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ENGLISH B – HIGHER LEVEL – PAPER 1 ANGLAIS B – NIVEAU SUPÉRIEUR – ÉPREUVE 1 **INGLÉS B – NIVEL SUPERIOR – PRUEBA 1**

Tuesday 8 November 2011 (afternoon) Mardi 8 novembre 2011 (après-midi) Martes 8 de noviembre de 2011 (tarde)

1 h 30 m

TEXT BOOKLET – INSTRUCTIONS TO CANDIDATES

- Do not open this booklet until instructed to do so.
- This booklet contains all of the texts required for Paper 1.
- Answer the questions in the Question and Answer Booklet provided.

LIVRET DE TEXTES - INSTRUCTIONS DESTINÉES AUX CANDIDATS

- N'ouvrez pas ce livret avant d'y être autorisé(e).
- Ce livret contient tous les textes nécessaires à l'Épreuve 1.
- Répondez à toutes les questions dans le livret de questions et réponses fourni.

CUADERNO DE TEXTOS - INSTRUCCIONES PARA LOS ALUMNOS

- No abra este cuaderno hasta que se lo autoricen.
- Este cuaderno contiene todos los textos para la Prueba 1.
- Conteste todas las preguntas en el cuaderno de preguntas y respuestas.

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TEXT A

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NEW YORK'S OTHER CHINATOWN: FLUSHING, QUEENS

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For many visitors to New York, a trip to Chinatown means heading to Lower Manhattan. But the city has another Chinatown in Flushing, Queens, not as well-known, but just as vibrant. It's a fun place to spend a day exploring, shopping and, above all, eating.

Things to do and see

"If you come on a weekend, there's barely space to walk," said Shawn Choi, external affairs associate at Flushing Town Hall, a cultural centre that sponsors performances, exhibits and educational programs. Events at Flushing Town Hall in honor of Lunar New Year include "Tigers in the House", an exhibit of tiger-inspired arts and crafts.

Flushing's largest ethnic group is Chinese, with Koreans next. The first Asian-American elected to citywide office, John Liu, grew up in Flushing after coming from Taiwan as a child with his family. Liu represented the neighborhood as a city councilman before winning a race for city accountant in November.

Flushing's contemporary diversity is an appropriate legacy for a neighborhood that has been preaching tolerance for more than 350 years. In 1657, a group of residents sent a letter called the Flushing Remonstrance to Peter Stuyvesant, the governor of what was then the Dutch colony of New Netherlands. The letter demanded freedom of religion, and today there are signs welcoming visitors in many languages marking the Flushing Freedom Mile. The trail includes historic landmarks like the Bowne House where, in 1662, John Bowne invited Quakers to meet in defiance of an order from Stuyvesant.



As you stroll Flushing's busy streets, the mix of East and West is striking. The Sheraton LaGuardia East Hotel advertizes its "distinctly Asian flair" at 135-20 39th Avenue, where a pair of lion statues guards the hotel entrance. Around the corner, St George's Church, on Main Street between 38th and 39th avenues, offers services in English, Chinese and Spanish. Low-flying planes headed to LaGuardia Airport create a startling image as they roar over the spire of the church's mid-nineteenth century stone building.



Hair care for every pocket 🖁

Carpenter Tan is part of a global chain of 853 stores, based in mainland China, that sells combs and brushes. Manager David Ho says different types of hair require different types of combs; the combs range from \$6 to \$200, with the most expensive items handmade from sandalwood and mother-of-pearl. Traditionally, suitors offered the most elaborate combs to prospective brides. "If the lady accepts, that means yes," said Ho.

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Traditional food

In the food court of Flushing Mall, wide, hand-pulled noodles are made on the premises at Xi'an Famous Foods. Celebrity chef Anthony Bourdain featured Xi'an on his show for good reason: the noodle dishes are delicious. Just be forewarned: order something a "little spicy" here and it may well be the hottest dish you've ever eaten. A mall ice cream vendor can cool your taste buds with flavors like mango and green tea.

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THE LECTURE

• The university clock strikes eleven, its chimes overlapping with the chimes of other clocks, near and far. All over Rummidge and its environs, people are at work – or not, as the case may be.

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- Robyn Penrose is making her way to Lecture Room A, along corridors and down staircases thronged with students changing classes. They part before her, like waves before the bow of a stately ship. She smiles at those she recognizes. Some fall in behind her, and follow her to the lecture theatre, so that she appears to be leading a little procession, a female Pied Piper*. She carries under one arm her folder of lecture notes, and under the other a bundle of books from which to read illustrative quotations. No young man offers to carry this burden for her. Such gallantry is out of fashion. Robyn herself would disapprove of it on ideological grounds, and it might be interpreted by other students as "creeping".
 - Solution Robyn arranges her notes on the lectern, waiting for latecomers to settle in their seats. The lecture theatre resonates like a drum with the chatter of a hundred students, all talking at once, as if they have just been released from solitary confinement. She taps on the desk with an inverted pencil and clears her throat. A sudden hush falls, and a hundred faces tilt towards her curious, expectant, sullen, apathetic like empty dishes waiting to be filled.
 - In the 1840s and the 1850s," says Robyn, "a number of novels were published in England, which have a certain family resemblance. Raymond Williams has called them 'Industrial Novels' because they dealt with social and economic problems arising out of the Industrial Revolution, and in some cases the nature of factory work. They are novels in which the main characters debate social and economic issues as well as fall in and out of love, marry and have children, pursue careers, make or lose their fortunes, and do all the other things that characters do in more conventional novels."
 - S Robyn glances up from her notes and sweeps the [-X-] with her eyes. Some are busily scribbling down every word she [-26-], others are watching her quizzically, chewing the end of their ballpoints, and [-27-] who looked bored at the outset are now [-28-] vacantly out of the window or diligently cutting [-29-] initials into the lecture-room furniture.
 - **G** "The Industrial Novel contributed a distinctive strain to English fiction which persists into the modern period, but it first arose in what history has called 'the Hungry Forties'. At this time there was a call for universal male suffrage. Not even those far-out radicals could apparently contemplate the possibility of universal *female* suffrage." All the students, even those who had been gazing out of the window, react to this. They smile and nod, or, in a friendly sort of way, groan and hiss. It is what they expect from Robyn Penrose, and even the rugby-playing boys in the back row would be mildly disappointed if she didn't produce this kind of observation from time to time. She smiles at her audience in appreciation.

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^{*} Pied Piper: flute player from a legend who used music to lure rats away from a town

TEXT D

BACK TO SLEEP, BACK TO SCHOOL

The best way to keep your mind sharp might be to go back to elementary school and help out in class: this will help the children to achieve more. Grown-ups can strengthen parts of their brains in ways that could protect them from Alzheimer's disease.

Numerous studies have found that staying physically active, socially connected or mentally stimulated helps keep ageing brains sharp.

24 women (aged 60+) volunteered for 15 hours a week in Baltimore elementary school classrooms. After six months, researchers scanned their brains to find that they had increased activity in the parts that often decline with age.

Doctor James Wilson of McGill University has found, however, that too much activity causes older people to tire easily. This results in a lack of concentration.

Associating with other people also helps give meaning and purpose to life, which benefits mood and memory. Another bonus: being in a room full of children gives no choice but to be physically active. However, there is a risk of catching any cold or childhood disease that any of the children may have: these are harder to combat at an older age.

There are many simple strategies to slip a bit of activity into your life. For example, if you have a stationary exercise bike, why not move it in front of your TV? Find an excuse to move wherever you are: stand up and walk in circles when you're on the phone. Of course, you need to consult your doctor to find out what static exercises will suit you as you need to take great care not to strain your muscles because the healing process takes much longer as you become older.

Getting a good night's sleep is one of the best things you can do for your body. Too little of it makes you mentally foggy, causes you to eat more and places you at a higher risk of accidents. Seven or eight hours of sleep a night should be sufficient: a study found that 75% of those people who sleep more risk dying earlier than their peers.

So, older people should go back to school and remember to sleep well!

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