



Centre Number

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Candidate Number

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General Certificate of Secondary Education
January 2014

Learning for Life and Work: Modular

Unit 4

Personal Development

[GLW51]

MV18

WEDNESDAY 8 JANUARY, MORNING

TIME

45 minutes, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Complete in blue or black ink only. **Do not write in pencil or with a gel pen.**

The insert (containing **Source A**) is to be used for Questions **4** and **5** in **Section B**.

Answer **all** questions in this paper.

INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

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(Questions start overleaf)

Section A

Answer **all** questions in this section.

This question is about the concept of self.

- 1 (a) Write down **one** strategy a young person may use to cope with peer pressure. [1]

- (b) Identify and explain **one** reason why image is important to a young person. [2]

- (c) Identify and explain **one** benefit to a young person of working in a team. [2]

This question is about understanding the roles and responsibilities of parenting.

2 (a) Write down **one** essential item of equipment required for a nursery for a newborn baby. [1]

(b) Explain **one** way a parent could encourage a young person to take up a new hobby. [2]

(c) Explain **one** problem for a parent bringing up a child who suffers from poor health. [2]

This question is about recognising, assessing and managing risk.

3 (a) Write down **two** benefits of having a good friendship.
[2 marks] One for each part.

1. _____
2. _____

(b) Identify **and** explain **two** benefits of abstinence from sex for a young person. [4 marks] Two for each part.

1. _____

2. _____

(c) Identify **and** explain **two** ways relationships with friends could have a positive effect on a young person's self-confidence. [4 marks] Two for each part.

1. _____

2. _____

Section B

Answer **all** questions in this section.

4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** reasons why a young person may start to smoke cigarettes. [4 marks] Two for each part.

(i) _____

(ii) _____

(b) Explain the health problems caused by smoking cigarettes. [6]

5 With reference to **Source A** and your own knowledge evaluate the strategies to help people stop smoking cigarettes. [10]

Ruled lines for writing.

Extra page if required

THIS IS THE END OF THE QUESTION PAPER

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
Total Marks	

Examiner Number

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Rewarding Learning

General Certificate of Secondary Education
January 2014

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Personal Development

[GLW51]

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SOURCE A

Insert: Personal Development

For use with Questions 4 and 5.

SOURCE A

Smoking Cigarettes

Smoking cigarettes is very addictive and young people who start smoking may find it difficult to stop.

Young people start smoking cigarettes for a variety of reasons such as peer pressure, to deal with stress, to control weight or because family members smoke.

There are many health problems caused by smoking cigarettes such as:

- cancer
- heart attack
- stroke
- increase chances of a miscarriage
- fertility problems.

As a result of the dangers of smoking cigarettes the UK government has encouraged smokers to “give up the habit” and provides support for people who want to stop smoking cigarettes.

Some of the strategies introduced have included:

- a smoking ban in all public places
- health warnings and graphic images on cigarette packets
- free nicotine replacement therapies such as patches from a GP or pharmacist.