



Rewarding Learning

General Certificate of Secondary Education  
2015

Centre Number

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Candidate Number

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## Learning for Life and Work: Modular

Unit 4  
Personal Development

[GLW51]

FRIDAY 8 MAY, MORNING

MV18

### TIME

45 minutes, plus your additional time allowance.

### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

Complete in blue or black ink only.

The insert (containing **Source A**) is to be used for Questions **4** and **5** in **Section B**.

Answer **all** questions in this paper.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

## Section A

Answer **all** questions in this section.

**This question is about developing competence as discerning consumers.**

- 1 (a) Write down **one** reason why people end up in debt.  
[1 mark]

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- (b) Identify **and** explain **one** advantage of a young person having a bank overdraft. [2 marks]

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- (c) Identify **and** explain **one** advantage of using a credit card for shopping. [2 marks]

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**This question is about maximising and sustaining health and well-being.**

**2 (a)** Write down **one** example of an unhealthy lifestyle.  
[1 mark]

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**(b)** Explain **one** way a school may improve a young person's social health. [2 marks]

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**(c)** Explain **one** way a school could promote healthy eating.  
[2 marks]

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**This question is about understanding the roles and responsibilities of parenting.**

**3 (a)** Write down **two** ways a young parent may receive help with the expense of a new baby. [1 mark for each way]

1. \_\_\_\_\_

2. \_\_\_\_\_

**(b)** Identify **and** explain **two** ways a parent may help to develop a child's morals and values.

[2 marks for each way]

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**(c) Identify and explain two ways a parent could provide a safe environment for a child at home.**

**[2 marks for each way]**

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Section B

Answer **all** questions in this section.

**4** Read **Source A** and use it to help you answer this question.

(a) Explain **two** ways success at school may improve a young person's self-confidence.

[2 marks for each way]

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

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**(b)** Explain how a young person could support a victim of text bullying. [6 marks]

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5 With reference to **Source A and** your own knowledge evaluate the attractions and dangers of dieting in the lives of young people. [10 marks]

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**THIS IS THE END OF THE QUESTION PAPER**

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For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

<b>Total Marks</b>	
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Examiner Number

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**Learning for Life and Work: Modular**

**Unit 4**

**Personal Development**

**[GLW51]**

**FRIDAY 8 MAY, MORNING**

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**SOURCE A**

## **Insert: Personal Development**

**For use with Questions 4 and 5.**

### **SOURCE A**

#### **Success and pressure**

Many young people experience success in school which helps to improve their self-confidence. For example sports clubs, being voted onto a students' council or examination success can make a young person feel good about themselves.

Young people in school may experience pressures such as bullying which may cause them to feel very unhappy in school. A form of bullying is by text messaging. It is important for a young person to talk to a friend, parent or teacher in dealing with text bullying.

Young people may experience pressure from the media such as television and magazines. Celebrities from sport, music and television may have an image which may encourage a young person to diet. There are many dangers of dieting such as developing an eating disorder which may affect a young person's health.



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