

Exam Resources – Ophthalmology

Murtagh

Don't forget to read all the chapters relating to Ophthalmology. This is always the first place to start when studying each system for the exam. Ideal for the approach to the case and diagnostic options, look elsewhere for up to date management guidelines.

NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

<http://www.nps.org.au/publications/health-professional/medicinewise-news>

How to treat – Australian Doctor

The weekly Australian Doctor magazines inside section "How To Treat" have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

<http://www.australiandoctor.com.au/education/how-to-treat>

You must be logged on and registered to be able to access the articles. It is free to register online with Australian doctor. There are lots of articles, but the main ones to focus are on some of the common or important conditions

Ophthalmology -

Macular degeneration <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=0a6ecfa6-61b2-4bcc-a3e0-363691a80f4d>

Myasthenia Gravis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6fa2a967-ed22-43f1-a4b4-218f772825f7>

Ptosis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=aff43cb2-b5b8-4d65-b60d-536e9e8ed80f>

Paediatric eye conditions

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=f2e44b86-01a0-4e54-a19c-f6c9257e670f>

Corneal disorders <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=b9d2ba43-c94c-40dc-9a7b-64eb83e35013>

Refractive eye disorders

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=3f2ee336-5431-45f3-a3ce-89e099edbb22>

Strabismus <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=b5145aff-1732-4670-a2db-7312bb72f6db>

Age related cataract <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=540e2edd-68bc-4def-a8d9-d3f4497e4885>

Glaucoma <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=50b1dafb-83c8-4f2b-9006-2030c44c7cab>

Retinal conditions <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=9bbfc46c-fabf-474e-b277-d17274a2f3c0> ; <http://www.australiandoctor.com.au/education/how-to-treat/ophthalmology/retinal-conditions-mdash-part-2>

Sjogrens syndrome <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=cac91f3c-ebef-4323-8e39-752edca94905>

Eye injuries <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=0c1093ca-63d9-4b7f-8843-167149749427>

Eyelid disorders <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=f5de0d70-a061-45c1-ba8c-9e9bd6f036fc>

Watery eyes in children

<http://www.australiandoctor.com.au/cmsspages/getfile.aspx?guid=b9eb0fed-13f9-4503-910c-b74dfa753769>

The red eye <http://www.australiandoctor.com.au/cmsspages/getfile.aspx?guid=dbc965a5-6762-4d2f-9215-a721fd1892ea>

Cataract <http://www.australiandoctor.com.au/cmsspages/getfile.aspx?guid=3de29645-798d-492b-9a73-fdd994bf215e>

Myopia <http://www.australiandoctor.com.au/cmsspages/getfile.aspx?guid=547118b5-47d0-49af-8394-a939f3bb0f49>

Conjunctival conditions

<http://www.australiandoctor.com.au/cmsspages/getfile.aspx?guid=b3197022-46ec-4185-9223-2179d744df02>

Microvascular complications of diabetes

<http://www.australiandoctor.com.au/cmsspages/getfile.aspx?guid=9386550e-9e69-4e6e-b42a-b9be67f16d88>

Medical observer – Guide to guidelines

The other weekly magazine that comes out has a great inside section – the clinical updates. They're difficult to find online, so it's best if you subscribe and tear out the middle section. They also have a great list of all the up to date guidelines. These are often the best up to date summaries of diseases and their management. (You'll find some of Murtagh's management is out of date)

<http://www.medicalobserver.com.au/about/guide-to-guidelines>

Australian Family Physician

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check

<http://www.racgp.org.au/afp>

Eye care in the elderly - <http://www.racgp.org.au/afp/2014/july/eye-care-in-the-elderly/>

Diplopia - <http://www.racgp.org.au/afp/2014/june/a-masquerade/>

Flashes & floaters - <http://www.racgp.org.au/afp/2014/april/flushes-and-floaters/>

Squints - <http://www.racgp.org.au/afp/2013/december/evaluating-squints/>

Eye drop instillation - <http://www.racgp.org.au/afp/2013/april/digital-eye-drop-instillation/>

Sudden loss of vision - <http://www.racgp.org.au/afp/2013/januaryfebruary/sudden-loss-of-vision/>

Bilateral blurry vision - <http://www.racgp.org.au/afp/2012/july/bilateral-blurry-vision/>

Steroid associated infective keratitis - <http://www.racgp.org.au/afp/2011/november/steroid-associated-infective-keratitis/>

Non-diabetic retinal pathology - <http://www.racgp.org.au/afp/2011/july/nondiabetic-retinal-pathology/>

Diabetic retinopathy - <https://www.racgp.org.au/afp/2011/april/diabetic-retinopathy/>

Whole issue on vision at risk - <http://www.racgp.org.au/afp/200910>

Diabetic retinopathy screening - <http://www.racgp.org.au/afp/200908/200908askew.pdf>

Ocular emergencies - <http://www.racgp.org.au/afp/200807/200807hodge.pdf>

Macular degeneration - <http://www.racgp.org.au/afp/200712/200712Jones.pdf>

Red eye in contact lens wearer - <http://www.racgp.org.au/afp/200710/200710cronin.pdf>

Chalazion - <http://www.racgp.org.au/afp/200905/200905gilchrist.pdf>

Treatment macular degeneration - <http://www.racgp.org.au/afp/200705/200705smith.pdf>

Giant cell arteritis - <http://www.racgp.org.au/afp/200611/20061103cheung.pdf>

GP learning – includes check and multiple choice questions

Since it's up date, only has small number of questions available. Your best options are to search for multiple choice questions, or clinical challenge.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

<http://www.gplearning.com.au>

Think GP

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

<http://thinkgp.com.au>

Text books and other resources

Murtagh – is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red flags

Medicine Today is a journal you can get for free – too much detail for the exams, but good articles

Australian Medicine Handbook – introductory pages in each section are a great way to revise management.