

Mark Scheme (Results) Summer 2008

GCSE

GCSE Religious Studies (5590) Paper 1



Unit O (5589/5590) Buddhism

1(a)	What is anatta?	
Question Number	Answer	Mark
1(a)	Correct answer:	2
	The denial of a personal self or soul	
	Partially correct answers could be: One of the four noble truths	1
	Any alternative wording of the above points is acceptable.	

1(b)		Outline Buddhist beliefs about anicca (impermanence).
Question I	Number	Indicative content
1(b)		 The main belief include: All things that exist have temporary existence only Extant things are subject to change This is the nature of things within samsara This is one of the Three Universal Truths It is one of the causes of craving and suffering. Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One correct beliefs
Level 2	4	Two correct beliefs
Level 3	6	Three correct beliefsOR two developed beliefs

1(c)		Explain why it is important for Buddhists to follow the Middle Way.
Question	stion Number Indicative content	
1(c)		 The main reasons are: It is one of the central teachings of the Buddha The story of the Buddha exemplifies living the Middle Way It helps one to overcome tanha It is the basis for the Noble Eightfold Path It may lead one to nibbana It enables one to live in the world while being free from dukkah Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	one reasonor a description
Level 2	4	two reasonsOR one developed reason
Level 3	6	 Three reasons OR one reason and one developed reason OR one fully developed reason
Level 4	8	 Four reasons OR two developed reasons OR one fully developed reason and one basic reason OR one comprehensive explanation

1(d)	Ali isaa la sur	'People would rather be reborn than gain nibbana.' Do you agree? Give reasons for your opinion, showing you have considered another point of view.
Question Number 1(d)		Indicative content Reasons for supporting this statement could be: • You would have a sense of individuality in the next life • You would be able to enjoy material things and social interaction Reasons for not supporting this statement could be: • In the state of nibbana there is no individuality, just an empty void • 'You' can't experience or share anything in nibbana If you are unsure about the validity of reasons, you must send to review.
Level	Mark	Descriptor
Level 1	1	One point of view with a supporting reason
Level 2	2	 Two different points of view with one supporting reason for each view OR One point of view with more than one supporting reason
Level 3	3	Two different points of view with more than one supporting reason for each view
Level 4	4	 Evaluation of two different points of view with more than one supporting reason for each view: EITHER showing clearly which they think is the stronger point of view OR showing clearly that they think both points of view are equally valid.

2(a)	What is samsara?	
Question Number	Answer	Mark
2(a)	 Correct answer: The continual round of birth, death and rebirth. The wheel of existence Partially correct answers could be: Rebirth Any alternative wording of the above points is acceptable. 	1

2(b)		Outline Buddhist beliefs about samadhi.
Question Number Indicative content		Indicative content
2(b)		 It makes up the third group of 'stages' in the Noble Eightfold Path It includes Right Effort, Right Mindfulness and Right Concentration It indicates the spiritual practices which may lead to Nibbana Samadhi may be seen as a deep state of meditation Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One correct belief
Level 2	4	Two correct beliefsOR one developed belief
Level 3	6	 Three correct beliefs OR one developed belief plus another correct belief OR one fully developed belief

2(c)		Explain why the five khandas (qualities) are important for Buddhists.
Question I	stion Number Indicative content	
2(c)		 The main reasons are: These are the elements which make humans what they are The way in which they come together in a person is what makes them unique in this rebirth The fact that we have mental formations and consciousness means that we can be aware of our own existence We also have the capacity to understand and respond to the Three Universal Truths Answers which only describe rather than explain will not go beyond level 2. Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One simple reasonOR an answer giving knowledge only
Level 2	4	Two or more simple reasonsOR one reason with an explanation
Level 3	6	 One simple and one explained reason OR one reason with a developed explanation
Level 4	8	 At least two explained reasons OR one reason with a comprehensive explanation

Do you agree? Give reasons for your opinion, showing you have			
Question	Number	Indicative content	
2(d)		 Reasons for supporting this statement could be: Our nature is dictated by the kammic effects of previous lives Our nature is determined by our genes Reasons for not supporting this statement could be: Despite the fact that we carry a 'kammic burden' we have the freedom, indeed the duty, to improve ourselves by our choices and actions Buddhism teaches that you can change 	
		If you are unsure about the validity of reasons, you must send to review. Answers which do not refer to Buddhism cannot go beyond Level 2.	
Level	Mark	Descriptor	
Level 1	1	One point of view with a supporting reason	
Level 2	2	 Two different points of view with one supporting reason for each view OR One point of view with more than one supporting reason 	
Level 3	3	Two different points of view with more than one supporting reason for each view	
Level 4	4	 Evaluation of two different points of view with more than one supporting reason for each view: EITHER showing clearly which they think is the stronger point of view OR showing clearly that they think both points of view are equally valid. 	

3(a)	What is the sangha?	
Question Number	Answer	Mark
3(a)	 Correct answer: The Buddhist community Monks and Nuns All Buddhists Partially correct answers could be: The community Any alternative wording of the above points is acceptable. 	1

3(b)		Outline Buddhist beliefs about the parinibbana of the Buddha.
Question	Number	Indicative content
• C t		 It is the state he attained when craving ceases and kamma stops being generated It is a state of peace and happiness he reached when he died He achieved it by following the Noble Eightfold Path and living the Middle Way He escaped from the cycle of samsara Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One correct fact
Level 2	4	Two correct factsOR one developed fact
Level 3	6	 Three correct facts OR one developed fact plus another correct fact OR one fully developed fact

3(c)		Explain why the Dhammapada is important for Buddhists.
Question Number Indicative content		Indicative content
3(c)		 The main reasons are: They are sayings attributed to the Buddha himself It contains spiritual insights which assist one on the path to Nibbana It outlines such basic Buddhist beliefs as kamma Parts of it give valuable guidance on how to live in peace It describes the aim of following the path to Buddhahood Answers which only describe rather than explain will not go beyond level 2. Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One simple reasonOR an answer giving knowledge only
Level 2	4	Two or more simple reasonsOR one reason with an explanation
Level 3	6	One simple and one explained reasonOR one reason with a developed explanation
Level 4	8	 At least two explained reasons OR one reason with a comprehensive explanation

3(d)		'You don't need to be a monk or a nun to be a good Buddhist.' Do you agree? Give reasons for your opinion, showing you have considered another point of view.
Question	Number	Indicative content
 detachment from the material world to attain Nibbana The extra disciplines which monks and nuns undertake ma possible for them to be better Buddhists than lay people. Reasons for not supporting this statement could be: Being a good Buddhist is a matter of one's attitude to the which we are involved and it is possible to have a very good attitude whether you are a lay person or a monk/nun Anyone can attain a high level of insight through effective meditation 		 Only monks and nuns are in a position to live with the level of detachment from the material world to attain Nibbana The extra disciplines which monks and nuns undertake make it possible for them to be better Buddhists than lay people. Reasons for not supporting this statement could be: Being a good Buddhist is a matter of one's attitude to the world in which we are involved and it is possible to have a very good attitude whether you are a lay person or a monk/nun Anyone can attain a high level of insight through effective
Level	Mark	Descriptor
Level 1	1	One point of view with a supporting reason
Level 2	2	 Two different points of view with one supporting reason for each view OR One point of view with more than one supporting reason
Level 3	3	Two different points of view with more than one supporting reason for each view
Level 4	4	 Evaluation of two different points of view with more than one supporting reason for each view: EITHER showing clearly which they think is the stronger point of view OR showing clearly that they think both points of view are equally valid.

4(a)	What is a bhikkuni?	
Question Number	Answer	Mark
4(a)	Correct answer:	2
	A Buddhist nun	
	Partially correct answers could be: • A nun	1
	Any alternative wording of the above points is acceptable.	

4(b)		Outline the role of the vihara (monastery) in Buddhism.
Question	Number	Indicative content
It is a place of worship and monastic practice Other approaches are possible and must be marked according the levels. If you are unsure of the validity of an answer, it		 It may act as a school/adult education centre It may act as a community centre It may act as a bank It may act as a hotel for lay believers As a recipient of alms it allows donors to gain good kamma
Level	Mark	Descriptor
Level 1	2	One correct fact
Level 2	4	Two correct factsOR one developed fact
Level 3	6	 Three correct facts OR one developed fact plus another correct fact OR one fully developed fact

4(c)		Explain how living the life of an ascetic changed Gotama's beliefs.
Question I	Number	Indicative content
4(c)		 The main reasons are: He learned that it can promote self-discipline and non-attachment This influenced the lifestyle he suggested for the sangha He saw that it cannot lead to Nibbana as it becomes an end in itself It is one of the factors which inspired him to search for the Middle Way Answers which only describe rather than explain will not go beyond level 2. Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One simple reasonOR an answer giving knowledge only
Level 2	4	Two or more simple reasonsOR one reason with an explanation
Level 3	6	One simple and one explained reasonOR one reason with a developed explanation
Level 4	8	 At least two explained reasons OR one reason with a comprehensive explanation

4(d) 'Siddattha Gotama would have been happier if he'd stayed in h father's palace.' Do you agree? Give reasons for your opinion, showing you have considered another point of view.		Do you agree? Give reasons for your opinion, showing you have considered another point of view.
Question	Number	Indicative content
4(d)		 Reasons for supporting this statement could be: He could have avoided having to witness as much suffering as he did once he left He would not have had to spend years experimenting with asceticism He would have lived a life of luxury and happiness Reasons for not supporting this statement could be: The happiness/absence of suffering he would have experienced in his princely life would have been false The happiness he gained from his spiritual development was of the highest order possible If you are unsure about the validity of reasons, you must send to review.
Level	Mark	Descriptor
Level 1	1	One point of view with a supporting reason
Level 2	2	 Two different points of view with one supporting reason for each view OR One point of view with more than one supporting reason
Level 3	3	Two different points of view with more than one supporting reason for each view
Level 4	4	 Evaluation of two different points of view with more than one supporting reason for each view: EITHER showing clearly which they think is the stronger point of view OR showing clearly that they think both points of view are equally valid.

5(a)	What is Vassa?	
Question Number	Answer	Mark
5(a)	 Correct answer: The time during the monsoon period when many Buddhists retreat to monasteries to spend a few weeks as a monk or nun Retreat to the monastery during the rainy season 	2
	Partially correct answers could be: • A festival Any alternative wording of the above points is acceptable.	1

5(b)		Outline how mantras (chants) are used in Buddhist worship.
Question Number Indicative content		Indicative content
5(b)		 The main features include: They are a means of preserving and promoting the tradition They are used to enable groups to recite teachings together in unison They are used as part of puja They express the particular beliefs of each sect They are a form of discipline to encourage effort and concentration They are used as part of meditation Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One correct feature
Level 2	4	Two correct featuresOR one developed feature
Level 3	6	 Three correct features OR one developed feature plus another correct feature OR one fully developed feature

5(c)		Explain why mudras (gestures) are important in Buddhism.
Question Number		Indicative content
5(c)		 The main reasons are: They provide a powerful form of self expression They remind the worshipper of their purpose They inform us of the symbolic meaning of Buddha rupas They can communicate specific teachings of the Buddha They may relate to specific events in the life of the Buddha Answers which only describe rather than explain will not go beyond level 2. Other approaches may be correct. If you are not sure about an answer, you must send it to review.
Level	Mark	Descriptor
Level 1	2	One simple reasonOR an answer giving knowledge only
Level 2	4	Two or more simple reasonsOR one reason with an explanation
Level 3	6	One simple and one explained reasonOR one reason with a developed explanation
Level 4	8	 At least two explained reasons OR one reason with a comprehensive explanation

5(d)		'Worshipping at a vihara is better than worshipping at home.' Do you agree? Give reasons for your opinion, showing you have considered another point of view.
Question	Number	Indicative content
5(d)		 Reasons for supporting this statement could be: Viharas are places of much deeper spiritual importance than domestic homes Viharas provide a better atmosphere for meditation There are bhikkus and bhikkunis at viharas to provide guidance Reasons for not supporting this statement could be: Sincere worship is the same anywhere Home may provide a better atmosphere for meditation than a busy vihara If you are unsure about the validity of reasons, you must send to review.
Level	Mark	Descriptor
Level 1	1	One point of view with a supporting reason
Level 2	2	 Two different points of view with one supporting reason for each view OR One point of view with more than one supporting reason
Level 3	3	Two different points of view with more than one supporting reason for each view
Level 4	4	 Evaluation of two different points of view with more than one supporting reason for each view: EITHER showing clearly which they think is the stronger point of view OR showing clearly that they think both points of view are equally valid.

6(a)	What is a rupa?	
Question Number	Answer	Mark
6(a)	Correct answer:	2
	A Buddha image	
	A statue of the Buddha	
		1
	Partially correct answers could be:	
	A statue	
	Any alternative wording of the above points is	
	acceptable.	

6(b)		Outline how a Buddhist might perform worship in a vihara.
Question Number Indicative content		Indicative content
6(b)		 The main features include: Through meditation Through the use of chants Through the use of statues and images Through making offerings Through the recitation of sacred scriptures Through the burning of candles and incense Through the use of prayer beads and bells Through the use of certain postures Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One correct feature
Level 2	4	Two correct featuresOR one developed feature
Level 3	6	 Three correct features OR one developed feature plus another correct feature OR one fully developed feature

6(c)		Explain why Vassa is important for many Buddhists.
Question Number		Indicative content
6(c)		 The main reasons are: It reminds Buddhists of the Buddha's first exposition of the Middle Way at Sarnath It marks the beginning of the rainy season and/or the full moon in the month of Asalha It is a time for reflection, study and meditation Some lay people leave behind their ordinary lives during this period and renew their commitment to the Dhamma Bhikkus end the period by sharing assessments of one another's characters It is an opportunity to gain good kamma Answers which only describe rather than explain will not go beyond level 2. Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One simple reasonOR an answer giving knowledge only
Level 2	4	Two or more simple reasonsOR one reason with an explanation
Level 3	6	One simple and one explained reasonOR one reason with a developed explanation
Level 4	8	 At least two explained reasons OR one reason with a comprehensive explanation

6(d)		'Meditation is selfish.' Do you agree? Give reasons for your opinion, showing you have considered another point of view. In your answer, you should refer to Buddhism.
Question	Number	Indicative content
6(d)		 Reasons for supporting this statement could be: The focus of meditation is the control of the body and mind and the consideration of the self Even when conducted in a crowd, meditation requires one to ignore one's surroundings and focus on the self Reasons for not supporting this statement could be: Focussing on the mind and body is only the first stage of meditation, ultimately it goes beyond the self It is through meditation that one gains the understanding to be truly selfless in one's thoughts and actions If you are unsure about the validity of reasons, you must send to review.
Level	Mark	Descriptor
Level 1	1	One point of view with a supporting reason
Level 2	2	 Two different points of view with one supporting reason for each view OR One point of view with more than one supporting reason
Level 3	3	Two different points of view with more than one supporting reason for each view
Level 4	4	 Evaluation of two different points of view with more than one supporting reason for each view: EITHER showing clearly which they think is the stronger point of view OR showing clearly that they think both points of view are equally valid.

7(a)	What is vipassana?	
Question Number	Answer	Mark
7(a)	Correct answer:	2
	Insight meditation	
	Partially correct answers could be: • Meditation	1
	Any alternative wording of the above points is acceptable.	

7(b)		Outline the additional precepts followed by bhikkus and bhikkunis.
	Number	, ,
Question Number Indicative content		
7(b)		The main precepts include:
		Refraining from eating after midday
		Refraining from unsuitable entertainments
		Refraining from using scents
		Refraining from sleeping on a luxurious bed
		Refraining from handling gold, silver and money
		Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One correct precept
Level 2	4	Two correct percepts
		OR one developed percept
Level 3	6	Three correct percepts
		OR one developed percept plus another correct percept
		OR one fully developed percept

7(c)		Explain why the negative application of the Five Precepts (pansils) is important for Buddhists.	
Question Number		Indicative content	
7(c)		 Any application of the pansil contributes to one's progress towards Nibanna Abstaining from certain behaviours enables one to live a more moral life It helps one to follow the Noble Eightfold Path The importance of the negative application of any of the individual pansil should be credited Answers which only describe rather than explain will not go beyond level 2. Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review. 	
Level	Mark	Descriptor	
Level 1	2	One simple reason	
		OR an answer giving knowledge only	
Level 2	4	Two or more simple reasons	
		OR one reason with an explanation	
Level 3	6	One simple and one explained reason	
		OR one reason with a developed explanation	
Level 4	8	At least two explained reasons	
		OR one reason with a comprehensive explanation	

7(d)		'All Buddhists should be vegetarians.' Do you agree? Give reasons for your opinion, showing you have considered another point of view.
Question Number		Indicative content
7(d)		 Reasons for supporting this statement could be: Being a vegetarian would allow one to show compassion to living things To eat meat is contrary to the expectations of the pansil Reasons for not supporting this statement could be: Killing plants is just as contrary to the expectations of the pansil as killing animals is, vegetarianism just eases one's conscience If animals are killed and eaten with the correct attitude, one's dhamma can still be fulfilled If you are unsure about the validity of reasons, you must send to review. Answers which do not refer to Buddhism cannot go beyond Level 2.
Level	Mark	Descriptor
Level 1	1	One point of view with a supporting reason
Level 2	2	 Two different points of view with one supporting reason for each view OR One point of view with more than one supporting reason
Level 3	3	Two different points of view with more than one supporting reason for each view
Level 4	4	 Evaluation of two different points of view with more than one supporting reason for each view: EITHER showing clearly which they think is the stronger point of view OR showing clearly that they think both points of view are equally valid.

8(a)	What is the vinaya?	
Question Number	Answer	Mark
8(a)	Correct answer:	2
	The rules of the monastic way of life	
	One of the Pitaka	
	Partially correct answers could be:	1
	Rules	
	A sacred book	
	Any alternative wording of the above points is acceptable.	

8(b)		Outline how Buddhists try to develop kshanti (patience).	
Question I	Number	Indicative content	
8(b)		 The main ways include: By chanting By meditating By being patient with oneself and accepting one's limitations By recognising the needs and abilities of others Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.	
Level	Mark	Descriptor	
Level 1	2	One correct way	
Level 2	4	Two correct waysOR one developed way	
Level 3	6	 Three correct ways OR one developed way plus another correct way OR one fully developed way 	

8(c)		Explain why the positive application of the Five Precepts (pansils) is important for Buddhists.
Question Number		Indicative content
8(c)		 The main reasons are: Any application of the pansils contributes to one's progress towards Nibbana Adhering to certain behaviours enables one to live a more moral life It helps one to follow the Noble Eightfold Path The importance of the positive application of any of the individual pansils should be credited Answers which only describe rather than explain will not go beyond level 2. Other approaches are possible and must be marked according to the levels. If you are unsure of the validity of an answer, it must be sent to review.
Level	Mark	Descriptor
Level 1	2	One simple reasonOR an answer giving knowledge only
Level 2	4	Two or more simple reasonsOR one reason with an explanation
Level 3	6	One simple and one explained reasonOR one reason with a developed explanation
Level 4	8	 At least two explained reasons OR one reason with a comprehensive explanation

8(d) 'Being a monk or a nun is easy.'		
		Do you agree? Give reasons for your opinion, showing you have considered another point of view. In your answer, you should refer to
		Buddhism.
Question	Number	Indicative content
8(d)		Reasons for supporting this statement could be:
		Monks and nuns don't have to work in order to get shelter and food
		They only have to consider themselves
		Reasons for not supporting this statement could be:
		The demands of the extra pansils are considerable
		Meditation is actually very demanding
		If you are unsure about the validity of reasons, you must send to review. Answers which do not refer to Buddhism cannot go beyond Level 2.
Level	Mark	Descriptor
Level 1	1	One point of view with a supporting reason
Level 2	2	Two different points of view with one supporting reason for each view
		OR One point of view with more than one supporting reason
Level 3	3	Two different points of view with more than one supporting reason for each view
Level 4	4	Evaluation of two different points of view with more than one supporting reason for each view:
		EITHER showing clearly which they think is the stronger point of view
		OR showing clearly that they think both points of view are equally valid.