



General Certificate of Secondary Education
June 2010

Physical Education

48901/3/PM

Units 1 and 3 Knowledge and Understanding for the Active Participant

Preliminary Material

To be opened and issued to candidates on Monday 11 January 2010

Section B of the summer examination will consist of questions linked to the scenario below.

John is a 15-year-old pupil at a school with a well-established Physical Activity Policy. He has just started his GCSE PE course, which he has opted to take as one of his subject options.

John does not play any sport to a particularly high standard, but he is very keen on physical education. He always takes part in all of his school PE lessons and is a regular participant in extra-curricular sporting activities. When he chose his options, he was particularly interested in the fact that he did not have to be a player/performer in all of his assessments and could be assessed in different roles. He has regularly been an official in school football fixtures and is interested in being assessed as an official.

John thinks that football is probably his strongest sport and that this will be one of his assessments. After talking to his teachers, he has also decided that he will choose 'exercising safely and effectively to improve health and well-being, as in Fitness and Health Activities' as his second assessment area for his practical work. In order to prepare himself fully for this, John has just joined his local fitness gym, which shares the school fitness facilities.