Revision Checklist for IGCSE Biology 0610

A guide for Students

UNIVERSITY of CAMBRIDGE
International Examinations

Revision Checklist for IGCSE Biology 0610

A guide for students

How to use this guide

The guide describes what you need to know about your IGSCE Biology examination.

It can be used to help you to plan your revision programme for the theory examinations and will explain what the examiners are looking for in the answers you write. It can also be used to help you revise by using the tick boxes in Section 3, 'What you need to know?', to check what you know and which topic areas of Biology you have covered.

The guide contains the following sections:

Section 1: How will you be tested?

This section will give you information about the different types of theory and practical examination Papers that are available.

Section 2: What will you be tested on?

This section describes the areas of knowledge, understanding and skills that you will be tested on.

Section 3: What you need to know

This shows the syllabus content in a simple way so that you can check:

- the topics you need to know about
- how the Extended syllabus (Supplement) differs from the Core syllabus
- details about each topic in the syllabus
- how much of the syllabus you have covered

4. Appendices

This section covers the other things you need to know, including:

- information about the mathematical skills you need
- information about terminology, units and symbols, and the presentation of data
- the importance of the command words the Examiners use in the examination Papers

Not all the information will be relevant to you. For example, you will need to select what you need to know in Sections 1 and 3, by finding out from your teacher which examination Papers you are taking.

Section 1: How will you be tested?

1.1 The examinations you will take

You will be entered for **three** examination Papers, **two** theory Papers and **one** practical Paper.

You will need to ask your teacher which practical Paper you are taking. Nearer the time of the examination, you will also need to ask which theory Papers you are being entered for.

If your teacher thinks that you should enter for the examination based on the Core syllabus, you will take Paper 1 (theory), Paper 2 (theory) and **one** of the practical Papers (4 or 5 or 6).

If your teacher thinks that you should enter for the examination based on the Extended syllabus, you will take Paper 1 (theory), Paper 3 (theory) and **one** of the practical Papers (4 or 5 or 6).

Whether you take Paper 2 or 3 will depend on the progress your teacher thinks you have made and which Paper most suits your particular strengths. You should discuss this with your teacher.

1.2 About the theory Papers

The table gives you information about the theory Papers

Paper number	***How long and how many marks?***	***What's in the paper?***	***What's the % of the total marks***
Paper 1	45 minutes (40 marks)	40 multiple-choice questions. You choose one answer you consider correct from a choice of 4 possible answers.	30%
Paper 2	1 ¼ hours (80 marks)	Short-answer questions and structured questions. You should write your answers in the spaces provided. The Paper tests the Core syllabus.	50% (you do either Paper 2 or Paper 3)
Paper 3	1 ¼ hours (80 marks)	Short-answer questions and structured questions. You should write your answers in the spaces provided. The Paper tests topics in both the Core and Extended syllabus.	50% (you do either Paper 2 or Paper 3)
Practical Paper	see next table	see next table	20%
			Total 100%

1.3 About the practical Papers

Twenty percent of the marks for IGCSE Biology are for practical work. Practical work is based only on the Core syllabus.

You will do **one** of the practical Papers shown in the table. Your teacher will tell you which practical Paper you will do. The number of marks varies between the Papers but your final

mark will be calculated so that it is worth same percentage of the total examination as the other practical Papers.

Paper number and type	***How long and what it's marked out of?***	***What's involved?***
Paper 4 (coursework)	no fixed time (48 marks)	You design and carry out experiments, which are then marked by your teacher. You will be assessed on 4 skill areas. You need to produce 2 pieces of work for each skill area.
Paper 5 (practical test)	1 ¼ hours (40 marks)	You do a practical exam, which is supervised by a teacher. There are usually 2 questions testing 4 skill areas.
Paper 6 (alternative to practical)	1 hour (60 marks)	You answer a written paper about practical work. There are usually 6 questions, which test the same skill areas as Paper 5.

Here is some more detail about each of the practical Papers. If you are unsure of anything, ask your teacher.

1.3.1 Paper 4 (Coursework)

You will carry out several experiments throughout your Biology course, which will be marked by your teacher. Your teacher will mark you on **four** different skill areas (Using apparatus, Observing, Handling results, Planning and Evaluating.)

What you have to do to get a basic (B), medium (M) or high (H) mark is shown below. The differences between basic, medium and high marks are shown below in italics and underlined.

Skill C1: Using apparatus
You follow written instructions to set up and use apparatus correctly. You carry out your work safely.

B: You follow instructions correctly to do a *single* practical operation e.g. testing a sample of Food to find out if it contains starch.

You use familiar apparatus with *a little help* on points of safety.

M: You follow instructions correctly to do a *series of step-by-step* practical operations e.g.. testing a leaf to find out if it contains starch or investigate the digestion of starch by amylase

You use familiar apparatus *fairly well with no help* on points of safety.

H: You follow instructions correctly to do a series of step-by-step practical operations, but you *may need to change one step if things don't work out as you thought*, e.g. lower the concentration of amylase if the digestion of starch goes too fast.

You use familiar apparatus *very well* with no help on points of safety.

Skill C2: Observing
You make observations and measurements and write them down clearly.

B: You make suitable observations when given *some detailed instructions*.

You record results correctly when given *a detailed table or some help*.

M: You make suitable observations when given *minimal instructions*.

You record results correctly when given *an outline table or minimal help.*

H: You make suitable observations *without help and record results as accurately as the apparatus allows.*

You record results correctly *without help.*

Skill C3: Handling results
You draw graphs and/ or perform calculations from your results. You draw conclusions from your results and recognize any results, which do not fit into the pattern.

B: You draw graphs or charts (or do some calculations) from your results when given *detailed suggestions*.

You draw *simple* conclusions from your results.

M: You draw graphs or charts (or do some calculations) from your results when given *only a little help*.

You draw simple conclusions from your results and *comment on the patterns shown by the data* e.g. a high concentration of amylase causes a faster rate of reaction than a low concentration.

You *comment on results which do not fit the pattern.*

H: You draw graphs or charts (or do some calculations) from your results when given *no help*.

You draw *more general* conclusions from your results and comment on the patterns, e.g. the greater the concentration of amylase, the faster the reaction. You comment on results which do not fit the pattern and *suggest how to deal with them* e.g. ignore them.

You *suggest what errors there are in your experiment.*

Skill C4: Planning and evaluating
You plan your experiment given some basic information from your teacher. You suggest how well your plan worked and modify if necessary.

B: You write a *simple* plan for your experiment.

You modify your plan after doing *several experiments to see which works the best*.

M: You write a plan for your experiment, which has *a series of logical steps in it.*

You modify your plan *after doing trial experiments and give reasons why you need to alter your original plan*.
If there are *two variables* (things which can change e.g. concentration of amylase, concentration of starch)*, you recognise that one variable needs to be changed, while the other is kept the same*. e.g. keep the concentration of starch the same but vary the concentration of amylase.

H: You write a plan for your experiment which has a series of logical *and clearly reasoned steps*.

You modify your plan after doing trial experiments and give reasons why you need to alter your original plan and *suggest to what extent your plan works and why. You suggest how to deal with unexpected results*.
If there are *more than two variables you recognise which need to be controlled (kept constant) and which needs to be changed.*

1.3.2 Paper 5 (Practical test)

You do a practical exam, which is supervised by a teacher. You are given an instruction sheet which enables you carry out the experiments, handle the data and draw appropriate conclusions. You may be asked to use the following techniques:

- carefully following a set of instructions in a particular order
- using familiar and unfamiliar methods to record observations and making deductions from them
- performing simple tests, for example tests for food substances, using hydrogencarbonate indicator, litmus and Universal Indicator paper
- using a scalpel or razor blade, forceps, scissors and mounted needles skilfully
- using a hand lens to observe and record biological specimens
- making clear line drawings of specimens
- performing simple arithmetical calculations, including the magnification of a drawing

1.3.3 Paper 6 (Alternative to practical)

This is a written Paper, testing the same four skills as Paper 5. You may be asked to:

- carefully follow a set of instructions in a particular order
- use familiar and unfamiliar methods to record observations and making deductions from them
- perform simple tests, for example tests for food substances, using hydrogencarbonate indicator, litmus and Universal Indicator paper
- use a scalpel or razor blade, forceps, scissors and mounted needles skilfully
- use a hand lens to observe and record biological specimens
- make clear line drawings of specimens
- perform simple calculations, including the magnification (enlargement) of a drawing

Section 2: What will you be tested on?

The Examiners will take account of the following areas in your examination Papers:

- your knowledge (what you remember) and understanding (how you use what you know and apply it to unfamiliar situations)
- how you handle information and solve problems
- your use of experimental skills

These areas of knowledge and skills are called Assessment Objectives. The theory Papers test mainly Assessment Objectives A (knowledge with understanding) and Assessment Objective B (handling information and problem solving). The purpose of the practical Paper is to test Assessment Objective C (experimental skills). Your teacher will be able to give you more information about how each of these is used in the examination Papers.

The table shows you the range of skills you should try to develop:

Skill	***What the skill means***	***What you need to be able to do***
A: knowledge with understanding	remembering facts and applying these facts to new situations	1. use scientific ideas, facts and laws 2. know scientific definitions e.g. what is excretion? 3. know about biological apparatus and how it works 4. know about S I units, quantities (e.g. mass) and symbols (e.g. dm^3) 5. understand the importance of science in everyday life
B: handling information and problem solving	how you extract information and rearrange it in a sensible pattern and how you carry out calculations and make predictions	1. select and organize information from graphs, tables and written text 2. change information from one form to another, e.g. draw chart and graphs from data 3. arrange data and carry out calculations 4. identify patterns from information given and draw conclusions 5. explain scientific relationships, e.g. changes in heart rate in relation to activity 6. make predictions and develop scientific ideas 7. solve problems
C: experimental skills	planning and carrying out experiments and recording and analysing information	1. set up and use apparatus safely 2. make observations and measurements and record them 3. analyse experimental results and suggest how valid they are 4. plan and carry out your own experiment and describe to what extent your plan worked

Section 3: What you need to know.

This is a table, which describes the things you may be tested on in the examination. It is arranged in 14 topic areas. If you are studying only the Core material (Papers 1 and 2), you will need to refer only to the column headed Core material. If you are studying the Extended syllabus (Papers 1 and 3), you will need to refer to both the Core and Extended material columns. If you are unsure about which material to use, you should ask your teacher for advice.

How to use the table

You can use the table throughout your course to check the topic areas you have covered. You can also use it as a revision aid. When you think you have a good knowledge of a topic, you can tick the appropriate box in the checklist column. The main headings in the topic areas are usually followed by the details of what you should know.

Test yourself as follows:

• cover up the details with a piece of paper
• try to remember the details
• when you have remembered the details correctly, put a tick in the appropriate box

If you use a pencil to tick the boxes, you can retest yourself whenever you want by simply rubbing out the ticks. If you are using the table to check the topics you have covered, you can put a tick in the topic column next to the appropriate bullet point.

The column headed ‘Comments’ can be used:
• to add further information about the details for each bullet point
• to add learning aids
• to highlight areas of difficulty/ things which you need to ask your teacher about

Topic	***Core material***			***Extended material***		
	You should be able to:	Checklist	Comments	You should be able to:	Checklist	Comments
Section I.						
1. Features of living organisms	• list and describe the features of living organisms	☐				
	state the meaning of the terms:					
	• nutrition	☐				
	• excretion	☐				
	• respiration	☐				
	• growth	☐				
	• movement	☐				
	• reproduction	☐				
	• sensitivity	☐				
2.1. The idea and use of a classification system	• explain the meaning of and describe the binomial (two name) system of naming species, e.g. *Felis leo* and *Felis tigris*	☐				
	• identify and name the five main classes of vertebrates by using visible, external features only	☐				

2.2. Adaptations of organisms to their environment	• list the main, visible, external features used to identify and name the groups, also name examples:	☐		• list the main features used to identify and name the groups, also list their adaptation to the environment as appropriate.	☐	
	• flowering plants (mono- and dicotyledons)	☐		• viruses	☐	
	• arthropods (insects, arachnids, crustaceans and myriapods)	☐		• bacteria	☐	
				• fungi	☐	
	• annelids	☐				
	• nematodes	☐				
	• molluscs	☐				
3.Simple keys	• use simple dichotomous (forked) keys that use easily identified features	☐				

Topic	Core Material			Extended Material		
	You should be able to:	Checklist	Comments	You Should be able to:	Checklist	Comments
Section II 1. Cellular structure of all living organisms	• identify the nucleus, cell membrane and cytoplasm in animal and plant cells, e.g. liver and palisade cell	☐		• link the parts of animal and plant cells to their functions	☐	
	• identify also the cell wall, vacuole and chloroplasts in a plant cell, e.g. palisade cell	☐				
2. Level of organisation	• explain that a tissue is a group of similar cells having the same function	☐				
	• explain that an organ is built from a number of tissues to carry out a function	☐				
	• explain that an organ system is a number of organs working together	☐				
	• name examples of tissues, organs and organ systems	☐				

	• understand how the structure of each of the following helps it to carry out its function	☐				
	• ciliated cells in the respiratory tract	☐				
	• root hair cells	☐				
	• xylem vessels	☐				
	• muscle cells	☐				
	• red blood cells	☐				
3. Size of specimens	• work in millimetres, to measure and calculate the size and magnification of specimens	☐				
4. Movement in and out of cells						
4.1 Diffusion	explain that diffusion					
	• is the movement of molecules	☐				
	• is a random movement	☐				
	• is overall from a higher concentration to a lower concentration – down a concentration gradient	☐				

	• stops overall when the concentrations are equal explain the importance of the: • diffusion of gases e.g. oxygen and carbon dioxide • diffusion of solutes e.g. glucose and nitrates • ability of water, the solvent of living organisms, to form solutions	☐ ☐ ☐ ☐				
4.2 Active transport				understand that active transport • is an energy using process • moves substances against a concentration gradient, e.g. nitrates into root hairs, glucose into epithelial cells of villi	 ☐ ☐	
4.3 Osmosis	explain that osmosis • is the movement of water molecules only • involves a partially permeable membrane • occurs overall from a higher	 ☐ ☐		understand • the concept of water potential • that water potential of pure water is higher than that of solutions	 ☐ ☐	

	concentration to a lower concentration of water • stops overall when the concentrations are equal describe: • the role of osmosis in water uptake by plant roots • its effect on plant and animal tissue	☐ ☐ ☐ ☐				
5. Enzymes	• explain that a catalyst changes the speed of a reaction explain that an enzyme • is a biological catalyst • is made by cells • is made of protein • speeds up reactions • has optimum working conditions understand how enzymes are • affected by changes of temperature • affected by changes of pH	☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐		• describe the role of enzymes in the germination of seeds understand the uses of enzymes in • the food industry • in biological washing products • outline the role of microorganisms and fermenters to manufacture useful enzymes	☐ ☐ ☐ ☐	

6. Nutrition	explain that nutrition in animals and plants • is obtaining organic substances and mineral ions • provides basic materials for growth and repair • provides an organism with sources of energy	☐ ☐ ☐				
6.1 Nutrients	• list the elements that make up carbohydrates, fats and proteins • understand the build up of simple molecules into larger ones such as • simple sugars into starch, glycogen • amino acids into proteins • fatty acids and glycerol into fats • describe the test, name the test reagent and state positive result for	☐ ☐ ☐ ☐ ☐				

	• starch • reducing sugar • protein • fat state the main sources on the diet and the importance of • carbohydrates • fats • proteins • vitamins C and D • mineral salts calcium and iron • fibre (roughage) • water describe the symptoms of a lack in the diet of • vitamins C and D • mineral salts calcium and iron	☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐		describe the use of microorganisms in the food industry manufacturing • yoghurt • bread • single cell protein • describe the uses, benefits and health hazards linked to food additives (including colourings)	☐ ☐ ☐ ☐	
6.2 Photosyn-thesis	• state that plants produce simple sugars from raw materials	☐				

6.2.1 Photosyn-thesis	state that • carbon dioxide and water are raw materials for photosynthesis • simple sugar (glucose) and oxygen are produced •the energy source is light, trapped by chlorophyll and changed to chemical energy • the glucose is changed into other substances e.g. starch, cellulose, protein, fats and oils, for use or storage	☐ ☐ ☐ ☐		• state that a limiting factor is the factor that sets the overall rate of a process interpret the effects, on photosynthesis, of limiting factors such as • light intensity • carbon dioxide concentration explain the use in greenhouse systems of • addition of carbon dioxide • optimum light conditions • optimum temperature conditions	☐ ☐ ☐ ☐ ☐ ☐	
6.2.2 Leaf structure	• identify in a cross section of a leaf its cell and tissue types and their positions understand the importance of the following features • the position and numbers of chloroplasts	☐ ☐				

	• the stomata, mesophyll and air spaces	☐				
	• the vascular bundles of xylem and phloem	☐				
6.2.3 Mineral requirements	describe the role of			explain the effect on plant growth of a lack of		
	• nitrate ions for protein formation	☐		• nitrate ions	☐	
	• magnesium ions for chlorophyll formation	☐		• magnesium ions	☐	
	describe for nitrate fertilisers					
	• their uses	☐				
	• the dangers of overuse	☐				
6.3 Animal nutrition	• understand that diet is a balance between food intake and the need for energy, growth and health	☐				
				consider the problems		
6.3.1 Diet	• understand the idea of a balanced diet	☐		• of world food supplies	☐	
	describe			• that contribute to famine (unequal distribution of food, drought and flooding, and increasing world population)	☐	
	• a balanced diet linked to the age, sex and activity of a person	☐				

	describe the effects of • malnutrition linked to starvation, coronary heart disease, constipation and obesity • alcohol and the dangers of its misuse	☐ ☐				
6.3.2 Human alimentary canal	identify the organs of the alimentary canal and associated organs • mouth, oesophagus stomach, small intestine (duodenum, ileum), large intestine (colon, rectum), and anus • pancreas, liver understand that • ingestion is the intake of food materials into the mouth • digestion is the breakdown of these materials into simple soluble molecules • absorption is the uptake of the soluble molecules into the blood	☐ ☐ ☐ ☐ ☐ ☐				

6.3.3 Mechanical and physical digestion	• assimilation is the use of the absorbed molecules in the body • egestion is the removal of undigested materials from the anus • describe the roles of the organs above linked to these processes • identify the types of human teeth • describe the functions of each type • state the causes of tooth decay • describe the proper care of teeth describe the processes of • chewing • peristalsis	☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐		• explain the probable action of fluoride in reducing tooth decay • consider arguments for and against its addition to public water systems	☐ ☐	

6.3.4 Chemical digestion the significan-ce of producing small, soluble molecules	• describe digestion in the alimentary canal describe the functions of typical digestive enzymes listing the substrate and end products for • amylase • protease • lipase	☐ ☐ ☐ ☐				
6.3.5 Absorption	• state that the small intestine is the organ for absorption of digested food • describe the importance of villi in increasing its internal surface area	☐ ☐		• describe the structure of a villus (including capillaries and lacteal) • state the role of the hepatic portal vein in transport of absorbed molecules to the liver	☐ ☐	
6.3.6 Assimilation	describe the role of the liver in the • metabolism of glucose • destruction of excess amino acids • describe the role of fat as a storage substance	 ☐ ☐ ☐		understand that deamination involves • the removal of the nitrogen containing part of amino acids as urea • and the release of energy from the remainder of the amino acid	 ☐ ☐	

7. Transport 7.1 Transport in plants						
7.1.1 Water uptake	• identify a microscope view of root hair cells • describe their functions	☐ ☐				
7.1.2 Transpiration	understand that transpiration • is the loss of water vapour from stomata • occurs by diffusion describe • how water vapour loss is linked to cell surfaces, air spaces and stomata • the effects of changes in temperature, humidity and light intensity on transpiration • how wilting occurs	 ☐ ☐ ☐ ☐ ☐		• describe the mechanism of water uptake in terms of “pull” from above • describe that this creates a water potential gradient through a plant • describe the adaptations of leaf stem and root to different environments (relate to local examples)	☐ ☐ ☐	
7.1.3 Transplo-ation	understand that translocation • is the movement of soluble molecules e.g. sucrose and	 ☐		• describe translocation of applied chemicals (including systemic pesticides) throughout a plant	☐	

	amino acids • occurs from regions of production or storage (supply) to regions of use in respiration and growth (demand)	☐				
7.2 Transport in humans						
7.2.1 Heart	describe the • gross structure of the heart • functioning of the heart • effect of exercise on heart beat • list the likely causes of a heart attack (diet, smoking, stress) and preventative measures	☐ ☐ ☐ ☐				
7.2.2 Arteries, veins and capillaries	describe the structure and functions of • arteries • veins • capillaries	☐ ☐ ☐		describe how structure and function are linked in • arteries • veins • capillaries	☐ ☐ ☐	

				describe the immune system in terms of		
7.2.3 Blood	• identify a microscope view of blood cells describe the • components of blood • the functions of blood (including clotting but not details of the process) • transfer of materials between capillaries and tissue fluid	☐ ☐ ☐ ☐		• antibody production • tissue rejection • phagocytosis • describe the process of clotting (only fibrinogen to fibrin) describe the function of the lymphatic system in the • circulation of body fluids • production of lymphocytes	☐ ☐ ☐ ☐ ☐ ☐	
8. Respiration	• understand respiration is the release of energy from food substances in all living cells	☐				
8.1 Aerobic respiration	• understand aerobic respiration is the release of energy from food substances in all living cells using oxygen	☐				

	• state the equation for aerobic respiration (in words or symbols) • name and describe the uses of energy in the human body	☐ ☐				
8.2 Anaerobic respiration	• understand anaerobic respiration is the release of energy from food substances in all living cells without oxygen state the equation for anaerobic respiration (in words or symbols) for • muscles • yeast describe its role • in brewing • in bread making • the production of lactic acid in muscles during exercise	☐ ☐ ☐ ☐ ☐				
	• compare the relative amounts of energy released in aerobic and anaerobic respiration	☐				
8.3 Gaseous exchange	• list the features of gaseous exchange surfaces in animals • state the differences in	☐		describe the role in the ventilation of the lungs of the following structures		

	composition between inspired and expired air • describe a test for carbon dioxide describe the effects of • physical activity on rate and depth of breathing • tobacco smoke and its major toxic components on the respiratory system	☐ ☐ ☐ ☐		• ribs • internal and external intercostal muscles • diaphragm	☐ ☐ ☐	
9 Excretion in humans	• understand excretion is the removal, from the body, of toxic materials, waste products of metabolism and substances in excess of an organisms needs describe the function of the kidney simply in terms of the • removal of urea and excess water • reabsorption of glucose and some salts describe the • relative positions of the ureters, bladder and urethra in the body • formation of urea by the liver	☐ ☐ ☐ ☐ ☐		• explain dialysis • consider its application in kidney machines • consider the advantages and disadvantages of kidney transplants compared with dialysis	☐ ☐ ☐	

	• breakdown of alcohol, drugs and hormones by the liver	☐				
10. Coordinat-ion and response	• understand that coordination is the ability to detect and respond to internal and external stimuli	☐				
10.1 Hormones	understand that a hormone					
	• is a chemical substance produced by a gland	☐		describe the		
	• is carried by the blood plasma	☐		• chemical control of plant growth by auxins	☐	
	• has an effect (causes a response) on a target organ	☐		• the effects of synthetic plant hormones used as weedkillers	☐	
	• describe the chemical control of metabolic activity by adrenaline	☐		• consider the use of hormones in food production	☐	
10.2 Tropic and taxic responses	• understand geotropism is a growth response towards or away from the stimulus of gravity, by a plant	☐		describe in terms of auxins regulating differential growth		
				• geotropism	☐	
	• understand phototropism is a growth response towards or away from the stimulus of light, by a plant	☐		• phototropism	☐	

10.3 Nervous control in humans	• describe simple behaviour by invertebrates in terms of taxic responses describe the nervous system in humans in terms of • central nervous system (brain and spinal cord) • peripheral nervous system (nerves to and from organs, etc) understand that • sense organs are groups of receptor cells responding to specific stimuli • stimuli include light, sound, touch, temperature and chemicals • identify sensory and motor neurones in diagrams • understand that muscles and glands are effectors • describe the action of antagonistic muscles using the biceps, triceps and associated bones as an example • describe the structure of a simple reflex arc (sensory, relay and motor neurones)	☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐			☐	

	• understand that a reflex action as a way of linking stimuli with coordinated responses	☐		• understand the difference between voluntary and involuntary actions	☐	
	describe the • structure of the eye	☐		understand the difference between rod and cone cells linked to their	☐	
	• functioning of the eye (including accommodation and pupil reflex)	☐		• function	☐	
	• compare nervous and hormonal control systems	☐		• distribution	☐	
10.4 Homeostasis	• understand that homeostasis is the maintenance of a constant internal environment	☐		describe the control of glucose content of the blood by		
	• describe temperature regulation	☐		• the liver	☐	
	explain the effects of			• insulin and glucagon from the pancreas	☐	
	• sweating	☐		• consider the general role of negative feedback in homeostasis	☐	
	• vasodilation	☐				
	• vasoconstriction	☐				
10.5 Drugs	describe the effects and dangers of misuse of					
	• alcohol	☐				
	• heroin	☐				
	• describe the personal and social problems caused by drug abuse of alcohol and heroin	☐				

Topic	Core Material			Extended Material		
	You should be able to:	Checklist	Comments	You should be able to:	Checklist	Comments
Section III 1. Reproduct-ion						
1.1 Asexual reproduct-ion	• understand that asexual reproduction is the production of new individuals of the same type / species by one parent describe asexual reproduction in	☐		• consider the advantages and disadvantages to a species of asexual reproduction	☐	
	• bacteria	☐				
	• spore production in fungi	☐				
	• tuber formation in potatoes	☐				
1.2 Sexual reproduct-ion	• understand that sexual reproduction is the production of new individuals of the same type / species by the fusing together of gametes from two parents	☐		• consider the advantages and disadvantages to a species of sexual reproduction	☐	
1.2.1 Sexual reproduct-ion in plants	• describe the structure and functions of the flower of a **named** dicotyledonous plant	☐				

	• understand that pollination is the transfer of pollen from an anther to a stigma	☐				
	• name agents of pollination	☐				
	compare the different structural adaptations of			consider the implications to a species of		
	• insect-pollinated flowers	☐		• self-pollination	☐	
	• wind-pollinated flowers	☐		• cross-pollination	☐	
	describe the					
	• growth of the pollen tube	☐				
	• process of fertilisation	☐				
	• formation of seed and fruit	☐				
	• structure of a non-endospermic fruit	☐				
	• understand that dispersal of seeds and fruits is the carriage of these away from the parent plant	☐				
	describe seed and fruit dispersal by					
	• wind	☐				
	• animals	☐				
1.2.2 Sexual reproduct-ion in	describe the structure and functions of the reproductive system of the human					

humans	• male • female • describe the female menstrual cycle describe • sexual intercourse • fertilisation • implantation describe the development of the fetus in terms of • placenta • maternal and fetal blood supplies • exchange of materials describe ante-natal care in terms of • dietary needs of the mother • maintaining good health • describe birth	☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐		outline the functions of the • amniotic sac • amniotic fluid • describe the advantages of breast-feeding compared with bottle-feeding	☐ ☐ ☐	

1.3 Sex hormones	describe the roles, in the development and regulation of secondary sexual characteristics at puberty, of			describe the sites of production and the roles of oestrogen and progesterone in		
	• testosterone	☐		• the menstrual cycle	☐	
	• oestrogen	☐		• pregnancy	☐	
1.4 Methods of birth control	name and describe the following methods of birth control			consider the social aspects of		
				• artificial insemination	☐	
	• natural	☐		• the use of hormones in fertility drugs	☐	
	• chemical	☐				
	• mechanical	☐				
	• surgical	☐				
1.5 Sexually transmissible diseases	• describe the signs, symptoms, effects and treatment of gonorrhoea	☐				
	describe for human immunodeficiency virus (HIV)			• outline how HIV affects the immune system	☐	
	• the methods of transmission	☐				
	• the ways in which it can be prevented from spreading	☐				

2. Growth and development	• understand that growth can be measured by the increase in dry mass of an organism	☐				
	• understand that development can be judged by the increase in complexity of an organism	☐				
	• describe the environmental conditions that affect germination	☐				
3. Inheritance	• understand that inheritance is the transfer of genetic information from one generation to the next, and that this leads to both continuity and variation within a species	☐				
3.1 Chromos-omes	understand the following terms					
	• a chromosome is a thread like structure in the nucleus of a cell that carries genes	☐				
	• a gene is a unit of inherited information on a chromosome that controls an inherited feature e.g. eye colour	☐				
	• alleles are forms of a gene that control different versions of a feature e.g. blue eye colour or brown eye colour	☐				

	• a haploid nucleus is one that has one copy of each of the different chromosomes that exist for a species	☐				
	• a diploid nucleus is one that has a pair of copies of each of the different chromosomes that exist for a species	☐				
	• describe the inheritance of sex in humans (XX and XY sex chromosomes)	☐				
3.2 Mitosis	describe mitosis simply (no details of stages needed) in terms of					
	• exact duplication of chromosomes	☐				
	• producing identical diploid daughter nuclei	☐				
3.3 Meiosis	describe the production of gametes by meiosis simply (no details of stages needed) in terms of					
	• halving of chromosome number	☐				
	• producing variation in the haploid daughter nuclei	☐				

3.4 Monohybrid inheritance	understand the terms gene and allele and additionally the following terms • genotype is the alleles an individual has • phenotype is the observable feature of an individual • homozygous is having two identical alleles for a feature • heterozygous is having two different alleles for a feature • a dominant allele is one which when present always affects the phenotype • a recessive allele is one which only affects the phenotype if it is the only type of allele present	☐ ☐ ☐ ☐ ☐ ☐				
3.5 Variation	calculate and predict the results of monohybrid crosses involving • 1 : 1 ratios • 3 : ratios describe continuous and discontinuous variation, illustrated by height and A, B, AB and O blood groups, as affected by	 ☐ ☐		explain • codominance • the inheritance of A, B, AB and O blood groups (I^A, I^B and I^O)	 ☐ ☐	

	• the environment • genes • understand that mutation is a change in the genes or chromosomes of an individual • describe mutation as a source of variation, e.g. Down's syndrome outline the effects, on the rate of mutation, of • radiation • chemicals	☐ ☐ ☐ ☐ ☐ ☐		describe • sickle cell anaemia • its occurrence linked to that of malaria	☐ ☐	
3.6 Selection	• describe the role of artificial selection in producing varieties of animals and plants with increased economic importance • understand that natural selection involves the transfer of genes by the best adapted organisms to their offspring	☐ ☐		• describe variation • understand that competition leads to differential survival of, and reproduction by, those organisms best fitted to the environment • consider the importance of natural selection as a possible mechanism for evolution • describe the development of strains of antibiotic resistant bacteria, as an example of natural selection	☐ ☐ ☐ ☐	

3.7 Genetic engineering	• understand that genetic engineering is the transfer of a gene from one species into another species	☐		• explain why human insulin genes were put into bacteria • outline how this is achieved using genetic engineering	☐ ☐	

Topic	Core Material			Extended Material		
	You should be able to:	Checklist	Comments	You should be able to:	Checklist	Comments
Section IV 1.Energy flow	• state that the Sun is the principal source of energy input to biological systems. • describe the non-cyclical nature of energy flow	☐ ☐				
2. Food chains and food webs	understand the following terms • a food chain shows links between a series of organisms feeding on one another • a food web shows a group of interlinked food chains • producers are green plants that produce their own food by photosynthesis • consumers are organisms that depend on the food produced by plants • herbivores (primary consumers) obtain their energy by feeding directly on producers	 ☐ ☐ ☐ ☐ ☐		understand that there is • increased efficiency in supplying green plants as human food • relative inefficiency, in terms of energy loss, in feeding crop plants to animals	 ☐ ☐	

	• carnivores (secondary consumers) obtain their energy by feeding on herbivores or (tertiary consumers) on other carnivores • decomposers are microorganisms that feed on the dead remains of animals and plants • an ecosystem is an area and the organisms that live in that area • trophic level is the position an organism occupies in a food chain. Trophic level 1 is always the producers describe • energy loss between trophic levels • the advantages of short food chains describe and interpret pyramids of • biomass • energy • numbers	☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐				

3. Nutrient cycles	describe the • carbon cycle • water cycle	☐ ☐		describe the nitrogen cycle in terms of the roles of microorganisms (names of individual bacteria are not needed) and other processes • producing usable nitrogen containing substances by decomposition and by nitrogen fixation in roots • absorption of these substances by plants and their conversion into protein • the passage of protein through food chains • death and decay • nitrification • denitrification • return of nitrogen to the soil or atmosphere consider the effects, on the balance between oxygen and carbon dioxide, of • burning fossil fuels • cutting down of forests	☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	

4 Population size 5 Human influences on the ecosystem	• state the factors affecting the rate of population growth (food supply, predation, disease) • describe their importance • identify the phases of a sigmoid curve of population growth resulting from the action of a limiting factor describe the • increase in population size in the absence of limiting factors (human population) • social implications of current human survival rate • interpret graphs and diagrams of human population growth with emphasis on examples of international importance (e.g. tropical rain forests, oceans and rivers)	☐ ☐ ☐ ☐ ☐ ☐		Explain the factors that lead, in the sigmoid curve of population growth, to the • lag phase • exponential (log) phase • stationary phase	☐ ☐ ☐	

5.1 Agriculture	• consider, using suitable examples, ways in which the use of modern technology has resulted in increased food production	☐				
	• describe the undesirable effects of deforestation	☐				
	• describe the overuse of fertilisers on the land	☐				
5.2 Pollution	describe the undesirable effects of			consider the		
	• water pollution by sewage and chemical waste	☐		• significance of non-biodegradable plastics and other materials used in the manufacturing industry	☐	
	• air pollution by sulphur dioxide	☐		• causes and apparent effects of acid rain	☐	
	• pollution by pesticides and herbicides	☐		• measures that might be taken to reduce the incidence of acid rain	☐	
	• pollution by nuclear fallout	☐		• describe the principle of recycling materials including sewage (water) and paper	☐	
5.3 Conservation	describe the need for conservation of					
	• species	☐				
	• their habitats	☐				
	• natural resources	☐				

Section 4: Appendices

4.1 The mathematical skills you need

This is a checklist of the mathematical skills you need for your Biology examination. You should tick each box in the checklist when you know that you have learned the skill.
Ask your teacher to explain any skill you are unsure about. The 'Comments' column is for extra notes and examples.

You can use a calculator for all the examination Papers. If your calculator is one that can be programmed, you should make sure that any information in it is removed before the examination.

You should be able:	***Checklist***	***Comments***
• add, subtract, multiply and divide	☐	
Use: • averages • decimals • fractions • percentages • ratios • reciprocals	 ☐ ☐ ☐ ☐ ☐ ☐	
• recognise standard notation (notation is putting symbols for numbers e.g. x = 2, y = 5, atomic mass, Z = 12) • use standard notation	☐ ☐	
• use direct proportion (stepwise increases) • use inverse proportion (inverse means turned up side down)	☐ ☐	 the inverse of 4 is ¼ (= 0.25)
• use numbers to the 'power of 10' e.g. $1x10^2 = 100$	☐	Your calculator will often show number to the power of 10 when you do calculations. Do not worry too much though – your calculator does the work for you.
• draw charts		You will be given the data

• graphs with line of best fit	☐ ☐	
interpret: • bar graphs • pie charts • line graphs	☐ ☐ ☐	
• select suitable scales and axes for graphs	☐	
• make approximations	☐	
use the formulas: • area = length x width • volume = length x width x height • use and convert metric units into one another	☐ ☐ ☐	e.g. 100cm = 1 m 1000g = 1 kg
• use mathematical an measuring instruments e.g. ruler, compasses, protractor	☐	
understand the meaning of : • radius • diameter • square • rectangle	☐ ☐ ☐ ☐	

4.2 Other important information you need for your Biology Examination

The terms used in Biology examination Papers are given in the sections that follow. It is very important that you know and understand all of them before you take your examination. You should ask your teacher to explain anything that you are unsure about.

4.2.1. Numbers

The decimal point will be placed on the line, e.g. 52.35.

Numbers from 1000 to 9999 will be printed without commas or spaces.

Numbers greater than or equal to 10 000 will be printed without commas. A space will be left between each group of three whole numbers, e.g. 4 256 789.

4.2.2 Units

The International System of units will be used (SI units). Units will be indicated in the singular not in the plural, e.g. 28 kg.

(a) **SI units commonly used in Biology are listed below.**

N.B. Care should be taken in the use of *mass* and *weight.* In most biological contexts, the term mass is correct, e.g. dry mass, biomass.

Quantity	*Name of unit*	*Symbol for unit*
length	kilometre	km
	metre	m
	centimetre	cm
	millimetre	mm
	micrometer	µm
mass	tonne (1000 kg)	(no symbol)
	kilogram	kg
	gram	g
	milligram	mg
	microgram	µg
time	year	y
	day	d
	hour	h
	minute	min
	second	s
amount of substance	mole	mol

(b) **Derived SI units are listed below.**

energy	kilojoule	kJ
	joule	J
	(calorie is obsolete)	

(c) **Recommended units for area, volume and density are listed below.**

area	hectare = 10^4 m^2		ha
	square metre		m^2
	square decimetre		dm^2
	square centimetre		cm^2
	square millimetre		mm^2
volume	cubic kilometre		km^3
	cubic metre		m^3
	cubic decimetre (preferred to litre)		dm^3
	litre		dm^3 (**not** l)
	cubic centimetre		cm^3 (**not** ml)
	cubic millimetre		mm^3
density	kilogram per cubic metre	*or*	kg m^{-3}
	gram per cubic centimetre	*or*	g cm^{-3}

(d) **Use of Solidus**

The solidus (/) will **not** be used for a quotient, e.g. m / s for metres per second.

4.2.3. Presentation of data

The solidus (/) is to be used for separating the quantity and the unit in tables, graphs and charts, e.g. time/s for time in seconds.

(a) **Tables**

(i) Each column of a table will be headed with the physical quantity and the appropriate unit, e.g. time / s.

There are three acceptable methods of stating units, e.g. metres per sec or m per s or

m s^{-1}.

(ii) The column headings of the table can then be directly transferred to the axes of a constructed graph.

(b) **Graphs**

(i) The independent variable should be plotted on the x-axis (horizontal axis) and the dependent variable plotted on the y-axis (vertical axis).

(ii) Each axis will be labelled with the physical quantity and the appropriate unit, e.g. time / s.

(iii) The graph is the whole diagrammatic presentation. It may have one or several curves plotted on it.

(iv) Curves and lines joining points on the graph should be referred to as 'curves'.

(v) Points on the curve should be clearly marked as crosses (x) or encircled dots ( ). If a further curve is included, vertical crosses (+) may be used to mark the points.

(c) **Pie Charts**

These should be drawn with the sectors in rank order, largest first, beginning at 'noon' and proceeding clockwise. Pie Charts should preferably contain no more than six sectors.

(d) **Bar Charts**

These are drawn when one of the variables is not numerical, e.g. percentage of vitamin C in different fruits. They should be made up of narrow blocks of equal width that do **not** touch.

(e) **Column Graphs**

These are drawn when plotting frequency graphs from discrete data, e.g. frequency of occurrence of leaves with different numbers of prickles or pods with different numbers of seeds. They should be made up of narrow blocks of equal width that do **not** touch.

(f) **Histograms**

These are drawn when plotting frequency graphs with continuous data, e.g., frequency of occurrence of leaves of different lengths. The blocks should be drawn in order of increasing or decreasing magnitude and they **should** be touching.

4.2.4 Taxonomy

Taxonomy is the study of the principles of the organisation of taxa into hierarchies. There are seven levels of taxon - kingdom, phylum, class, order, family, genus and species. These may be used when teaching the concept and use of a classificatory system, the variety of organisms, and the binomial system. The following should apply:

(a) Five Kingdoms are now recognised as

prokaryotes	(Prokaryotae), including bacteria and blue-green bacteria
protoctists	(Protoctista), including green, red and brown algae and protozoans
fungi	(Fungi)
plants	(Plantae)
animals	(Animalia)

The viruses cannot be fitted into this classificatory system.

(b) The binomial system of naming gives each organism a two-word name. The first word is the generic name and the second word is the trivial name, e.g. *Homo sapiens*. The trivial name should never be used by itself.

(c) Generic and trivial names are distinguished from the rest of the text either by underlining (when written or typed) or by being set in italics (in print).

(d) The generic name always takes an initial capital letter. It can be accepted as a shorthand for the species name where the intent is obvious, e.g. *Plasmodium,* and in these circumstances can stand alone.

(e) The common name should not normally be written with an initial capital letter, e.g. cat and dog. The exception is Man, where it is the common name for a species where the two sexes are distinguished by the terms man and woman.

(f) A species is not easy to define but an acceptable general definition is as follows.

'A group of organisms capable of interbreeding and producing fertile offspring.'

4.2.5. Genetics

(a) The terms *gene* and *allele* are not synonymous.

A gene is a specific length of DNA occupying a position called a locus. A specific function can be assigned to each gene. An allele is one of two or more different forms of a gene.

(b) A standard form of presenting genetic crosses should be adopted. The following symbols should be used as shown.

P designates the cross of pure-breeding (homozygous) individuals.
F_1 designates the offspring of homozygous parents.
F_2 designates the offspring produced by crossing F_1 parents.

(c) The format for the course of a genetic cross should be labelled as shown.

parental phenotypes
parental genotypes
gametes
offspring genotypes
offspring phenotypes
etc.

(d) The gene should be designated by a letter or letters so that upper and lower case versions are easily distinguishable, e.g. B and b. The upper case letter indicates the dominant allele and the lower case letter indicates the recessive allele.

(e) The symbols for gametes should be circled to indicate the discrete nature of each gamete.

(f) Some form of checkerboard should be used to demonstrate genotypes that can result from random fusion of gametes. Students should understand that genotypes are only possible combinations and that only a very large number of offspring can result in all combinations being achieved.

(g) The term *incomplete dominance* should be discontinued and in the particular case where alleles are equally dominant it should be called *codominance.* Thus codominance should be used where the influence of both alleles is shown in the phenotype, e.g. the AB blood group in humans.

4.2.6 Terminology

(a) Wherever possible, English terms should be used in preference to Latin or Greek terms, e.g. the term red blood cell should be used and **not** erythrocyte.

(b) Generalised terms should be stated in English, e.g. small intestine.

(c) Where no suitable English terms exist, latinised terms are unavoidable and will need to be used, e.g. atrium, bronchi, villi.

4.3 Command words and phrases used in Biology examination papers

Examiners use command words to help you to understand what they are looking for in your answer. This table explains what each of these words or phrases means and will help you to understand the kind of answer you should write. The list of command words is in alphabetical order. You should remember that the meaning of a term may vary slightly according to how the question is worded.

Calculate	A numerical answer is needed. You should show any working, especially when there are two or more steps in a calculation. You should always include relevant units or symbols. *e.g. calculate the magnification of a specimen*
Deduce	This is used in a similar way to *predict*, except you will need to support your answer with a statement e.g. referring to a principle, or theory, or including reasoning with your prediction.

Define	You need to state the meaning of something *e.g. respiration is the release of energy from food substances in living cells*
Describe	You need to state the main points about something (using labelled diagrams if this helps you). *e.g. describe the parts played by the liver and the pancreas in the digestion of fats* You may also be asked to describe a particular process *e.g. describe how the pollination of a flower is brought about by insects* You may be asked to describe how to do a particular experiment *e.g. describe how you can test a food for starch and simple sugar*
Determine	This often indicates that the quantity cannot be directly measured but has to be found by calculation. *e.g. Determine the amount of protein needed in a particular diet.*
Discuss	You have to write down points **for** and **against** an argument *e.g. discuss points for and against the use nitrogen fertilisers*
Estimate	You need to work out an **approximate** value for a quantity, based on your knowledge of theory and the information provided. *e.g. estimate the amount of energy needed by an office worker in a day.*
Explain	You may have to give reasons or refer to a theory depending on the context of the question. *e.g. explain why the rate of transpiration changes with changes in light intensity*
Find	This is a general term which can mean several similar things, such as calculate, measure, determine etc.
Give a reason / reasons	See 'Explain'
List	Write down a number of separate points. Where the number of points is stated in the question, you should not write more than this number. *e.g. list **three** features of insect-pollinated flowers*
Meant (what is meant by the term…)	See 'Understand'
Measure	You are expected to find a quantity by using a measuring instrument e.g. length (by using a ruler), volume (by using a measuring cylinder)
Outline	State the main points briefly *e.g. outline the process of the water cycle*
Predict	This may be used in two ways: (i) You find the answer by working out the patterns in the information provided and drawing logical conclusions from this. e.g. predict the effect of the death of an organism in a food web on the populations of other food web members (ii) You may need to use information from tables and graphs or do calculations. e.g. predict the optimum temperature for lipase
Sketch	(i) When drawing graphs, this means that you may draw the approximate shape and/or position of the graph BUT you need to make sure that any important details, such as the line passing through the origin or finishing at a certain point, are drawn

	accurately. (ii) When drawing a specimen or other diagrams, a simple line drawing is all that is needed, but you must make sure the proportions are correct and the most important details are shown. You should always remember to label your diagrams.
State	You should give a short answer without going into any detail, e.g. state the name of the mineral needed to make chlorophyll BUT, remember that 'state the meaning of…' is different. It is more like 'understand'.
Suggest	This may be used in two ways: (i) There may be more than one correct answer to the question. e.g. suggest two reasons why a plant's seeds should be widely dispersed (ii) You are being asked to apply your general knowledge of biology or reasoning skills to a topic area that is not directly on the syllabus e.g. applying ideas about competition and feeding relationships to a unfamiliar food web
Understand (what do you understand by the term..)	You should (i) define something and (ii) make a more detailed comment about it. The amount of detail depends on the number of marks awarded. e.g. what do you understand by the term digestion