

General Certificate of Secondary Education January 2013

Learning for Life and Work: Modular

Unit 4

Personal Development



[GLW51]

GLW51

THURSDAY 10 JANUARY, MORNING

TIME

45 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Complete in blue or black ink only. Do not write in pencil or with a gel pen.

The insert (containing Source A) is to be used for Questions **4** and **5** in Section B.

Answer all questions in this paper.

INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions 4 and 5.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

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		Section A		Examin Marks	ner Only Remark	
		Answer all questions in this section.				
	is qu renti	estion is about understanding the roles and responsibilities of ng.				
1	(a)	Write down one way a parent could receive financial help with the expense of a baby.				
			[1]			
	(b)	Identify and explain one problem a parent may face bringing up a child who suffers from poor health.				
			[2]			
	(c)	Identify and explain one way a parent could support a child's educational needs.				
			[2]			
				T 1 10		
				Total Qu	lestion 1	
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Thi	is qu	estion is about developing competence as discerning consumers.	Examin Marks	er Only Remark
2	(a)	Write down one way a family could reduce spending. [1]	Walks	Remark
	(b)	Explain one advantage of buying a property.		
	(c)	Explain one disadvantage of using cash to buy goods.		
		[2]		
			Total Qu	
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Th	is qu	estion is about maximising and sustaining health and well-being.	Examiner Only Marks Remark	
3	(a)	Write down two reasons why a young person should not start smoking cigarettes.		
		1[1]		
		2[1]		
	(b)	Identify and explain two benefits of exercising in a gym.		
		1		
		[2]		
		2		
		[2]		
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(c)	Identify and explain two benefits of eating a balanced diet.		Examin Marks	ner Only Remark
	1			
	2			
		[2]		
			Total Qι	uestion 3
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			Section B	Examin Marks	er Only Remark	
			Answer all questions in this section.			
4	Rea	ad S	ource A and use it to help you answer this question.			
	(a)	Exp	plain the following terms:			
		(i)	Internal pressure			
			[2]			
		(ii)	External pressure			
			[2]			
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(b)	Explain the strategies a young person may use to relieve exam pressure.	Exa Mark	miner Only s Remark
	[6		
		Total	Question 4
		Total	2,300,011 T
8146		[T	urn over

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Committee Commit



5	With reference to Source A and your own knowledge evaluate the impact of social networking on a young person's life.		Examine larks	r Only Remark
	[10]		
		To	tal Oue	estion 5
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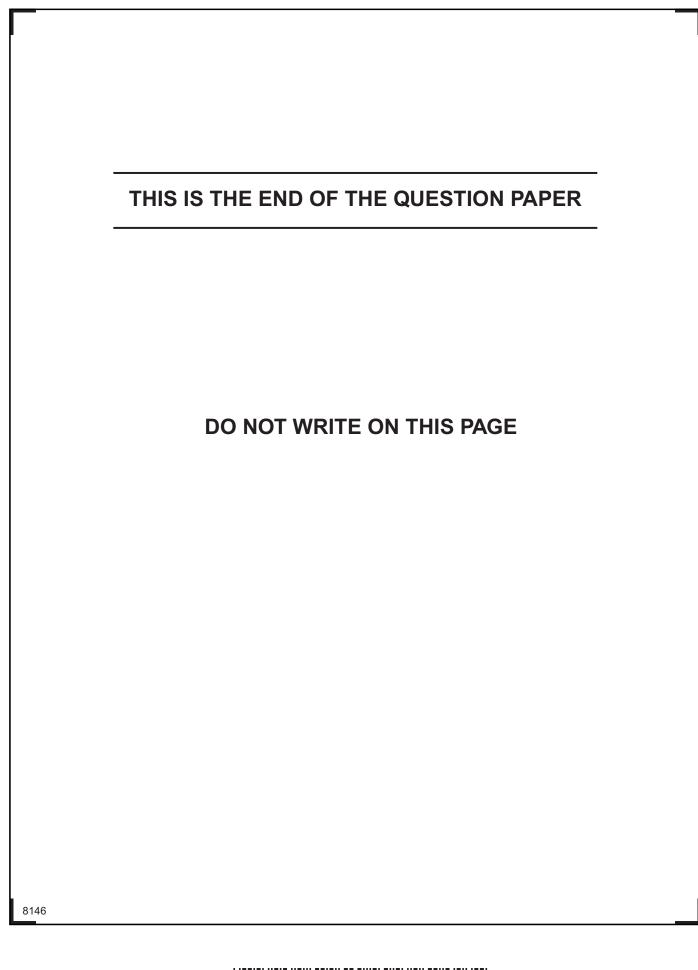
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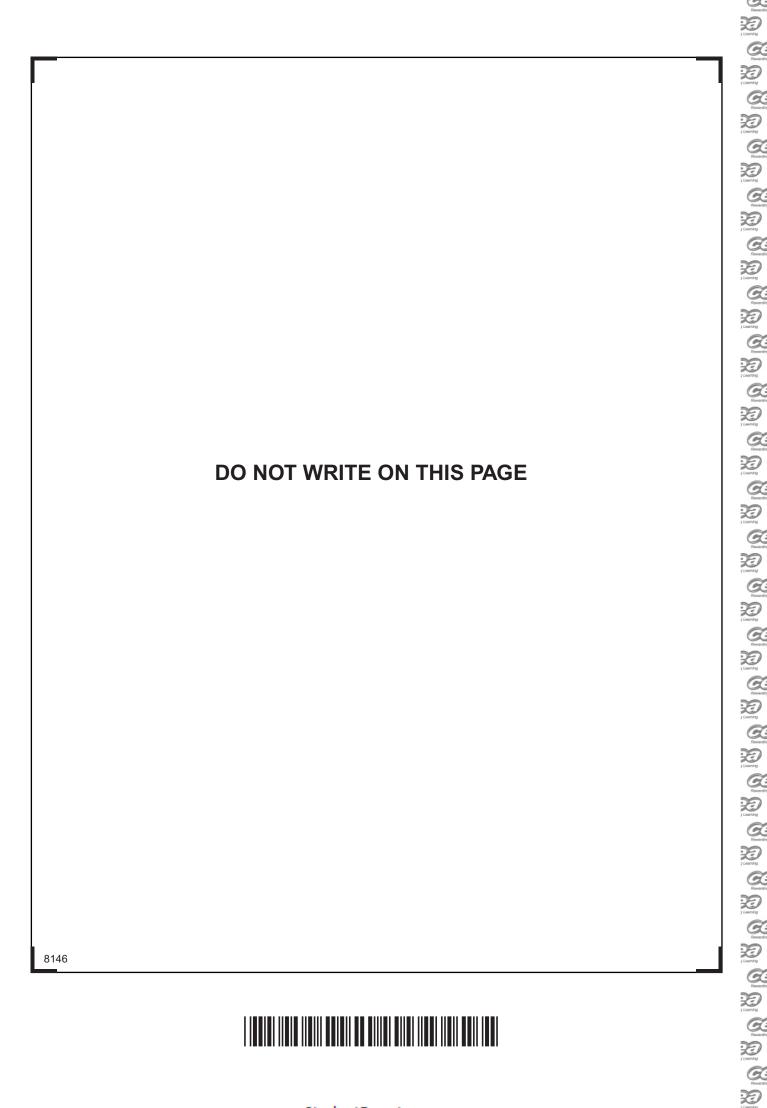
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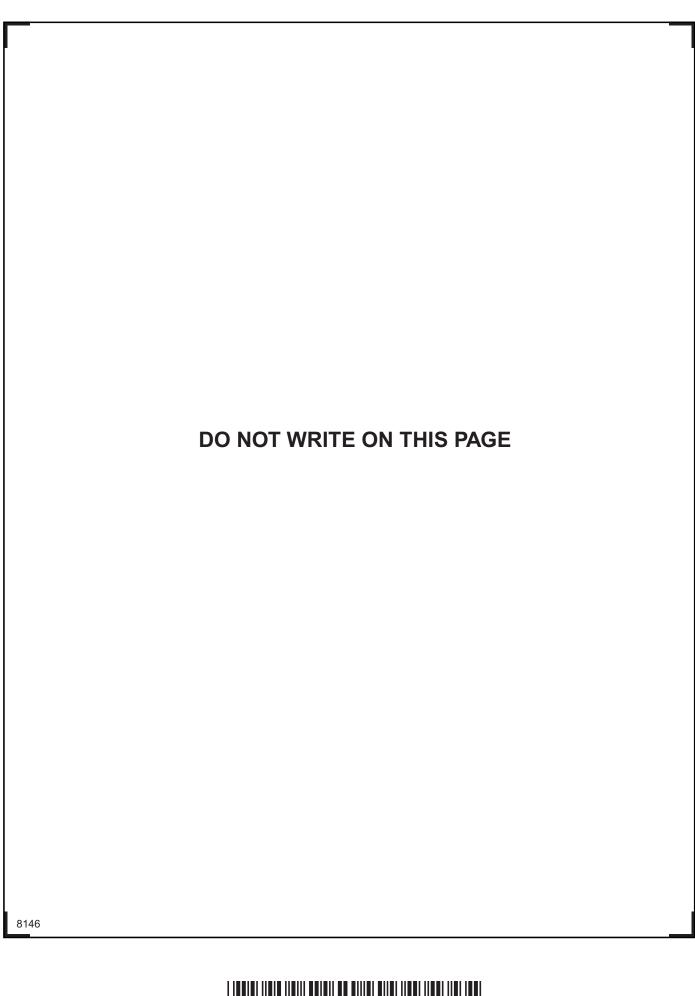




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Question Number	Marks	
1		
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Total Marks

Examiner Number

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Unit 4

Personal Development

[GLW51]

THURSDAY 10 JANUARY, MORNING



SOURCE A

Insert: Personal Development

For use with Questions 4 and 5.

SOURCE A

Internal and External Pressures on Young People

Internal pressure is when a young person puts pressure on themselves to be successful. For example: to do well in exams or look a certain way. Putting pressure on yourself can help you to achieve a goal but can also lead to stress, low self-esteem or depression.

A young person may use a number of strategies to relieve exam pressure. These may include setting goals, drawing up a revision timetable or talk to a teacher who may be able to give advice.

External pressure may affect young people on a daily basis. These pressures may include a young person's peer group or the school they attend. Also the media advertise and promote their products and services to sell to young people, their family and parents.

More and more young people use the Internet for communicating and socialising through social networking sites such as Facebook. This can benefit young people but can also have a detrimental effect on their health and well-being. It is important a young person takes steps to stay safe online.

Adapted from: © GCSE Learning for Life and Work for CCEA (LLW) by David McVeigh, Amanda McAleer & Michaella O'Boyle, published by Hodder Education, 2011. ISBN 978 1444120752