

(3)



This candidate shows the working used in the calculation even though the final answer is incorrect. The first section is correct and so is awarded a mark.

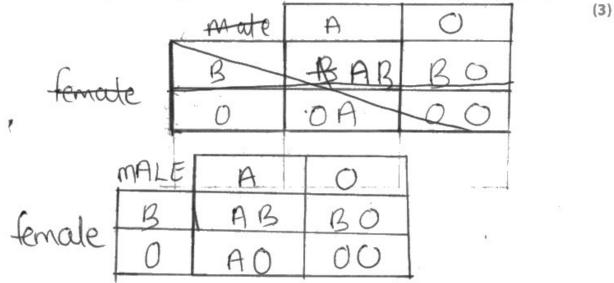


Question 4 (a)(iii)

This was a question about blood groups and genotypes. Candidates were required to draw a genetic diagram to show how the child inherits the genotype l^ol^o.

(iii) A male with the genotype I^AI^o and a female with the genotype I^BI^o have a child with the genotype I^OI^o.

Draw a genetic diagram to show how the child inherits the genotype I°I°.





This is an example of a common response that was awarded zero marks.



Remember that the alleles for blood groups need to be represented with I^A/I^B etc.

When answering a question on genetics each stage should be written down namely, Parental Generation, games followed by the F1 generation. A mark is usually given for each of those stages so to omit one means that a mark cannot be awarded.

Question 4 (b)

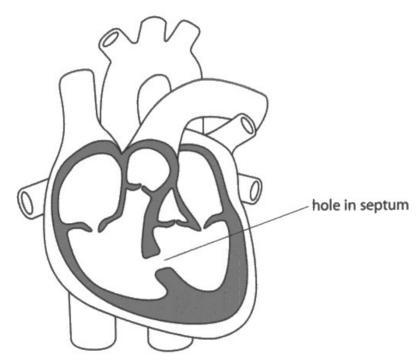
In this question, candidates were asked to explain why a person with a hole in their heart breathes at a greater rate than a person with a healthy heart. The common omission was a failure to mention that blood would pass through the hole from one side of the heart to the other.

(b) The heart pumps the blood around the body.

The diagram shows a human heart.

This heart has a hole in the septum.

This means that blood from the left side of the heart mixes with blood from the right side.



Explain why a person with a hole in their heart breathes at a greater rate than a person with a healthy heart.

(4)

A person with a whole in their heart breathes at a greater grate because the deary genated blood from the right and the oxygenited blood from the left side mixes togemer mis ushich makes a causes the blood to not now as smoothly harder to prease.

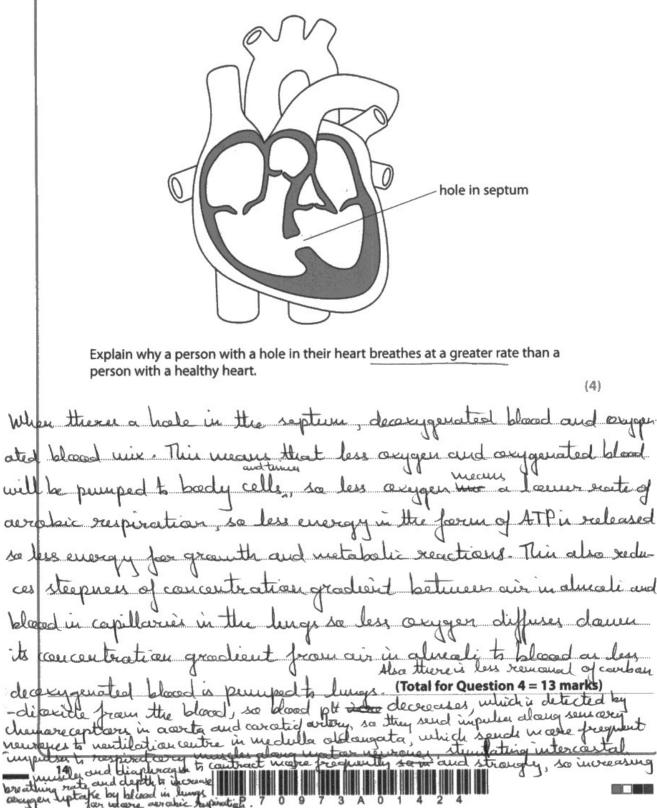


This is an example of a response lacking both clarity and detail and it was awarded 1 mark. The candidate has made some reference to the idea that oxygenated and deoxygenated blood will mix but there is no reference to the outcomes of this mixing or an explanation for the increased rate of breathing. (b) The heart pumps the blood around the body.

The diagram shows a human heart.

This heart has a hole in the septum.

This means that blood from the left side of the heart mixes with blood from the right side.





This is a response that was awarded 3 marks. The candidate has given a long answer extending beyond the lines provided in the paper. Whilst three of the relevant points are made there is much irrelevant detail included in the answer.



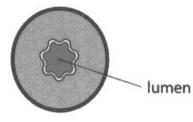
Remember that the number of lines provided for writing and the mark allocation for the question are an indication of the length of answer required.

Question 5 (b)

In this question, candidates were given a diagram of a cross-section of a blood vessel in the skin on a cold day. Candidates were asked to explain the changes in the blood vessel on a hot day.

A common omission was a failure to refer to vasodilation. A common mistake made by candidates was to describe blood going to the surface of the skin or blood vessels moving nearer to the surface of the skin. Neither of these two scenarios were acceptable.

(b) The diagram shows a cross-section of a blood vessel in the skin on a cold day.



Explain the changes in this blood vessel on a hot day.

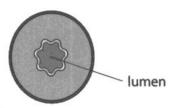
(3)your bload vesteds on a not day will be influmed at your, backy will be trying to cool down, So your bload vesseles and cappillary Will rise to the Surpace



This is a response that was awarded zero marks. The candidate's response illustrates the common mistake of blood vessels rising to the surface or moving to the surface.

Examiner Tip

Candidates should be discussing the fact that, as a result of vasodilation, there is more blood flowing through the skin capillaries. This has no effect on their position, it just allows more heat to be carried in the skin capillaries with the potential to lose more heat via radiation. (b) The diagram shows a cross-section of a blood vessel in the skin on a cold day.



(3)

Explain the changes in this blood vessel on a hot day.

Hor Narrower lumen (Smaller digmeter) This is due to Vasa construction to reduce ammount of blood going in Vessels near skin to reduce the heat lost by radiati vessels near skin to bring back temperature to normal level " Negative feed

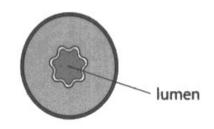


This is a response that was awarded 1 mark. The candidate has not read the question carefully. Although the candidate has reversed the explanation by describing what would happen on a cold day, a mark was awarded for a correct reference to radiation.



Read the whole of the question and ensure that the answer applies to the question.

(b) The diagram shows a cross-section of a blood vessel in the skin on a cold day.



Explain the changes in this blood vessel on a hot day.

(3)

Arteriols Vaso constrict, by relaxation (resoditation) 0	f Smooth muscle So
decouring the blood	\$
Arkriois vasodilale (get usder), by construction of smooth muscle i	menani increasing the blood
Flow new the Skin Surface so that more heat can be last by radia	

This is an excellent concise and correct answer which was awarded the full 3 marks. The candidate has clearly referred to vasodilation with a comment that more blood is flowing 'near' the surface of the skin, not on or at the surface which would be incorrect.

Results Plus

Focus your answers and avoid including any additional material that could cause confusion.

Question 5 (c)

In this question, candidates were asked to describe how ADH regulates the volume of water in the body on a hot day.

The majority of candidates answered this question well. However, a common mistake was to refer to the secretion of ADH by the hypothalamus rather than the pituitary gland. A common omission was a failure to refer to increased permeability of the collecting duct or that water is reabsorbed into the blood.

(c) Describe how ADH regulates the volume of water in the body on a hot day.

{4} Sweating. looses more water by decreases and detected is secrete more duct more ma un permeabi PCtina morp be reabssor blood the auser ulter Conten Because ba water 0 horma more Urine reabsorde Jme Concentrated and Uring morp



This is a response that was awarded the full 4 marks. The candidate has clearly described the points. The only criticism is that there is a fair amount of extraneous material that is not relevant to the question.



Focus the content of your answer to the question. For example, this answer gives details of urine concentration which is not asked for in the question. (c) Describe how ADH regulates the volume of water in the body on a hot day.

In negative feedback, when the body detects that the body is too har and losing too much water, it restricts the amount of water lost through wrine as when the person is sweating, water is loss. This ensures that the water is kept at a consistent level for the body to function properly.



This is an example of a response that was awarded zero marks. The candidate has made no reference to the role ADH but has instead discussed sweating.



Read the question carefully and check that your answer relates specifically to what is being asked.

(4)

(c) Describe how ADH regulates the volume of water in the body on a hot day.

(4)

anti- Sirvetic hormoner - ADH-->during hot day, the volume of water in blood is less, this is detected by boxoreceptors, they send nerve impulses that the volume of tablood is low to hypothalymus, which sends nerve impluse to pitruit into blood to the refease ADH gland to Kidney (target or gand) so causes collecting duch distal convulated tubule to become more and Causing aguaporins permeable to water cell membran ising more water channels, duct, wrine concentrate + collecting so less water 101 blood volume increases , negative eedback Volume of water in body (Total for Question 5 = 11 marks)



This is a response that was awarded 3 marks. The candidate has written a good response but there is a lot of irrelevant material that is not part of the specification namely, aquaporins. In addition, the candidate has not made a clear statement about more water being reabsorbed into the blood and so does not secure full marks.

Ensure that your answers are precise and as concise as possible.

Question 6

In this question, candidates were asked to describe how bacteria can be genetically modified to produce human insulin.

The majority of candidates were very successful on this question as the topic area was well understood. However, some of the weaker responses showed a lack of precision in language. In addition, references to cutting the gene that gives rise to insulin were often vague.

6 Describe how bacteria can be genetically modified to produce human insulin.

Bacteria's have plusmid which is easy to remove. It is also easy to uses because it was has no moral, ethical issures . It can also reproduce quidly. The Plasmid can be extracted, then the insulin hormore can be placed inside it, thus it could reproduce and produce insulin which is vital for people whom affer from diabetes. This plasmid is extracted in the first place because we are able to put genetic codes inside it which allows us to control the bacteria or command A or give it instructions. Thus the scientist desgin the gove, which gots inserted back into the bacteria. And the gene is the one the produces insulin in this case.



This is a response that was awarded 1 mark. The candidate has not given an accurate description of the sequence of the process involved. A mark for removing the bacterial plasmid was awarded.



(6)

6 Describe how bacteria can be genetically modified to produce human insulin. used ADNA malecule Restriction endonucleoser the the containing where it recognises series of bases for insulin 2010 This looves sticky ords. erdonudease then used to chap open bacteria plas also leaving sticky ends. The DNA molecule and bacteria are mixed together using DNA ligase which joins the condementary sucky and stogether forming Recombinent DNA. A This is then mixed with more bactoria in a formation of for moment to grow more bactoria) and bactorial plasmide take up the insulin gere and grow and reproduce in the conditions of the termenter - producine GM insulia



This is a response that was awarded 4 marks. The candidate has made some valid points but the sentences lack precision and clarity of expression.



Re-read your answers to ensure they make sense and the sequence of events can be clearly followed.

6 Describe how bacteria can be genetically modified to produce human insulin.

(6)

extract a bacterial Plasmid human - But extract Part from gene Produces insulin in healthy susprism - Cut Cut Port or sene by restriction endonuclease enzyme - Forming gene with sticky ends - Cut Plasmid by ent restriction endonucleese enzyme, forming stick, ents - Toin gene with Plasmid using ligage onzyme - insert Plasmid back to Bacteria Gene will be expressed forming human insulin



This is a good, clear, concise and precise response that was awarded the full 6 marks. The only criticism is that it is arranged as bullet points rather than a written account. However, all of the relevant points are made and the language is clear and precise. This response demonstrates that it is possible to score full marks by writing what is relevant rather than simply filling the space available.



Aim for clarity and precision in your answers.

Question 7 (a)(iii)

In this question, candidates are told that industrial processes can use immobilised enzymes and candidates were asked to describe how to prepare alginate beads.

The majority of candidates were very successful on this question as the topic area was well understood. The question was a general one about the formation of beads but many candidates chose to couch their answers in terms of how the enzymes could be incorporated into the beads, which was not a requirement of the question.

121

								(3)			
Use	0	soda	nm	曲	Theatina	Solu	ution	and	add	14	
ter		the	ent	zyme	used	(and	str	ond	mtx.	
There	Then			\sim	calcrum						
This	Wey	(fo	m	sodhu	m	chloria	46	and		
algmate	: (cryst	als		contain	nhy	the	enz	MARE	b	
0		0				0		C			

(iii) Describe how to prepare alginate beads.



This is a response that was awarded the full 3 marks. However, the candidate refers unnecessarily to the incorporation of the enzyme but all of the other relevant points are present, except for a final washing of the beads.



Check your answer to ensure that it is addressing the requirements of the question.

(iii) Describe how to prepare alginate beads.

- Make a solution of the enzymes that should used. - Drop the by pipette same volume of enzyme solution in different solution that makes the solution turn to beads. - then after while remove the beads formed then nash them.



This is an example of a response that was awarded 1 mark. The candidate has focussed their response on an enzyme rather than bead formation. A mark was given for a correct reference to washing the beads, even though there was no detail in the answer as to how the beads were formed.

Question 8

In this extended open-response question, candidates were asked to discuss the advantages and disadvantages of the use of embryonic and adult stem cells in medical research.

Overall, this question proved very challenging for candidates. Many responses showed an inability to distinguish what was relevant and irrelevant. In addition, there were inaccuracies in the clarity of expression and the appropriate sequencing of answers.

8 Discuss the advantages and disadvantages of the use of embryonic and adult stem cells in medical research.

(6)

embryonic stem cells

Embryonic stem cells are obtained from the developing embryo, brey have the ability to diffrentiate into any type of specialised cell Lyet remain undiffrentiated themselves) and can be used to treat a wide variety of diseases e.g. Parkinson's Disease (and even form nerve cells) unlike the adult stem cells. However, the usage of embryonic stem cells faces a lot of moral objections, and social and ethnical issues i.e. eyvestions regarding who owns the embryo and whether it is rightful to take stemcells from a "developing" embryo, there is also a lack of

adult stem cells

adult stem cells are more commonly used than embryonic stem cells i.e bone barrow transplants and can be used to treat different diseases i.e lukenia etc.

However, these cells are obtained from the lining of tissues such as the intestine, skin. However, these cells have lost the ability to differentiate into any type of specialised cells, so here's a limit to the diseases that can be treated, but an advantage is that medical evidence is present to support the success of stem cell brerapky and vsage of adult stem cells



This response was awarded 4 marks. The candidate has made relevant points about embryonic stem cells and the ability to differentiate, including their role in the treatment of Parkinson's disease. The candidate correctly discusses ethical issues. However, the limitations of the answer are when the candidate discusses adult stem cells. The obvious points are that they are taken from the person/patient and there is no issue of rejection as a result. 8 Discuss the advantages and disadvantages of the use of embryonic and adult stem cells in medical research.

embryonic stem cells

Advantages of use embryonic stomaells is that it can divide differentiate into any type of cells et with no hyfrick san form only cell type to be used to harvest a grow organs. limits. The disadvantages is that its extracted from on embryo & an embryo could be; a potential life & using it in researches may tail it a this will be a murder as embryo has right to live

(6)

adult stem cells The advantages of using adult stem cells is That it can be extracted from the any area to containing it without harming the patient so no ethical issues arise. Moreoug storm cetts can be used to grow a harvest an organ to be used in organ transplant for people who are in need of organs & solve The shortage of donors However, a disaduantage of adult poblem. stom cells is that they can divide into limited types of cell so not all types of organs can be obtained.



This response was awarded 3 marks. The candidate has covered some of the points but there is a considerable amount of detail that is lacking.



Ensure full details are given in open-response answers rather than just 'padding'.

Question 9 (a)

In this question, candidates were given statistics about high blood pressure among men and women. Candidates were asked to explain how medication can be used to treat people with high blood pressure.

Whilst many candidates knew that ACE inhibitors or beta blockers were involved, there were many who discussed statins and also discussed the effect of cholesterol on blood pressure.

(4)

Candidates often failed to score full marks because they were unclear as to how the medicines acted and they were often very vague in their responses.

- 9 In England, 31% of men and 26% of women have high blood pressure.
 - (a) Explain how medication can be used to treat people with high blood pressure.

ACE inhibitors are used to descrease blad preasure as they stop the plosess of shich anginartengen I turns into anginortengen II by the ACE entyme. anguidinger I causes the namewing of blood vensels I vaso constriction so the decrease inits secretion/production of increases the lumens diameter / decreases blood preasure as the marrismer / more reso constricted the Lumen is the higher the blood preasure. lower blood preasure means treated hypertension insmal blood preasure decreasing complication ricks of hypertension



This is a response that was awarded the full 4 marks. The candidate described what angiotensin normally do, ie, constrict the arterioles. However, the question required candidates to know that arterioles would not be constricted thereby preventing an increase in blood pressure. The candidate does eventually make the point but not before a description of arteriole contraction is included.



Ensure that the information you give is answering the question.

- 9 In England, 31% of men and 26% of women have high blood pressure.
 - (a) Explain how medication can be used to treat people with high blood pressure.

use anti-hypertensive drugs - Use Stating to decrease Cholesterof level in blace - use Beta blockers to reduce the heart rate - Avoid Consuming too much animal faits - Avoid Simoleing

(4)



This is a response that was awarded 2 marks. The candidate has listed their knowledge about circulatory issues. This approach has yielded a couple of marks with reference to beta blockers and the slowing of the heart rate. However, the candidate has made some irrelevant points about avoiding smoking and consuming too much animal fat.



Re-read the question carefully to ensure that the information you give is answering the question.

Paper Summary

Candidates should take particular note of the following points.

- Ensure that the workings for all calculations are shown.
- Show workings in a logical sequence.
- Always write in clear, full sentences.
- Focus answers on the question asked and avoid writing down everything known about a topic.
- Ensure that when a question asks what happens if a substance is missing, avoid only stating what that substance does.

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