

## REGISTRAR LEARNING PLAN

### Preparing Your Learning Plan:

During your General Practice terms you will be required to develop your own learning plans in consultation with your supervisor. This is designed to help you focus on the particular areas that you identify as your learning needs.

In the beginning you will feel like you need to learn “everything” in the General Practice curriculum. However it is a good idea to focus on areas you may feel you need extra work or experience, areas that you see more frequently in your particular practice or even in areas you may have a particular interest.

The RACGP Standards for Trainers and Training Posts have a standard which lists a number of specific areas which are high risk in terms of patient safety and medico legal risk. It is important to review the list (below) and add any topics that you are less confident with or where experience is lacking.

#### The “High risk’ areas are:

Assessment of trauma, particularly fractures, nerve and tendon injuries
Diagnosis of serious medical problems – AMI, subarachnoid haemorrhage, meningitis, pneumonia
Diagnosis of serious surgical problems - appendicitis, ectopic pregnancy and abdominal abscess
Assessment of a sick child
Antenatal care
Management of signs of possible malignancy such as breast lumps, bowel symptoms and lymph nodes
Recording and checking for adverse reactions to medication and warnings of potential side effects
Pap tests
Privacy procedures
Intramuscular injections, venepuncture, ear syringing, minor surgery, cryotherapy, implants and IUD insertion.

Formulating your learning plan, you may find it useful to answer the questions below. You can also talk to your supervisor or Medical Educator.

- What knowledge and skills do you want to develop this term?
- Where do you think your strengths and weaknesses are?
- What particular opportunities exist in your practice to develop special skills?
- How can you plan to have sufficient exposure to your areas of need?
- What clinical skills do you need to develop?
- What areas do you want to have particular teaching time in?
- How are you going to go about the learning and teaching process?

A worked example utilising the ‘high risk’ list is below:

What do I Need to learn? (Specific Goals)	How am I going to achieve it? (Steps to achieve it)	Review/Record of achievement
1) Diagnosis and management of AMI	Tutorials with supervisor Look at clinical guidelines Look for journal review articles ELS course Discuss patients with supervisor	

## LEARNING PLAN

Name:

Term:

Supervisor:

Date:

What do I need to learn? (specific goals)	How am I going to learn it? (methods, resources, timeframe)	Review Achieved goal? Need to modify plan?

REMINDER – YOU MUST SUBMIT A LEARNING PLAN EVERY 6 MONTHS.