



Rewarding Learning

General Certificate of Secondary Education  
2013

Centre Number

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Candidate Number

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## Learning for Life and Work: Modular

Unit 4

Personal Development

[GLW51]



FRIDAY 10 MAY, AFTERNOON

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### TIME

45 minutes, plus your additional time allowance.

### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Complete in blue or black ink only. **Do not write in pencil or with a gel pen.**

The insert (containing Source A) is to be used for Questions 4 and 5 in Section B.

Answer **all** questions in this paper.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions 4 and 5.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

## Section A

Answer **all** questions in this section.

**This question is about recognising, assessing and managing risk.**

- 1 (a) Write down **one** reason why young people take risks.

\_\_\_\_\_ [1]

- (b) Write down and explain **one** danger of drinking and driving.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

- (c) Write down and explain **one** way a young person may keep away from risk taking behaviour.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

| Examiner Only    |        |
|------------------|--------|
| Marks            | Remark |
|                  |        |
| Total Question 1 |        |
|                  |        |





**Section B**

Answer **all** questions in this section.

| Examiner Only |        |
|---------------|--------|
| Marks         | Remark |
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4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** ways a young person could deal with stress.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [2]

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [2]

(b) Explain how smoking cannabis may affect a young person's health.

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[6]

Examiner Only

Marks

Remark

Total Question 4



**5** What are the advantages and disadvantages of self-help groups for reducing illegal drug use? Refer to **Source A** and your own knowledge in your answer.

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[10]

**THIS IS THE END OF THE QUESTION PAPER**

| Examiner Only    |        |
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| Marks            | Remark |
|                  |        |
|                  |        |
| Total Question 5 |        |
|                  |        |

**DO NOT WRITE ON THIS PAGE**

| For Examiner's use only |       |
|-------------------------|-------|
| Question Number         | Marks |
| 1                       |       |
| 2                       |       |
| 3                       |       |
| 4                       |       |
| 5                       |       |

|                    |  |
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| <b>Total Marks</b> |  |
|--------------------|--|

Examiner Number

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2013**

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**Learning for Life and Work: Modular**

**Unit 4**

**Personal Development**

**[GLW51]**

**FRIDAY 10 MAY, AFTERNOON**

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GLW51

**SOURCE A**

## **Insert: Personal Development**

**For use with Questions 4 and 5.**

### **SOURCE A**

#### **Illegal Drugs**

Some young people take illegal drugs such as cannabis, ecstasy and cocaine for a variety of reasons such as peer pressure, boredom, curious to experiment and to escape the pressure and stress both at home and school.

There are other ways to deal with stress such as joining a local sports club or gym where the young person could try new activities and make new friends. This gives a young person something to look forward to and helps the person forget about problems.

Taking illegal drugs can cause physical, emotional and social health problems affecting the young person both at home and at school. Some of these effects can last a long time and may require the young person to seek help and support.

If a young person was concerned about taking illegal drugs they could join a local self-help group which could provide help, support and guidance to assist them to stop illegal drug use.

*Source: Own Source*