

Surname		Other Names	
Centre Number		Candidate Number	
Candidate Signature			

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General Certificate of Secondary Education
June 2005



PHYSICAL EDUCATION (SPECIFICATION B) 3582/W
Written Paper

Wednesday 25 May 2005 1.30 pm to 3.00 pm

No additional materials are required.
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Time allowed: 1 hour 30 minutes

Instructions

- Use blue or black ink or ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** the questions in **Section A**.
- Answer **two** of the **three** questions in **Section B**.
- All working must be shown.
- Do all rough work in this book. Cross through any work you do not want marked.

Information

- The maximum mark for this paper is 94. This includes up to 4 marks for the quality of written communication.
- Mark allocations are shown in brackets.

Advice

- You are advised to spend approximately 1 hour on **Section A** and 30 minutes on **Section B**.

For Examiner's Use			
Number	Mark	Number	Mark
A1		B1	
A2		B2	
A3		B3	
A4			
Total (Column 1)	→		
Total (Column 2)	→		
Quality of Written Communication			
TOTAL			
Examiner's Initials			

SECTION A

Answer **all** questions in the spaces provided.

A1 (a) Name **one** body system involved in movement.

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(1 mark)

(b) Give **two** food types that provide energy for movement.

1

2

(2 marks)

(c) (i) What is adrenalin?

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(ii) How does adrenalin affect performance?

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(3 marks)

(d) (i) Describe the procedures involved in a test to measure strength.

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(ii) Why is strength important for effective performance?

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(4 marks)

(e) Holding a balanced position is important in many physical activities.

Give **one** static balance and explain how the muscles work to maintain this balance.

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(5 marks)

Handwriting practice area with horizontal dotted lines.

Turn over ►

THERE ARE NO QUESTIONS PRINTED ON THIS PAGE