

Oxford Cambridge and RSA Examinations



OCR GCSE IN HOME ECONOMICS (CHILD DEVELOPMENT)

1972

**TEACHER SUPPORT: COURSEWORK EXEMPLAR MATERIAL
INCORPORATING COURSEWORK ADMINISTRATION PACK**

CONTENTS

1	INTRODUCTION	3
2	EXEMPLAR MATERIAL	4
3	COURSEWORK ADMINISTRATION PACK	203

1 INTRODUCTION

The purpose of this Exemplar Material booklet is to inform and to support Centres in preparing candidates for the Home Economics (Child Development) coursework (internal assessment).

General Coursework Guidelines

Candidates are required to complete one Individual task and two Resource Tasks.

The Individual Task can be of the candidate's own choice from an area of interest in the subject content. It requires a problem solving and investigative approach. It is suggested that the Individual Task takes 12-14 hours to complete and is undertaken during the latter part of the course. The Individual Task carries 30% of the assessment for the course.

The Resource Tasks are short, focused assessments with the emphasis placed on the implementation of practical skills. Teachers may choose the Resource Tasks from those given in Section 6 of the specification booklet or they may choose to set their own tasks in accordance with the guidelines provided. It is expected that each Resource Task can be completed in 2-3 hours. It is suggested that Resource Tasks are undertaken throughout the course as part of the learning process, with two of the tasks selected for final assessment. Each Resource Task carries 10% of the assessment for the course. Detailed guidance on the selection and marking of internally assessed work is given in Section 6 of the specification.

Two examples of candidates' work are provided in this booklet. Both examples were produced by candidates and annotated by the teacher to illustrate the level of annotation required to enable OCR to moderate the coursework.

Teachers are encouraged to use this booklet in conjunction with the relevant sections of the specification booklet, in particular Section 6 and Section 7.

2 EXEMPLAR MATERIAL

SAMPLE 1

Home Economics : Child Development Mark Sheet Resource task

Centre Number Candidate Number Candidate Name date

Task Title Produce a leaflet offering advice to an expectant mother on what to avoid during pregnancy in order to keep herself and her unborn baby as healthy as possible.

Assessment Area	Maximum mark	Achieved mark	Teacher Comment
Planning	4	2	No resources identified. Show an idea of layout, but lacks detail.
Execution i) organisation and skills	8	7	Worked independently to a good standard. Some points irrelevant towards need.
ii) outcomes	4	3	Quality outcome.
Evaluation	4	2	Drawn a brief conclusion. Identify some strengths/weaknesses. Too brief.
Total	20	14	

Resource Task

Task title

Produce a leaflet offering advice to an expectant mother on what to avoid during pregnancy in order to keep herself and her unborn baby as healthy as possible.

What to include

Smoking and the effects of it.
Alcohol and the effects it has.
Eat healthy foods, write about why and what sort of foods.

Drugs and the effects.
Medicines and advice on checking to know there safe.
Rubella - and the effects.

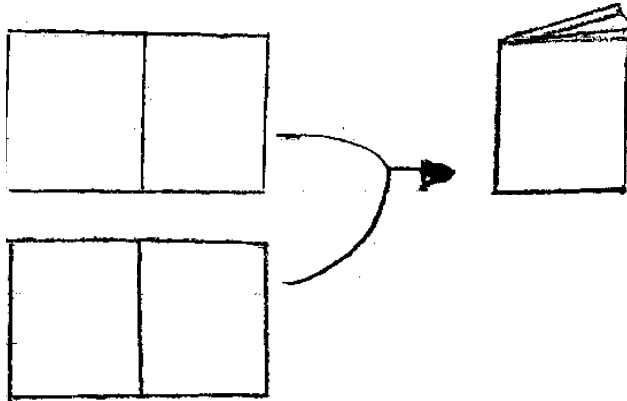
Chicken pox and the effects
Animal-borne diseases and effects
Listeriosis and the effects
Food which to avoid.

HIV and AIDS and the way of passing them.

Salmonellosis
Presentation

• A4 sheets of paper 1 purple and 1 yellow made into a booklet by folding them in half and slotting them inside the other.

Like this!



Front cover

EXPECTANT
MOTHER
PICTURE
OF
EXPECTANT
MOTHER
WHO TO
AVOID!

Inside

2 topics on each side with
pictures in between.

2 Planning

No resources ... Order of work.

organise 6

outcome 3

Worked independently to a good standard.
Some points irrelevant towards the end.

Evaluation

In my leaflet I included all the information I thought was needed and was helpful to expectant mothers.

I got my information from different leaflets and booklets that way I had a variety of topics to write about.

I mostly followed my plan but I never stuck to it on how my information/topics were set out, but everything else I did by my plan.

I think my leaflet was a good help to pregnant women because it covers most diseases and effects that can occur during pregnancy.

I could of planned my leaflet a bit better than I did because in my leaflet there was more than I had planned to do and more pictures had been added.

2. Evaluate

EXPECTANT MOTHER

WHAT TO AVOID



INTRODUCTION

A couple planning a family need to make sure they have a healthy lifestyle before conception.

1. Stop Smoking
2. Cut down on alcohol
3. Eat a healthy diet
4. Do not take drugs
5. Don't take medicines
6. Be in general good health

In this booklet there are facts and the affects of all the above 6 things.

LISTERIOSIS

Listeriosis is caused by the bacterium *Listeria monocytogenes*. This illness causes flu-like symptoms in pregnant women which is only mild in the mother but can severely affect her developing baby, it can cause miscarriages & still births to the baby.

FOODS TO AVOID

- Soft cheeses e.g. Camembert, Brie, Blue veined cheese.
- Pate - All types
- Cooked chilled ready meals unless they are piping hot.
- Meat that is not cooked properly e.g. chicken.



SALMONELLOSIS

Salmonellosis is caused by bacteria called salmonella. It causes sickness and diarrhoea, but rarely causes damage to the unborn baby.

FOODS TO AVOID

- Raw or lightly cooked eggs
Avoid dishes which contain eggs e.g. home-made mayonnaise, mousses, cheese-cakes as they may contain salmonella.
- Raw Poultry and Raw meat
Poultry and meat should be cooked thoroughly.
- unpasteurised milk, it contains a variety of dangerous bacteria and should be avoided.



SMOKING

Smoking while pregnant is very harmful, so quit or try to cut down. It can harm your baby in many ways, it can affect your baby's development, children are more likely to suffer from bronchitis and pneumonia, Babies are at risk more of cot deaths. Smokers are more likely to have miscarriages than non-smokers.

Smoke has 2 harmful chemicals in it 1, Nicotine which increases the baby's heart beat and 2, Carbon Monoxide which replaces oxygen in the baby's blood.

So for your own and baby's well being stop.



ALCOHOL

Alcohol is a drug and crosses the placenta to the baby.

Keep your alcohol intake below the limits suggested for non-pregnant women. No more than 1 or 2 units once or twice a week is recommended.

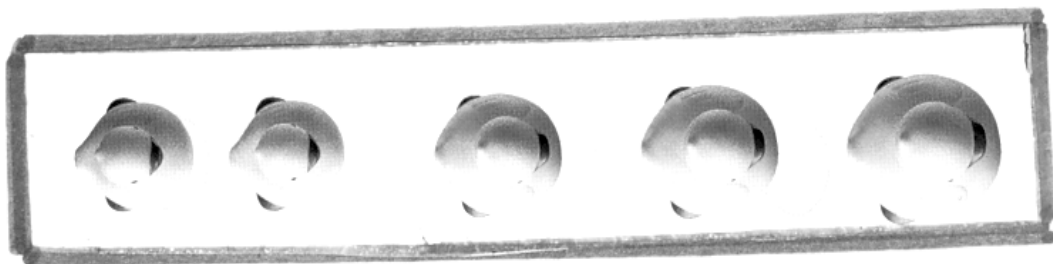
Drinking alcohol regularly while pregnant is putting the baby's life at risk.

DRUGS

Drugs refer to any substance which affects the mind e.g.

Cannabis, Ecstasy, crack, LSD, Heroin, cocaine, glue and solvents sniffers.

If you take drugs while pregnant the baby may be deformed or addicted.



MEDICINES

Some medicines are harmful to the baby. So check with the doctor before taking any medicine.

RUBELLA

German measles - it is dangerous in the first 4 months of pregnancy. The baby maybe born deaf, blind, mentally handicapped and have heart abnormalities.

CHICKEN POX

If caught during pregnancy it makes you ill and it can affect the baby.

