



General Certificate of Secondary Education  
June 2012

## **Physical Education**

**48901/3/PM**

**Units 1 and 3 Knowledge and Understanding for the Active Participant**

## **Preliminary Material**

**To be opened and issued to candidates on or after Monday 9 January 2012**

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**Section B of the summer examination will consist of questions linked to the scenario below.**

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David is 18 years old and in the final year of his A-level studies at the local Specialist Sports College. As well as taking his A-levels, David has almost completed his Community Sports Leadership Award.

Throughout his time at school, David has been a member of a number of different school sports teams. However, due to the pressure of his A-level studies, he has made the decision to focus on his athletics.

David is a successful elite athlete who regularly competes in national competitions as a sprinter. He trains at least four times a week, either on his own or at the local athletics club where he also helps to coach junior athletes. In addition, he regularly trains with the national athletics squad where he receives support from a sports nutritionist and a physiotherapist.

David has recently represented his country at the Youth Olympic Games where he won gold medals in the 100 metres and 4 x 100 metre relay. He found this an exciting but stressful challenge.

In the future, David is hoping to continue his education at university, whilst training as much as possible to further his athletics career. He knows that this is going to be expensive. Before he goes to university, David is looking forward to his chance to be a volunteer at the London 2012 Olympic Games.