



General Certificate of Secondary Education
June 2013

Physical Education

48901/3/PM

Units 1 and 3 Knowledge and Understanding for the Active Participant

Preliminary Material

To be opened and issued to candidates on or after Monday 14 January 2013

Section B of the summer examination will consist of questions linked to the scenario below.

Sarah is 16 years old and attends the local secondary school which is located in rural surroundings. She has nearly completed her GCSE courses in subjects including Physical Education, Media Studies and ICT.

When she transferred to secondary school, Sarah was overweight due to a poor diet. She was determined to lose weight and become more physically active. She joined a number of sports clubs in Year 7 and now her favourite activities are cross country running, climbing, dance and cheerleading. The school is close to a publicly run adventure activity centre which all students have the chance to visit on a regular basis. Sarah's ambition is to represent the district at cross country running and to take part in a half marathon.

Outside of school, Sarah is a keen dancer and regularly goes to lessons at a privately owned dance school. When her secondary school started a cheerleading squad, Sarah offered her support as a choreographer, as she had done some cheerleading before.

Sarah has been interested in sport ever since she was little and is always watching sport on television and reading sports magazines. She is considering a career in journalism in the future and regularly sends in match reports to her local newspaper after she has watched her favourite local football team.