

New
Specification



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Candidate Number

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General Certificate of Secondary Education
2010

Learning for Life and Work: Modular

Unit 4

Personal Development

[GLW51]



THURSDAY 13 MAY, AFTERNOON

TIME

45 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.
Write your answers in the spaces provided in this question paper.
The insert (containing Source A) is to be used for Questions 4 and 5 in Section B.
Answer **all** questions in this paper.

INFORMATION FOR CANDIDATES

The total mark for this paper is 40.
Quality of written communication will be assessed in Questions 4 and 5.
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
Total Marks	

Section A

Answer **all** questions in this section.

This question is about recognising, assessing and managing risk.

- 1 (a) Name **one** benefit of having a good friendship.

_____ [1]

- (b) Identify **and** explain **one** reason why young people may have underage sex.

_____ [2]

- (c) Identify **and** explain **one** advantage of abstinence from sex for a young person.

_____ [2]

Examiner Only	
Marks	Remark

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This question is about the concept of self.

2 (a) Name **one** way a young person could improve their self-confidence.

_____ [1]

(b) Identify **and** explain **one** effect sexual orientation could have on a person’s self-confidence.

_____ [2]

(c) Identify **and** explain **one** way peers can have a positive affect on a young person’s life.

_____ [2]

Examiner Only	
Marks	Remark

This question is about understanding the roles and responsibilities of parenting.

Examiner Only

Marks Remark

3 (a) Name **two** essential items of equipment required for a new born baby.

1. _____ [1]

2. _____ [1]

(b) Identify **and** explain **two** ways parents may help develop a child's social skills.

1. _____

_____ [2]

2. _____

_____ [2]

(c) Identify **and** explain **two** problems a parent may face bringing up a child who suffers from poor health.

1. _____

_____ [2]

2. _____

_____ [2]

Section B

Answer **all** questions in this section.

4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** reasons for banning junk food advertisements during children's television programmes.

1. _____

_____ [2]

2. _____

_____ [2]

(b) With reference to **Source A and** your own knowledge, explain how young people in Northern Ireland may be emotionally and socially affected by obesity.

_____ [6]

Examiner Only	
Marks	Remark

THIS IS THE END OF THE QUESTION PAPER

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SOURCE A

Insert: Personal Development

For use with Questions 4 and 5

SOURCE A

Young people unaware of junk food impact

According to the British Heart Foundation survey carried out in 2008, most young people in the UK are unaware of the serious damage junk food can have on their health.

The survey of 1100 children found that 73% of 8–15 year-olds were not aware that eating junk food could potentially shorten their life.

Instead, 45% thought the worst that could happen was that they would put on weight, develop tooth problems, get spots or become unpopular.

In 2008, almost a third of 10 and 11 year-olds were currently overweight or obese.

Two thirds of children are predicted to be overweight or obese by 2050.

It is feared today's children may be the first generation who live shorter lives than their parents.

The UK government has banned advertising of junk food and fast food to children and introduced healthy eating initiatives in schools to try and deal with the obesity problem.

From : BBC News at bbc.co.uk/news