Exam resources - Geriatric

Murtagh "the bible"

Don't forget to read all the chapters relating to Aged care. This is always the first place to start when studying each system for the exam. Ideal for the approach to the case and diagnostic options, look elsewhere for up to date management guidelines.

NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

http://www.nps.org.au/health_professionals/publications/nps_news

http://www.nps.org.au/publications/health-professional/medicinewise-news

 $Medicines \ for \ aging \ population - \underline{http://www.nps.org.au/publications/health-}$

professional/medicinewise-news/2013/older-wiser-safer

How to treat – Australian Doctor

The weekly Australian Doctor magazines inside section "How To Treat" have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

http://www.australiandoctor.com.au/education/how-to-treat

You must be logged on and registered to be able to access the articles. It is free to register online with Australian doctor. There are lots of articles, but the main ones to focus are on some of the common or important conditions

Aged care -

Prescribing http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=0f5024de-b35a-4bad-8f76-3c3acbdd3db6

Geriatrics -

Nutritional challenges http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=2e36630d-a583-45b5-9e7b-02ad4fdf04c4

Elder abuse http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=28a49a07-a350-405a-8807-613174c41b9e

Falls in elderly http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=68068c38-46c4-40cc-88da-62031bb0e9e8

Fitness to drive http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=3da51ebe-d7b3-4eab-ae2b-07e79c7bdf61

Australian Family Physician

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check

http://www.racgp.org.au/afp

Search AFP by topic -

Safe driving - http://www.racgp.org.au/afp/2013/may/older-people-driving-safety/

Nutrition screening - http://www.racgp.org.au/afp/2013/may/time-poor/

Prescribing for older people - http://www.racgp.org.au/afp/2013/januaryfebruary/prescribing-for-older-people-with-cri/

Elderly issue - http://www.racgp.org.au/afp/2012/december/

Managing under nutrition in elderly - http://www.racgp.org.au/afp/2012/september/managing-undernutrition-in-the-elderly/

Dementia and driving - http://www.racgp.org.au/afp/2012/april/dementia-and-driving/

Fitness to drive - http://www.racgp.org.au/afp/2012/april/fitness-to-drive/

Vitamin D and elderly - http://www.racgp.org.au/afp/2012/march/vitamin-d-and-the-musculoskeletal-health-of-older-adults/

Fronto-temporal dementia - http://www.racgp.org.au/afp/2011/december/frontotemporaldementia/

Student Bounty Com Fitness to drive forms - http://www.racgp.org.au/afp/2011/november/fitness-to-drive-forms/ Heatwaves and elderly - http://www.racgp.org.au/afp/2011/august/heatwaves-and-the-elderly/ Medicine in aged care - http://www.racgp.org.au/afp/2010/june/quality-use-of-medicines-inresidential-aged-care/

GP learning – includes check and multiple choice questions

Since it's up date, only has small number of questions available. Your best options are to search for multiple choice questions, or clinical challenge.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

http://www.gplearning.com.au

Think GP

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

http://thinkgp.com.au

Text books and other resources

Murtagh – is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red flags

Medicine Today is a journal you can get for free – too much detail for the exams, but good articles Australian Medicine Handbook – introductory pages in each section are a great way to revise management.