

## Exam Resources – Men's Healthy & Urology

### Murtagh

Don't forget to read all the chapters relating to Men's health & Urology. This is always the first place to start when studying each system for the exam. Ideal for the approach to the case and diagnostic options, look elsewhere for up to date management guidelines.

### NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

[http://www.nps.org.au/health\\_professionals/publications/nps\\_news](http://www.nps.org.au/health_professionals/publications/nps_news)

<http://www.nps.org.au/publications/health-professional/medicinewise-news>

Urinary incontinence -

[http://www.nps.org.au/\\_data/assets/pdf\\_file/0018/81117/News66\\_incontinence\\_1209.pdf](http://www.nps.org.au/_data/assets/pdf_file/0018/81117/News66_incontinence_1209.pdf)

### How to treat – Australian Doctor

The weekly Australian Doctor magazines inside section "How To Treat" have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

<http://www.australiandoctor.com.au/education/how-to-treat>

You must be logged on and registered to be able to access the articles. It is free to register online with Australian doctor. There are lots of articles, but the main ones to focus are on some of the common or important conditions

Dermatology –

Hair loss <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6bd02800-28aa-4034-8ec4-fdcc86c384c0>

Men's health -

Erectile dysfunction <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6c15e85a-190a-4f49-b830-af56238a7452> ;

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=b18c0885-09fe-4d6b-a371-36b02f0026be>

Male genital dermatoses

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=a51409b1-c4c2-4cd7-94f6-d84a6c628527>

Prostate cancer <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=1685fc25-b09c-4495-836a-bdc41f4394d3> ;

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=156dc9de-2f5b-4dd2-8fca-947fd2e5be68>

Managing STI's <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=752d7803-5b53-4e05-b24a-2d0db8da1a72>

Screening for STI's <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6629a6c4-0020-4751-977c-02bb9f827544>

Testosterone deficiency in men

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=d1ec44aa-58f6-41b1-bc82-67f4b8fa674d>

Inguinoscrotal problems

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=838d4de5-bc68-46cf-b3e4-1f95028868be>

Informing patients about screening

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=b5dd419a-48d1-41db-b7f4-e0f72010d1fb>

HIV <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=df5de67d-05ef-4b91-bc0aff1e619d4b> ; <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=5c49f57a-7e6b4c58-9195-f7fdb89dde32>

Eating disorders in males

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=c6b8107f-8016-4b95-ac68-9f8543217ac9>

Androgens and the aging male

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=e5dc243f-8af0-4586-9b0e-7394ce25da13>

Urology -

Testicular cancer <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=718e3414-c7c4-4584-9d17-4f80ea1c4eb4>

Pelvic organ prolapse in women

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=52bba06b-4937-47e9-bdd3-a4dfd9dc7051>

Bladder cancer <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=0004970c-4934-437b-a818-4ecb9b3f0b91>

UTI's in childhood <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=71220dca-83ec-4eb6-aa95-176e24e76d80>;

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=265a608d-cbf0-451e-b65e-50d2716356da>

Scroll through the front page of articles -

Nocturnal enuresis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=a09a805c-1e6a-403c-bd94-70ba0cf8b84c>

### Medical observer – Guide to guidelines

The other weekly magazine that comes out has a great inside section – the clinical updates. They're difficult to find online, so it's best if you subscribe and tear out the middle section. They also have a great list of all the up to date guidelines. These are often the best up to date summaries of diseases and their management. (You'll find some of Murtagh's management is out of date)

<http://www.medicalobserver.com.au/about/guide-to-guidelines>

### Australian Family Physician

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check

<http://www.racgp.org.au/afp>

Prostate cancer screening - <http://www.racgp.org.au/afp/2013/december/prostate-cancer-screening/>

Scrotal pain - <http://www.racgp.org.au/afp/2013/november/acute-scrotal-pain/>

Penile appearance - <http://www.racgp.org.au/afp/2013/may/penile-appearance/>

Prostatitis - <http://www.racgp.org.au/afp/2013/april/prostatitis/>

Macroscopic haematuria - <http://www.racgp.org.au/afp/2013/march/macroscopic-haematuria/>

Prostate cancer - <http://www.racgp.org.au/afp/2013/januaryfebruary/prostate-cancer/>

Overactive bladder syndrome - <https://www.racgp.org.au/afp/2012/november/overactive-bladder-syndrome/>

Andrology - <http://www.racgp.org.au/afp/2012/october/andrology/>

Chlamydia - <http://www.racgp.org.au/afp/2012/october/genital-chlamydia-trachomatis-infection/>

Multiple penile lesions - <http://www.racgp.org.au/afp/2012/september/multiple-penile-lesions/>

Men's health clinic - <http://www.racgp.org.au/afp/2012/september/bendigo-chs/>

Nocturia - <http://www.racgp.org.au/afp/2012/june/nocturia-a-guide-to-assessment-and-management/>

STI contact tracing - <http://www.racgp.org.au/afp/2012/march/contact-tracing-for-stis/>  
An entire issue on urology - <https://www.racgp.org.au/afp/2011/october/>  
PSA – <http://www.racgp.org.au/afp/2011/july/prostate-specific-antigen/>  
Urodynamics - <http://www.racgp.org.au/afp/2011/june/urodynamics/>  
Bladder cancer - <https://www.racgp.org.au/afp/2011/april/bladder-cancer/>  
Androgen deficiency in aging man - <http://www.racgp.org.au/afp/201010/201010arianayagam.pdf>  
PSA as screening - <http://www.racgp.org.au/afp/201008/201008mahar.pdf>  
Erectile dysfunction - <http://www.racgp.org.au/afp/201005/201005smith.pdf>  
Management of prostate cancer - <http://www.racgp.org.au/afp/201001/201001izard.pdf>  
Erectile dysfunction - <http://www.racgp.org.au/afp/200908/200908kirby.pdf>  
Inguinoscrotal hernia - <http://www.racgp.org.au/afp/200904/200904vano-galvan.pdf>  
Whole issue on men's health - <http://www.racgp.org.au/afp/200903>  
Hypogonadism in men - [http://www.racgp.org.au/afp/200808/200808profprac\\_newman.pdf](http://www.racgp.org.au/afp/200808/200808profprac_newman.pdf)  
Androgen deprivation therapy in prostate cancer -  
<http://www.racgp.org.au/afp/200808/200808kabir.pdf>  
Issue on urinary incontinence in women - <http://www.racgp.org.au/afp/200803>  
Psychosocial and mental health issues for new dads -  
<http://www.racgp.org.au/afp/200609/20060906condon.pdf>

### **GP learning – includes check and multiple choice questions**

Since it's up date, only has small number of questions available. Your best options are to search for multiple choice questions, or clinical challenge.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

<http://www.gplearning.com.au>

### **Think GP**

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

<http://thinkgp.com.au>

### **Text books and other resources**

Murtagh – is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red flags

Medicine Today is a journal you can get for free – too much detail for the exams, but good articles

Australian Medicine Handbook – introductory pages in each section are a great way to revise management