

**ANALYSING PERFORMANCE TASK SHEET  
GCSE EXAMINATIONS**



Summer 200\_

Specification \_\_\_\_\_

<b>Candidate Name</b>										
<b>Centre Name</b>										
<b>Centre Number</b>							<b>Candidate Number</b>			

**Observation of a player/competitor/participant or self-analysis in a practice/game/activity situation.**

Activity\_\_\_\_\_

Name of player/competitor/participant\_\_\_\_\_

Position/role\_\_\_\_\_

Identify the important skills/techniques needed for a participant in his/her position/role.

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Analyse and identify in detail the strengths of the player/competitor/participant or self.

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Identify some of the factors which affect performance in both positive and negative ways.

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After practising/training for 6 weeks assess how much improvement has been made.

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Discuss with the player/participant/competitor the results of the 6 weeks practice/training and record his/her views. In a self-analysis the candidate must discuss his/her conclusions with a teacher/coach and note their views/reactions.

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Teacher's Mark \_\_\_\_\_