



General Certificate of Secondary Education  
2013

**Centre Number**

71	
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**Candidate Number**

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**Learning for Life and Work: Modular**

Unit 4

Personal Development

[GLW51]

**MV24**

FRIDAY 10 MAY, AFTERNOON

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**TIME**

45 minutes, plus your additional time allowance.

**INSTRUCTIONS TO CANDIDATES**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

The insert (containing Source A) is to be used for Questions 4 and 5 in Section B.

Answer **all** questions in this paper.

## **INFORMATION FOR CANDIDATES**

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

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**(Questions start overleaf)**

## Section A

Answer **all** questions in this section.

**This question is about recognising, assessing and managing risk.**

1 (a) Write down **one** reason why young people take risks. [1]

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(b) Identify and explain **one** danger of drinking and driving. [2]

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**(c)** Identify and explain **one** way a young person may avoid risk taking behaviour.  
[2]

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**This question is about developing competence as discerning consumers.**

**2 (a)** Write down what the annual percentage rate (APR) means when borrowing money. [1]

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**(b)** Explain **one** disadvantage of borrowing money from a loan shark. [2]

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**(c)** Explain **one** advantage of a personal loan to a young person. [2]

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## This question is about concept of self.

3 (a) Write down **two** realistic targets for a young person who wants to achieve good GCSE grades. [1 mark for each answer]

1. \_\_\_\_\_

2. \_\_\_\_\_

(b) Identify **and** explain **two** ways a young person could deal with bullying. [2 marks for each answer]

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**(c) Identify and explain two attractions of dieting to a young person. [2 marks for each answer]**

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Section B

Answer **all** questions in this section.

**4** Read **Source A** and use it to help you answer this question.

**(a)** Explain **two** ways a young person could deal with stress. [2 marks for each answer]

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**(b)** Explain how smoking cannabis may affect a young person's health. [6]

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**5** With reference to **Source A** and your own knowledge evaluate the use of self-help groups as a strategy to reduce illegal drug use. [10]

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**THIS IS THE END OF THE QUESTION PAPER**

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For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

<b>Total Marks</b>	
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Examiner Number

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*Rewarding Learning*

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**Unit 4**

**Personal Development**

**[GLW51]**

**FRIDAY 10 MAY, AFTERNOON**

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**MV24**

**SOURCE A**

# **Insert: Personal Development**

**For use with Questions 4 and 5.**

## **Source A**

### **Illegal Drugs**

Some young people take illegal drugs such as cannabis, ecstasy and cocaine for a variety of reasons such as peer pressure, boredom, curious to experiment and to escape the pressure and stress both at home and school.

There are other ways to deal with stress such as joining a local sports club or gym where the young person could try new activities and make new friends. This gives a young person something to look forward to and helps the person forget about problems.

Taking illegal drugs can cause physical, emotional and social health problems affecting the young person both at home and at school. Some of these effects can last a long time and

may require the young person to seek help and support.

If a young person was concerned about taking illegal drugs they could join a local self-help group which could provide help, support and guidance to assist them to stop illegal drug use.

## SOURCES

Source A - Source: Own source