



**General Certificate of Secondary Education  
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**Human Health and Physiology                      44151F**

**(Specification 4415)**

**Unit 1: Topics in Human Health and Physiology  
(Foundation)**

**Final**

***Mark Scheme***

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<b>Question</b>	<b>Answers</b>	<b>Extra information</b>	<b>Mark</b>
<b>1(a)</b>	Optometry	Allow alternative spellings	1
<b>1(b)</b>	Orthopaedics	Allow alternative spellings	1
<b>1(c)</b>	Obstetrics and gynaecology	Allow alternative spellings Accept either answer on its own	1
<b>1(d)</b>	Endocrinology	Allow alternative spellings	1
<b>Total</b>			4

Question	Answers	Extra information	Mark
<b>2(a)</b>	Cytologists		1
<b>2(b)(i)</b>	X cytoplasm Y nucleus Z (cell) membrane	Allow protoplasm  Allow plasma membrane / surface membrane	1 1 1
<b>2(b)(ii)</b>	Any <b>two</b> from eg (Cancer cells have) <ul style="list-style-type: none"> <li>• Larger nucleus</li> <li>• Two / more nuclei</li> <li>• Irregular-shaped nuclei</li> <li>• Less cytoplasm</li> <li>• No gaps between them</li> </ul>	Allow overlapping Allow different shaped/deformed (cells) Ignore features that cannot be seen eg divide rapidly	2 max
<b>2(c)</b>	Any <b>two</b> from eg <ul style="list-style-type: none"> <li>• Smoking / tar from smoke / carcinogen in smoke / other named carcinogen</li> <li>• UV rays / sunlight</li> <li>• X rays</li> </ul>	Allow two named carcinogens for 2 marks  Allow alcohol / pathogens  Ignore diet / drinking unqualified Ignore inheritance unless qualified	2 max
<b>Total</b>			8

Question	Answers	Extra information	Mark
3(a)(i)	Protein		1
3(a)(ii)	Carbohydrate		1
3(a)(iii)	Vitamin C		1
3(b)	Any <b>two</b> from eg <ul style="list-style-type: none"> <li>• Health of / growth of bones</li> <li>• Health of / growth of teeth</li> <li>• Blood clotting</li> <li>• Muscle contraction</li> </ul>	Allow strength Allow strength  Ignore rickets Ignore growth unqualified	2 max
3(c)(i)	High blood pressure	Allow heart disease / heart attack  Allow dehydration	1
3(c)(ii)	Diabetes	Allow increase weight / obesity / tooth decay  Ignore high blood sugar / high blood pressure / heart disease	1
<b>Total</b>			<b>7</b>

Question	Answers	Extra information	Mark
4(a)(i)	Ambulance siren / pneumatic drill	Accept jet plane / fireworks / gunshot	1
4(a)(ii)	100	Allow 98-102	1
4(b)	Any <b>two</b> from <ul style="list-style-type: none"><li>• Ear plugs</li><li>• Muffling / soundproofing machinery</li><li>• <b>or</b> isolate machinery</li><li>• Reduce exposure time</li></ul>	Accept ear defenders / head phones / ear muffs	2 max
<b>Total</b>			4

Question	Answers	Extra information	Mark
5(a)(i)	B		1
5(a)(ii)	D		1
5(a)(iii)	C		1
5(b)(i)	Blood clot / atheroma	Allow narrowing / blocking of blood vessels by fat / cholesterol  Ignore cholesterol / fat levels in blood	1
5(b)(ii)	Any <b>two</b> from eg <ul style="list-style-type: none"> <li>• (high) cholesterol</li> <li>• Smoking</li> <li>• Obesity</li> <li>• Genetic factors</li> <li>• Lack of exercise</li> <li>• High fat diet</li> </ul>	Accept high blood pressure Ignore factors relating directly to blood vessels  Ignore stress  Ignore diet unqualified / unhealthy diet  Ignore high salt / sugar	2 max
5(b)(iii)	Exercise (regularly)	Ignore references to smoking, diet, weight loss and massage	1
<b>Total</b>			<b>7</b>

Question	Answers	Extra information	Mark
6(a)	<pre> graph LR     A[Jenner injected a boy with cowpox and then injected him with smallpox] --- B[hypothesis]     A --- C[experiment]     D[Jenner's idea that cowpox gave protection against catching smallpox] --- B     E[Jenner noticed that milkmaids did not catch smallpox] --- F[observation]     G[The boy did not develop smallpox] --- H[theory]     G --- I[result]                     </pre>		4
6(b)	eg He gave a (healthy) boy a disease Use of human (rather than animal tests) before other tests	Allow gave to boy rather than adult Allow boy did not know the risks involved / did not consent Ignore reliability	1
6(c)	C B D A	All 4 correct gains 3 marks 2 or 3 correct gains two marks 1 correct gains 1 mark	3
<b>Total</b>			8



Question	Answers	Extra information	Mark
<b>7(a)</b>	<b>W</b> pituitary <b>X</b> thyroid <b>Y</b> adrenal <b>Z</b> pancreas	Allow close spellings (eg pancrease)	1 1 1 1
<b>7(b)(i)</b>	Protease / lipase / carbohydrase / amylase	Do <b>not</b> accept insulin	1
<b>7(b)(ii)</b>	Now have treatment for diabetes	Allow cure / stop diabetes	1
<b>7(b)(iii)</b>	Idea of (cruelty) to dogs / animals		1
<b>7(c)(i)</b>	Chromosome		1
<b>7(c)(ii)</b>	An enzyme		1
<b>7(c)(iii)</b>	DNA		1
<b>Total</b>			10

Question	Answers	Extra information	Mark
<b>8(a)</b>	surface / area capillaries	Ignore vessels	1 1
<b>8(b)(i)</b>	diarrhoea	Allow close spellings	1
<b>8(b)(ii)</b>	17	Correct answer gains 2 marks If answer incorrect, evidence of adding up all other percentages and subtracting from 100 gains 1 mark	2
<b>8(b)(iii)</b>	4	Correct answer gains 2 marks If answer incorrect then evidence of $50 / 100 \times 8$ gains 1 mark OR $\frac{1}{2} \times 8$ OR $400/100$	2
<b>8(c)</b>	<b>X</b> Oesophagus  <b>Y</b> stomach  <b>Z</b> <u>small</u> intestine / duodenum	<b>X</b> Allow gullet <b>X</b> Do not allow windpipe / trachea  <b>Z</b> Allow ileum <b>Z</b> Do not allow illium	1  1  1
<b>Total</b>			10

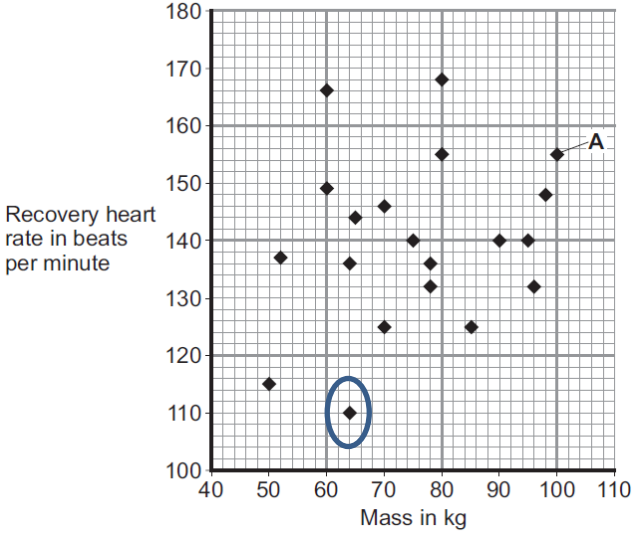
Question	Answers	Extra information	Mark
9(a)(i)	B		1
9(a)(ii)	E		1
9(a)(iii)	A		1
9(a)(iv)	C		1
9(b)(i)	<u>Fertilisation</u> greater chance in ICSI	accept 'the <u>whole</u> of the sperm enters the egg' Allow in IVF sperm might not fuse with egg	1
9(b)(ii)	Any <b>two</b> from eg <ul style="list-style-type: none"> <li>percentage of <u>successful pregnancies</u> decreases with age</li> <li>IVF more successful up to age of 37 / in younger women</li> <li>ICSI more successful in women over 40 / older women</li> </ul>	If no other marks gained allow <u>treatments</u> most successful when less than / up to 35 <b>or</b> <u>treatments</u> least successful at 43+	2 max
<b>Total</b>			<b>7</b>

Question	Answers	Extra information	Mark
10(a)(i)	A		1
10(a)(ii)	C		1
10(b)(i)	AA      (Aa)      Aa Aa      Aa      aa	All three Aa /aA correct for one mark AA correct for one mark aa correct for one mark	1 1 1
10(b)(ii)	Zero / none		1
<b>Total</b>			<b>6</b>

Question	Answers	Extra information	Mark
<b>11(a)(i)</b>	<p>Any <b>three</b> from eg</p> <ul style="list-style-type: none"> <li>• Large colony of Penicillium</li> <li>• Many or small colonies of bacteria</li> <li>• Bacterial colonies do not grow / less grow near Penicillium colony</li> <li>• Bacterial colonies smaller nearer Penicillium colony</li> </ul>		3 max
<b>11(a)(ii)</b>	<ul style="list-style-type: none"> <li>• Bacteria near Penicillium colony killed / inhibited</li> <li>• By substance / antibiotic / penicillin / produced by Penicillium</li> </ul>	Accept penicillin / substance produced by Penicillium kills bacteria for <b>2</b> marks	1 1
<b>11(b)</b>	<ul style="list-style-type: none"> <li>• Lead to (mass) production of penicillin / antibiotics</li> <li>• Which has saved many lives</li> </ul>	<p>Allow led to discovery of penicillin / antibiotics</p> <p>Allow idea of curing / treating diseases (that previously caused death)</p>	1 1
<b>Total</b>			<b>7</b>

Question	Answers	Extra information	Mark
12	<p>Marks awarded for this answer will be determined by the quality of written communication.</p> <p>The answer is coherent and in a logical sequence. It contains a range of appropriate or relevant specialist terms used accurately. The answer shows very few errors in spelling, punctuation and grammar. There is a clear scientific description of how the body gets rid of waste products including reference of most of carbon dioxide, urea, urine, faeces, sweat, and the organs that produce them .</p> <p>The answer has some structure and the use of specialist terms has been attempted, but not always accurately. There may be some errors in spelling, punctuation and grammar. There is a scientific description of how the body gets rid of waste products including reference to at least two of carbon dioxide, urea / urine, faeces, sweat and the organs that produce at least one of them.</p> <p>The answer is poorly constructed with an absence of specialist terms or their use demonstrates a lack of understanding of their meaning. The spelling, punctuation and grammar are weak. There is a brief description of how the body gets rid of waste materials including reference to at least one of carbon dioxide, urea, urine, faeces, sweat, which has little clarity and detail.</p> <p>No relevant content.</p> <p>Examples of scientific points that may contribute to a candidate's response:</p> <ul style="list-style-type: none"> <li>• Carbon dioxide is produced by respiration</li> <li>• Carbon dioxide is breathed out / removed by the lungs</li> <li>• Urea is made in the liver</li> <li>• Urea is lost in the urine</li> <li>• The kidneys produce urine</li> <li>• Urine contains water and mineral salts</li> <li>• The large intestine produces faeces</li> <li>• Faeces contain undigested food</li> <li>• The skin produces sweat</li> <li>• Which contains water and mineral salts</li> </ul>		<p>5- 4</p> <p>2-3</p> <p>1</p> <p>0</p>
<b>Total</b>		<b>5</b>	

Question	Answers	Extra information	Mark
13(a)(i)	Any virus disease eg (common) cold / influenza	Apply list principle to any non-viral disease	1
13(a)(ii)	Any bacterial disease eg MRSA Salmonella	Allow food poisoning / diarrhoea Apply list principle to any non-bacterial disease	1
13(a)(iii)	Any fungal disease eg athlete's foot / thrush	Apply list principle to any non-fungal disease	1
13(a)(iv)	Any protoctistan disease eg malaria / amoebic dysentery	Apply list principle to any non-protoctistan disease Ignore diarrhoea unqualified	1
13(b)	Any <b>two</b> from eg <ul style="list-style-type: none"> <li>• Skin is <u>barrier</u></li> <li>• Mucus (in respiratory tract / vagina) traps pathogens</li> <li>• Cilia move pathogens to outside</li> <li>• Acid in stomach / vagina / urethra (kills pathogens)</li> <li>• Scabs / blood clotting (at wounds) is <u>barrier</u>.</li> </ul>	Ignore references to white cells / antibodies / antitoxins.  Ignore skin is protective layer Ignore hairs in nose trap pathogens Allow ear wax traps pathogens  If <b>no</b> other marks gained, allow <b>one</b> mark for <b>two</b> unqualified methods eg skin and scabs	2 max
<b>Total</b>			<b>6</b>

Question	Answers	Extra information	Mark
14(a)	Any <b>two</b> from <ul style="list-style-type: none"> <li>• Step-up rate /amount of step-ups</li> <li>• Exercise time</li> <li>• Rest time / time after exercise</li> </ul>	Do <b>not</b> accept mass / (recovery) heart rate  Ignore 5 minutes unqualified Ignore 1 minute unqualified	2 max
14(b)	Scatter(graph) / scatter(gram)	Accept scatter diagram	1
14(c)	Ring around student with recovery heart rate of 110  		1
14(d)	eg there is no direct relationship between recovery heart rate and body mass	Accept no pattern / mass does not affect recovery rate	1
14(e)	Any <b>two</b> from eg <ul style="list-style-type: none"> <li>• Gender / sex</li> <li>• Fitness</li> <li>• Health</li> <li>• Height</li> <li>• Age</li> <li>• Smoking</li> </ul>	Allow diet Do <b>not</b> accept weight / mass  Ignore BMI  Ignore body fat	2 max



<p><b>14(f)</b></p>	<p>Any <b>three</b> from eg</p> <ul style="list-style-type: none"> <li>• (More / faster) oxygen/glucose</li> <li>• (More faster glucose/oxygen) to <u>muscles</u></li> <li>• For (more / faster) (aerobic) respiration <b>or</b> less anaerobic respiration / less lactic acid produced</li> <li>• (More / faster) energy release <b>or</b> more energy needed</li> <li>• Carbon dioxide removed (faster)</li> <li>• Lactic acid removed (faster)</li> </ul>	<p>'<u>More</u>' / '<u>faster</u>' must be given at least once to obtain full marks</p> <p>Accept oxygenated blood</p>	<p>3 max</p>
<p><b>14(g)</b></p>	<p>eg</p> <ul style="list-style-type: none"> <li>• Do more / regular exercise</li> <li>• Diet <u>to reduce mass</u> <b>or</b> eat <u>less</u> food / carbohydrate / fat</li> </ul>	<p>Ignore lose weight / diet unqualified</p> <p>Ignore eat healthy / balance diet</p>	<p>1 1</p>
<p><b>Total</b></p>			<p>12</p>

Question	Answers	Extra information	Mark
<b>15(a)</b>	<b>X</b> capillary	<b>X</b> Ignore wall(s)	1
	<b>Y</b> plasma	<b>Y</b> Allow blood plasma Ignore platelets	1
	<b>Z</b> red blood cell		1
<b>15(b)</b>	<ul style="list-style-type: none"> <li>• Oxygen moves (from air / alveolus) into blood</li> <li>• Carbon dioxide moves from blood / into air / alveolus</li> <li>• By diffusion (once) / diffusion described</li> </ul> <b>or</b> correct description of concentration gradient (for either oxygen or carbon dioxide)		1
			1
			1
<b>15(c)</b>	Any <b>two</b> from (Healthy person) <ul style="list-style-type: none"> <li>• More (air) spaces / alveoli</li> <li>• Larger surface area</li> <li>• Smaller (air)spaces</li> <li>• Thinner walls / tissue / membrane</li> </ul>	Allow two correct features for emphysema but not clearly linked for one mark	2 max
<b>15(d)(i)</b>	<ul style="list-style-type: none"> <li>• Larger residual volume / air left in lungs</li> <li>• Smaller expiratory reserve volume / volume of air that can be pushed out</li> </ul>	Do not accept change in inspiratory capacity/volume of air taken in during normal breathing	1
		Ignore <u>total</u> volume of air	1
<b>15(d)(ii)</b>	Any <b>two</b> from <ul style="list-style-type: none"> <li>• Larg(er) residual volume / amount of air left in lungs</li> <li>• (so) can't breathe in as much air / oxygen</li> <li>• Concentration of oxygen (in residual air) less / low</li> <li>• (Alveoli) have small(er) surface <u>area</u> / fewer alveoli / thick(er) wall/tissues</li> <li>• Less / little oxygen into blood</li> </ul>	Accept explanations in terms of high(er) carbon dioxide levels in residual air  Ignore expiratory reserve volume  Accept less gas exchange	2 max
<b>Total</b>			12

Question	Answers	Extra information	Mark
16(a)	Sufferers take time off work	Ignore health service costs	1
16(b)(i)	eg manipulation / repositioning of bones / back / spine	Allow 'cracking' Ignore massage Ignore acupuncture Ignore muscles	1
16(b)(ii)	eg (suggest) exercise	Accept massage Ignore acupuncture	1
16(c)(i)	X spinal cord	X Do <b>not</b> accept spine Allow CNS / central nervous system	1
	Y nerve(s) / nerve tissue	Y Ignore neurone	1
	Z vertebra / vertebral column	Z Allow spine / backbone Ignore spinal tissue / column	1
16(c)(ii)	Pressure on nerve/spinal cord/X/Y <b>OR</b> trapped nerve	Ignore bones rubbing together	1
<b>Total</b>			<b>7</b>