



General Certificate of Secondary Education
Specimen Paper

**Physical Education
(Double Award)**

48905

**Unit 5 Knowledge and Understanding for the Involved Participant
External Assessment**

Pre-Released Material

To be opened and issued to candidates on XXXX.

48905

Section B of the summer examination will consist of questions linked to the scenario below.

Tyrone Brown

Age 16

Height: 1.63 m (5' 4")

Weight: 89 kg (14 stone)

Lives in a bungalow half a mile from school

Favourite subject: ICT

Least favourite subject: PE – which he usually manages not to take part in as he has asthma and has a note from his mum.

Tyrone follows the same routine every day from Monday to Friday.

He gets up at 8am, has a shower and then has a full English breakfast.

At 8.45am either his mum or dad will drive him to school. On the way they stop at the shops and he buys sweets, chocolate bars and crisps to eat at break and lunchtimes.

At break time Tyrone goes to the school canteen and gets a large slice of chocolate cake as he usually eats most of his chocolate bars between lessons.

1pm is lunchtime and Tyrone has a packed lunch most days which includes a pork pie, pasty, cheese and ham sandwiches on white bread, a couple of cans of cola and two packets of crisps. On Fridays he has school dinner as it is chips day and he usually has double chips, cheese and gravy.

Tyrone spends the rest of his lunchtimes sitting talking to friends or he may go to the computer room.

After school Tyrone either gets picked up by his mum or dad or he gets the bus home. He likes getting the bus because then he can go to the chip shop and get fish and chips or sausage in batter and chips for his tea. Sometimes he will go to the local Indian takeaway and he orders a large lamb curry with chips. He eats it while he watches the television. When he has finished his mum clears away his plate, gets him another can of cola from the fridge and microwaves him chocolate pudding with chocolate sauce.

After tea he usually gets another can of cola and settles down to watch a film or play on his computer. He has a sandwich or a slice of cake.

At the weekend he usually has a lie-in until lunch and often goes to the pub with his parents for lunch. On Saturday night he likes to have a Chinese takeaway; his favourite is sweet and sour pork. He also likes to have a roast dinner at the pub on Sunday with his parents; his favourite is roast beef with Yorkshire pudding followed by chocolate pudding.

