



General Certificate of Secondary Education 2012

Learning for Life and Work: Modular

Unit 4

Personal Development



[GLW51]

GLW51

FRIDAY 11 MAY, MORNING

TIME

45 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Complete in blue or black ink only. Do not write in pencil or with a gel pen.

The insert (containing Source A) is to be used for Questions **4** and **5** in Section B.

Answer all questions in this paper.

INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions 4 and 5.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

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		Section A	Examin Marks	er Only Remark
		Answer all questions in this section.		
Thi	is qu	estion is about maximising and sustaining health and well-being.		
1	(a)	Write down one common eating disorder.		
		[1]		
	(b)	Identify and explain one way a school could promote healthy eating.		
		[2]		
	(c)	Identify and explain one way changing a job could improve a person's emotional health.		
		[2]		
			Total Qu	estion 1
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12 Learning



Thi	is qu	estion is about the concept of self.		Examir Marks	er Only Remark
2	(a)	Write down one pressure a young person may face today.	[1]		
	(b)	Explain one benefit of a young person setting a goal.			
			 [2]		
	(c)	Explain one way teenage magazines can influence a young person			
			_		
			[2]		
				Total Qu	uestion 2
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Thi	is qu	estion is about developing competence as discerning consum	ers.	Examiner Only Marks Remark
3	(a)	Write down two sources of income for a young person.		
		1	_ [1]	
		2	_ [1]	
	(b)	Identify and explain two advantages of paying for goods by cash rather than on credit.		
		1		
			_ [2]	
		2		
			_ [2]	
	(c)	Identify and explain two ways of dealing with a debt problem.		
	` ,	1		
			_ [2]	
		2		
				Total Question 3
			_ [2]	
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		Section B	Examin Marks	er Only Remark
		Answer all questions in this section.		
4	Read S	Source A and use it to help you answer this question.		
		plain two ways communication could be improved between family embers.		
	(i)			
	(ii)	[2]		
	(11)			
		[2]		
			[Tur	n over

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(b)	Explain why young people may not discuss sexual relationships with their parents.	Examin Marks	Remark
	[6]		
		Total Qu	uestion 4
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With reference to Source A and your own knowledge evaluate the refamily relationships.	DIE OT	Examine Marks I
	[10]	
		Total Que
THIS IS THE END OF THE QUESTION PAPER	-	
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For Examiner's use only		
Question Number	Marks	
1		
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4		
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Total Marks

Examiner Number

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Personal Development

[GLW51]

FRIDAY 11 MAY, MORNING



SOURCE A

Insert: Personal Development

For use with Questions 4 and 5.

SOURCE A

Family Relationships

There are many different types of families such as nuclear family, single parent, extended family, step or blended family. The family home is where most people learn how to relate to other people and to cope with life in the outside world.

When children are young their parents do everything for them including making decisions. As they grow older parents teach children how to do things for themselves and to help around the home.

As the child becomes a teenager conflict can occur in families when a young person wants greater freedom and independence to live their own lives.

Good communication can help maintain healthy family relationships. Talking and listening to each other will help resolve any issues between family members and help to keep the relationships happy and strong.

There are a number of ways a family could improve communication:

- use family meal times to talk and listen
- write notes to each other, like a message board
- always ask if you want to borrow something
- work out a timetable to take turns using the computer or TV
- make a rule that if one person is talking, the others are listening

Adapted from: © Personal Development Learning for Life and Work for CCEA GCSE by Paula McCullough, page 44, published by Colourpoint Books. ISBN 9781906578565.